

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

March 2015



Rev'd Chris Norburn

Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior



Rev

So what is the purpose of the Bible? The Bible is in fact the best business book ever as it teaches you how to manage time, form character, deal with difficulties and many other things. It was written for you to give you hope. The Bible is your guide book so that you can follow a group of people from the past as they went through all kinds of troubles and difficulties. That's how you will find hope when you go through your own difficulties.

So why is the Bible important? Well every problem you will encounter will have already been encountered by someone in the Bible. There is nothing new under the sun in terms of our attitudes, emotions, thought processes and relationships. Sadly too many people misunderstand, thinking that God would fix or eliminate our problems. Instead, God wants us to work through our own problems under his guidance and so using the Bible helps to build our faith and understanding of who he is. In other words the Bible helps to build a relationship with God.

Therefore when you are in times that you feel you need to give up, you can think of people in the Bible and see how they handled it. When you grumble and wonder what God is doing, you can think of the Israelites and Moses. When you feel that you are betrayed by friends, you can think of King David. They have all gone through all those hard times before you. That's why we need to read the Bible.

The work of the Devil, Satan, is the same today as it was in Jesus' time. He is real. He comes to discourage you and distract you from God. Satan can also bring destruction but distraction is way worse than destruction because through distraction you can easily lose hope. The good news is that Satan cannot steal you from God once you have accepted Christ as your personal saviour. But he will do all kinds of things to distract you when you travel through this world of frustration. And you will wonder what you should do when you are in despair. And that is the time you need to read the Bible and look for examples to follow, so that you know how to deal with the frustrations you have.

The Bible also makes it quite clear (1 Cor. 10:10), that we are not to complain, as it opens the door for Satan to destroy you. You see in reading the Bible you will discover that Satan comes to steal, kill and destroy, which he can only do if you open a door for him to do so. It's like when the Mongols could not get through the Great Wall to attack China. But they succeeded in attacking China by bribing the gate keepers to let them in so they could come and destroy. They wouldn't have been able to get in unless someone opened the gate for them!

Modern society is changing very rapidly. If you don't renew your heart daily with God's words, you will lose

your morality and get side tracked easily. The temptations you face every day are just the same as the temptation that Satan brought to Eve. He tempted Eve to eat the forbidden fruit and told her that she would gain wisdom and become like God. Such temptation was telling Eve that she could tell what is right or wrong without the need of following God once she had consumed the fruit. And this same temptation has been corrupting our society ever since. Think about it, how often you have been tempted to decide what is right or wrong on your own without seeking God's guidance? And how often have you justified your decision based on your desires without following God?

You cannot live without the Bible every day as it gives you examples to follow and lessons to learn. In addition, when you read the Bible, you do not only look for lessons to learn, but also find the path to eternal life through faith in Christ Jesus our Lord. The purpose of the Bible is for you to know enough that you believe in Jesus and be able to have a life in Him, so that you can live a life that is eternal and abundant in God. The purpose of the word of God is not to tell you everything like how the dinosaurs were created, but to give you examples to follow, lessons to learn, and eternal life to be gained. If you miss all these, you are basically missing life. And you will end up living without hope, not knowing what the next turn is.

The Bible has enough for you as a guide book for now on earth, and for this year's church Lent course we will be studying a book titled 'The Story'. This is an abridged, chronological Bible that reads like a novel using selected text from the New International Version (NIV) of the Bible. There are no verse references, and Scripture segments are seamlessly woven together with transition text into a single grand narrative. For those intimidated or overwhelmed by the unabridged Bible, The Story will help you understand God's Word more fully and engage with it more easily. The Story is a powerful way for you to engage in Bible reading like never before. As The Story brings the Bible to life, the broad scope of God's message will penetrate your heart. You will be swept up in the story of God's love and God's plan for your life. So the word of God is very precious and I encourage you to read your Bible every day and so have your heart constantly renewed and life constantly transformed into the likeness of Jesus Christ.

With every blessing

Chris Norburn.

PARISH MAGAZINE—MESSAGE FROM THE EDITORS

The magazine continues to evolve as the new editorial team strives to get on top of the various processes that go into making up what you read each month. Our challenge this month has been to incorporate an additional four pages to the magazine, two of which are taken by additional advertising, so please do take a look through the even numbered pages to see which new businesses have joined the magazine. The remaining two additional pages have been devoted to new content, and we are delighted to have additional contributions from some Year 6 students at St Botolph's Primary School, from the Botesdale & Rickinghall Pre-School, from Botesdale Parish Councillor, Lt Col Mike Bishop who is currently serving a 9 month tour of duty with the Combined Joint Task Force - Horn of Africa, and has kindly offered to share reflections from his current and previous postings with us.

This is of course additional to the many regular contributions that are submitted to the magazine each month. We want to continue to extend our warmest thanks to everyone that sends content into the magazine. Your efforts, attention to detail and efforts to send us material on time are much appreciated.

It's really encouraging to note emerging signs of increased interaction with the magazine. We're keen that the magazine reflects the diversity of our village life, so thanks to those of you that have suggested jokes, puzzles, recipes; and to those of you that have offered to support the production of the magazine. Please do get in touch if you would like to know more about how you can be involved. And if you have any ideas about how we can improve or adapt the magazine content, please don't hesitate to get in touch using the following channels (NB: note the new phone number, which has an 01359 code!)

For all editorial content:	editor@rbrparishmag.com
For all commercial adverts:	adverts@rbrparishmag.com
To advertise events:	events@rbrparishmag.com

If you are unable to use email, you can call **(01359) 253 472** . NB: Please leave a message if there is no answer.

Please note that **the copy dates for the forthcoming issues are as follows:**

For the April issue: 11 March (Weds)

For the May issue: 15 April (Weds)

For the June issue: 13 May (Weds)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, Basildon Bond, Back of an envelope. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes, The Parish Magazine Volunteers

ERRATA & APOLOGIES

Please note the following errors and omissions from the February issue of the magazine:

- Important information on advert for the Ricking Hall Village Hall Annual Grand Jumble Sale (7 Feb) was omitted. We were pleased to see that the event raised £876 for Village Hall funds (see p41).

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Changes to June Telephone List

Page S1 Botesdale Parish Council

Please delete Cllr Mrs Claire Appleby's details as she has resigned.

Page S3 - under Parish Magazine

Replace the parish magazine phone number with 01359 253472.





HIGHWAYS
FINNINGHAM ROAD
RICKINGHALL, DISS.
RARE BREED
GLOUCESTERSHIRE OLD
SPOT PORK AND BACON

TRADITIONALLY REARED OUTSIDE ON OUR
SMALLHOLDING IN RICKINGHALL

LARGE OR SMALL QUANTITIES AVAILABLE FROM THE
FARM GATE OR AT RICKINGHALL FARMERS' MARKET

CHRISTMAS ORDERS NOW BEING TAKEN FOR TURKEY,
CHICKEN, GAMMON, FRESH PORK & LAMB. PLEASE RING.

FARM BUTCHERY NOW OPEN : MON - FRI : 9AM - 3 PM
SATURDAY : 2 - 5 PM

PHONE/FAX 01379 898357. MOB: 07887 668445

Hillcrest Farm Shop * Delicatessen * Bakery * Nursery
There is always something new to look at when you visit Hillcrest

'Mother's Day' - March 15 ... Spell your Mum!
Orders now being taken for Breakfasts, Potted Plants & Conifers.

PRIMROSES available now!

* LARGE SELECTION OF * FRESH FLOWERS & GIFTS *
* ROSES * FRUIT TREES * TREES * PERENNIALS * SHRUBS *

Best in class on the top ... better in under the year - April 2nd - 6th

Fruit & Veg, Meat, Bread, Eggs, Milk & so much more - Open 7 days

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Tel: 01359 250 327 * Fax: 01359 252 307



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Your local village
Hotel, Restaurant & Bar
01379 898445

Bar

Open All Day Every Day
Breakfast Served Daily
7.30 am - 10.00 am

Finest Local Food Served Daily

Mon-Sat 12 noon - 2.30 pm & 6.00 pm - 9.00 pm
(Friday & Saturday to 9.30 pm)
Sunday Roast served all day

New Chef & New Style of Food—come and visit us

www.thebellrickinghall.com

Under New Management

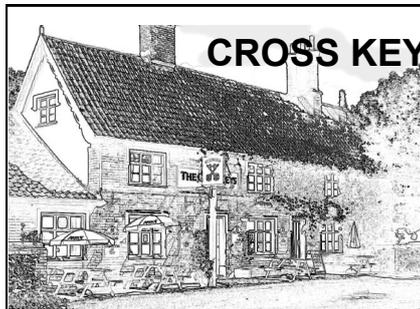
SUNNYSIDE Farm Shop



Home grown seasonal
fresh fruit, vegetables
& eggs etc.

Stowmarket Road
Rickinghall
Tel: 01379 898 219

Open: 9 - 5.30
Monday - Saturday
9 - 1.00 Sunday



CROSS KEYS, REDGRAVE

IP22 1RW
01379 898510

Friday—Fresh
Fish day and
Saturday Steak Deal

Tuesday and Wednesday evenings
and Sunday lunch 2 courses £10.00
Thursday Curry and a Pint £11.00

Redgrave Community Shop

Probably the smallest community shop in
Britain ... but surprisingly well stocked!

www.redgraveshop.co.uk 01379 898848

The butcher, the baker, the farm shop, the dairy,
They all supply Redgrave Shop!

Please support us and our
local suppliers

Newspapers and general
Groceries

Orders taken

Opening Hours

Mon - Fri	8:30 - 1:00pm
	3:30 - 6:00pm
Sat	8:30 - 1:00pm
Sun	9:00 - 11:00am

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LARGE OR SMALL**

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for parties and family
gatherings

20's, 30's, 40's and
All Time favourites
Old Time Music Hall
(in full costume)
or a mixture of both



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March Events

Rickingham Farmers' Market

Now in our 15th year
Have you been yet?



Saturday 14 March 9—12.30

WHIST DRIVE

Friday 27th March
7.30 pm at The Bowls Club
Refreshments



This is a friendly fun evening, open to everyone.
Further information from 01379 898566.

CRAFTY



Thursday 19th March
At 7.30 pm
At Parkview Chapel

This is an opportunity for you to spend time doing your favourite hobbies. So bring them along and sit with friends while you do them.

Refreshments will be available.

For more information contact Kev at the Chapel : Email : Kev-in@parkviewchapel.co.uk or phone 01379 898924.

Give yourself time to create

CORNER



PARISH COUNCIL SURGERY

To be held at Rickingham Farmers' Market

on Saturday 14th March

Residents of Rickingham and Botesdale are invited to come along and speak to their parish councillors about matters concerning the parish

Parish Councillors will be in attendance from

10.00 to 11.00 am only

OPEN HOUSE at ALL SAINTS
OPEN HOUSE AT
ALL SAINTS, REDGRAVE
1st Tuesday of each month

Tuesday 3rd March
10.00 am to 12 noon

Everybody welcome. Coffee & cakes provided

PROGRESSIVE WHIST DRIVE

TUESDAY 17th March
Redgrave Activities Centre
at 7.30 pm

Beginners Welcome

Refreshments

Ring 898 619 for further details



RICKINGHALL COUNTRY MUSIC CLUB



Saturday 28th March
at Rickingham Village Hall

8 pm til 11.30 pm

with

Clear Cup

Raffle - Bar - Rolls

Ticket price £6.00

All Welcome

Contact Keith or Kathy on 01379 898758



March Events

REDGRAVE & LOPHAM FEN

Enquiries or to book : 01379 688333

Guided fen walk

Saturday 7th March, 10.30am - 1pm
Enjoy the sights and sounds of the Fen with enthusiast and naturalist John Hill.
£3 Meet at the Education Centre, no booking required.

Botanical Illustration

Saturday 28 March, 10am - 3pm
Join professional botanical artist, Christine Grey-Wilson, on this relaxing and supportive workshop looking at a range of illustration techniques.
£25/£21.50 Booking essential 01473 890089

'Butterflies and moths' - a talk by Robert Maidstone

Tuesday 31 March, 7.30pm £2 per person (includes refreshments) All welcome, no need to book

Easter holiday activities

Activity days for 6 – 10 year olds

10am - 2pm, £6 per child

Tuesday 31 March – **Wildlife fact or fool**

Tuesday 7 April – **Wildlife whodunnit!**

Unaccompanied children only

Booking essential 01379 688333

Family events, 2pm - 4pm, £2.50 per person

Wednesday 1 April – **Easter fun at the Fen**

Wednesday 8 April – **Feathered friends**

Children must be accompanied by an adult.

WILDLIFE WATCH GROUP at Redgrave Fen
10.30 am to 12.30 pm
Saturday
14th March
A club for 6-12 year olds.
Nominal charge of £1.00 to cover costs and refreshments.
Tel : 01379 688333 for further information.



For more information on the events go to :

www.suffolkwildlifetrust.org/reserves-and-visitor-centres/redgrave-lopham-fen/

Redgrave Garden Club

Thursday 26th March

Shrubs

Ken Salmon

7:30 pm

Redgrave Activities Centre

Enquiries / information from : Chris Giddings on 01379 890548

www.redgrave.org.uk/redgrave-garden-club



Botesdale Methodist Wives club

59th Anniversary Lunch

Wednesday, 18th March 2.30

pm:

Methodist Church, Fen Lane

WOMENS WORLD DAY OF PRAYER SERVICE

FRIDAY MARCH 6th at 2.pm.
PARK VIEW CHAPEL BOTESDALE.

ALL WELCOME Tea and cakes to follow.

QUESTIONS ABOUT CANCER? Drop-in: Macmillan Cancer Support - Botesdale Health Centre, Back Hills, Botesdale. No appointment necessary.

- Wednesday 4th March

If you would like any information about cancer, caring for someone with cancer, financial support etc, then come and see us or call the Information Centre on (01284) 713023.

HERITAGE CIRCLE
www.onesuffolk.co.uk/HeritageCircle
RICKINGHALL VILLAGE HALL
WEDNESDAY 25th MARCH
At 7.30 pm

Made in Ipswich - Manufacturing from pottery exported in 600 AD through medieval shipbuilding to the present day

Brian Dyes
New Members and Guests Welcome

Refreshments Raffle

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Ladies & Gents hairdressing
and beauty.

The Street Rickinghall

Open Tuesday-Saturday

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ACRYLICS, WAXING, SPRAY TANS & EAR PIERCING.**

Siantelle Laphorne has joined us from **Toni & Guy**, where she worked & trained for 4 years. She specialized in cutting & styling & is an extremely talented stylist bring all the latest styles & techniques to Wattisfield. So if you want the **TONI & GUY** experience at a fraction of the price please call. Available for all hairdressing, nail, waxing & tanning needs.

15% off your appointment with this advert

We are a professional salon with affordable prices. Cut & Finish from £24, Full head Foils including Cut & Finish from £62 Dry Trim from £12, Men from £9. Manicures & Pedicures from £10. Full leg wax £15. We have a Loyalty card, after 10 appointments you receive 5% back on everything you have previously spent. Gift Vouchers, perfect for Christmas or Birthdays. We take credit/debit cards. Parking right outside.

WE WELCOME ALL CUSTOMERS, NEW, EXISTING OR RETURNING. We look forward to seeing you in the near future. Many Thanks Sarah

Kerry Mills

Nail Technician

Bio Sculpture Gel/Gel Polish
Manicures/Pedicures

Have your nails done in the
comfort of your own home!

20% off your first appointment

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for further info and/or appointments

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Fridays @ 10am Palgrave C Centre
Sundays @ 6pm Rickinghall VH
Mondays @ 10am Wattisfield VH
Tuesdays @ 6pm Rickinghall VH

All classes £6 per session (2 in same week £10)



This is an exciting dance craze, which will keep you fit, shape your body, burn those calories and gives the opportunity to learn dances such as the Cha Cha, Charleston, Quick Step, Tango, Jive and Waltz.

Suitable for people of all ages and ability, and, what's more, you don't need a partner!

Thursdays @ 6pm Rickinghall VH



Yoga at Botesdale Village Hall

Tuesdays 7.15 pm—9.15 pm

Term time only
Join any time!

All abilities welcome

£42 for each block of 6 weeks

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01359 221655
or email
juliedyoga@msn.com



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literacy skills?

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(CRB checked. References
available, on request.)

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March Events

Rickinghall Farmers' Market

Now in our 15th year
Have you been yet?



Saturday 14 March 9–12.30



**ANNUAL
FISH 'N' CHIP
QUIZ NIGHT
AT
PARKVIEW CHAPEL
SATURDAY 28TH MARCH**
QUIZ STARTS AT 7.00PM
TEAMS OF NO MORE THAN 6
£6 PER PERSON
(£5 IF SAUSAGES/VEGGIE PREFERRED)
BOOKING ESSENTIAL

For further information and to book tickets please call
Kev Gladwell on 01379 898924

the WI
RICKINGHALL

Rickinghall Village Hall
2:00 pm

Saturday 21st March

JUMBLE SALE

All welcome—Entrance 20p

United Parish of Redgrave cum
Botesdale with the Rickinghalls
Lent Course

Wednesdays 4th March to 25th March
7:30 until 9:15 pm



Have you ever wanted to read the bible but
never got around to it.

The Story is an abridged chronological Bible that reads
like a novel with the Scriptures woven together into one
story.

The 2015 Lent course will explore **The Story** over five
weeks

ALL SAINT'S CHURCH REDGRAVE
Everyone welcome

RICKINGHALL FURTHER EDUCATION GROUP

RFEG is pleased to announce the return of Roger Simpson, who comes to
deliver our next 10 week course, entitled "10 Georgian Paintings, or the
Englishness of English Art".

Roger says "... Georgian painting, examining the palpable excitement of a
nation's discovery of the potential of visual art. Morality, science, satire, a
new spirituality, the English landscape and the humble portrait were all
translated via a particularly English sensibility. The course will consider
what amounts to the birth of modern English art; from Hogarth and Row-
landson we will see the influence of the great satirical tradition on our art;
Joseph Wright and the Industrial Revolution; Stubbs and the English paro-
chial tradition; the Royal Academy and the Grand Tour; Arthur Devis and
the aspirational middle class; Blake and mysticism; Constable, Turner and
Romanticism."

The course starts on Thursday 15 January 2015 at 2pm in Rickinghall Vil-
lage Hall. The lectures last around two hours, with a break mid-way for
refreshments. We also have a break at half term on February 19th.

Regular attendees will remember Roger delivering a fascinating course a
couple of years ago when he introduced and explained 10 Victorian Paint-
ings. We are delighted he is returning.

Cost for the course will be around £40. If you'd like to know more, or if you
think you'd like to come, do please telephone either Janet Swann on 01379
783624 or Sue Emerson on 01379 897010. Sue can be emailed on emer-
son500@btinternet.com.

There is pre-course work, no homework and no examination!

the WI

Rickinghall Village Hall
7.30 pm

RICKINGHALL

Thursday 12th March

"Oxfam the Charity"

Michael Baim

Trading stall - Scarves
New members and guests always welcome

MARCH EVENTS CONTINUED...

SEE p39 FOR DETAILS OF AN ADDITIONAL MARCH EVENT—
A PRODUCTION OF DAD'S ARMY TO MARK THE 75TH
ANNIVERSARY OF THE HOME GUARD.

The Swan Nursery School

Est. 1990



Hall Lane, Roydon

- +++ **Dedicated & highly qualified staff**
- +++ **Excellent Ofsted report**
- +++ **A friendly learning environment**
- +++ **1 to 4 or 1 to 5 Adult / Child ratio**
- +++ **Full day care and sessional care**
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- +++ **Vegetable plot & Butterfly garden**
- +++ **Funding for all 3 and 4 year olds**

For more information contact:
Michelle Bowgen 01379 644588



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For all children aged 2 to 5.
We provide an exciting range of indoor and outdoor activities to ensure each child enjoys a stimulating learning experience supported by caring, highly qualified staff.

Exclusive access to Woodland area for exploration and adventure!

Consistently excellent Ofsted reports.

Sessions available Monday to Friday
9.05am-3pm
£2.45 per hour

Contact Karen Hails
07796 014304 (am) or
01379 898868 (evening)
www.botesdaleandrickinghallpre-school.co.uk

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Botesdale Breakfast and After School Club

OFSTED Registered
www.botesdale-after-school-club.org.uk

Providers of wrap-around quality affordable childcare for children aged 3 - 11 years of age. Term time only with consistently excellent OFSTED reports.

The Clubs provide a safe, fun and social environment with qualified, experienced and caring staff. We offer a wide range of indoor and outdoor activities (weather permitting), including games, Lego, k'nex, arts and craft, IT and quiet area, play station and Wii.

Children are collected daily from St Botolph's Primary School.

We also provide a drop off and collection service for the following schools : Mellis Primary School, Wortham Primary School, Gislingham Primary School and South Lopham. There will be a small additional charge for this service.

Our fees are as follows :

Breakfast Club	£5.15 per session
After School Club	
3.30 pm - 4.30 pm	£3.50 per hour
3.30 pm - 5.30 pm	£7.00 for 2 hours
3.30 pm - 6.00 pm	£8.25 for the session

For further information please contact Paula or Bridget on
07952 961285 or 07758 102043

Rabbats

A baby and toddler group for parents and pre-school children



Rickinghall Village Hall
Every Thursday
9.30 to 11.30 am

Come along and join us

For information call
Kath on 01359 250594

or email us at
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www.onesuffolk.co.uk/llandbotesdalebt

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for a free estimate



Botesdale Parish Council



Leeann-Jackson-Eve

Apologies were received this month from Brendan Burgess and Mike Bishop.

Public Forum: The meeting was attended by our District Councillor, Sara Michell, who reported on a proposed increase in Council Tax by 1.7%. This would mean roughly 5p per week increase to the tax on a band D property.

Sargeant Tony Watts attended the meeting and reported that in the last six months there have been 12 crimes reported in the parish, including four assaults, a burglary, a drugs offence and malicious communications. Currently there is one PC and four PCSOs working out of Eye but all Safer Neighbourhood Teams are likely to be reduced in size in Suffolk over the next year. Suffolk Police are currently working to merge with Norfolk.

Advice was also given as follows:

In winter weather driving conditions can deteriorate fast, making driving hazardous, so Suffolk Police advise motorists to:

Make sure all your car lights are working and you have no failed bulbs. Ensure that dirt, salt and snow is cleared away from light fixtures.

Always ensure all windows are fully cleared of snow, frost and condensation before setting off on a journey - it is illegal to drive with obscured vision.

Also clear snow from the top of the car as this can fall down and obscure your windscreen while you are driving.

Keep windscreen washer fluid topped up as windscreens quickly become dirty from traffic spray and salt from the roads.

Make sure you have sufficient fuel for your journey. Keep the fuel tank topped up.

Give yourself extra time for your journey and drive at a constant speed. Accept your journey will take longer and don't take risks.

Take a mobile telephone with you and make sure it is fully charged. Carry a mobile charger in the car.

If you get stuck in the snow stay with your car, and you need to leave it, if possible park it out of the main traffic route, where it won't cause an obstruction when conditions ease. Leave a contact number on the inside of the windscreen and return to your car at the first opportunity you have.

Finally, there has been an increase in 'Cycle' thefts in the area. In order to protect cycles and to bring awareness to the problem, there will be a 'Mobile Police Station' at the Rickinghall Farmers Market, at the Rickinghall Village Hall, from 9am until it closes, on Saturday 11th April 2015. Police and Neighbourhood Watch Coordinators will be present. As well as cycle marking, there will be security products available to inspect and or purchase. All cycle users please attend with their cycles and all other interested people are warmly invited.

Section 106 Funds: These funds, which are collected by the District Council from developers, are made available to parish councils for specific uses. It was reported that £2,258.63 for outdoor sports facilities, as a result of development in Botesdale parish. The funds can be used for new facilities or improvements.

Notice Board: The PC considered four quotes for a proposed new notice board to be erected in a central location and shared by Rickinghall Parish Council (who would also share the cost of the board). Rickinghall Parish Council had recommended the quote from Harry Stebbing Workshop as it was a local business, unlike any of the others, had more robust glazing and post installation and was a higher quality wood. The PC agreed to accept the quote for £1,364, subject to some further negotiation on the total with the provider.

Local Plan: Mid Suffolk District Council is in the process of drafting a new local plan which will guide development in the District. Consultation is in the early stages but a number of preliminary documents are on the MSDC website and anyone can comment. MSDC hopes to simplify current policies.

THE NEXT BOTESDALE PARISH COUNCIL MEETINGS WILL TAKE PLACE ON

**MONDAY 9th MARCH at 7.30 pm
at Botesdale Village Hall**

**All residents welcome
www.botesdale.suffolk.gov.uk**

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : botesdale_pc@btopenworld.com

Please contact her during OFFICE HOURS ONLY.

Joke #1

Many thanks to Jason from Redgrave, for sending in the following joke:

Have you heard about the party who went to the Theatre.

They settled in their seats, and one lady realised there was an empty seat between her and the next party. So she said to the lady the other side of the empty seat, 'is someone coming to sit there'. The lady replied, 'it was for my husband who died recently'. 'Oh I am sorry replied the first lady, but could you have not got a friend or family member to come with you'. 'Well no, replied the second lady, they all wanted to go to the funeral!'

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Redgrave Parish Council

Lecann Jackson-Eve



The November meeting was fully attended. District Councillor Sara Michell, three members of the public and the Clerk were also present.

Public Forum: Sara Michell congratulated John Robinson on winning a Community Achievement Award. She reported that the Executive Committee at Mid Suffolk DC had voted to put Council Tax up by 1.7% to keep in line with inflation. This would go to full Council on 26 February for approval. The rise would mean an extra 5p a week for band D residents.

Affordable Housing: Councillor Ann Preston reported that a meeting had been set up with Hastoe Housing to discuss a new development in the village. It was thought that plans could proceed without another housing survey.

Speedwatch: The Speedwatch team had produced graphs which were felt to prove that the Speedwatch programme had had an impact on speeding, although the results had suffered due to the sign being out of use on a number of occasions. The team had received a quote and information on purchasing a portable Vehicle Activated Sign (VAS) for the village. This would require posts in at least four locations, on which the VAS could be mounted in rotation. As only two types of signs were approved for use by the Police, and one was not felt to be suitable, the remaining approved sign and posts would cost £3,475. The PC resolved to support the acquisition in principle, subject to inquiries to the County Councillor about grant funding.

Hedges, Verges and Drains: The Chairman had inquired about providing further cuts and hoped to have a quote for the next meeting. In the meantime the Clerk will find out what the current cutting schedule is so that the contractor can work out a complementary schedule. The County Council would also be asked to do something to improve road drainage at Fen Street and Hinderclay Road.

Section 106 Funds: These funds, which are collected by the District Council from developers, are made available to parish councils for specific uses. It was reported that £4,231.72 is currently available for village halls and £2,019.85 for outdoor sports facilities, as a result of development in Redgrave parish. The funds can be used for new facilities or improvements.

Annual Parish Meeting: The APM will be held prior to the regular Council meeting on Wednesday, 8 April at 7pm in the Activities Centre. Reports from parish organisations are welcome as always.

Village Clean Up: This will take place on Sunday, 29 March at 10.30am. Please meet on the Knoll.

Donations Policy: The PC agreed a policy which will guide future grant giving from the Council budget. A copy will be posted on the notice board and on the website.

Local Plan: Mid Suffolk District Council is in the process of drafting a new local plan which will guide development in the District. Consultation is in the early stages but a number of preliminary documents are on the MSDC website and anyone can comment. MSDC hopes to simplify current policies.

**THE NEXT PARISH COUNCIL MEETING
WILL TAKE PLACE AT
THE ACTIVITIES CENTRE
ON WEDNESDAY 11th MARCH
All Parishioners are cordially invited to attend
www.redgrave.org.uk**

**Your Clerk is: Mrs Lecann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : redgravee_pc@btopenworld.com

Please contact her during OFFICE HOURS ONLY.

Joke #2

Thanks to Charles from Rickingham for sending in the following joke:

Two men are sitting at the bar at the top of the Empire State Building drinking, when the first man turns to the other one and says: "You know, last week I discovered that if you jump from the top of this building, by the time you fall to the 10th floor, the wind around the building is so intense that it carries you around the building and back into the window."

The bartender just shakes his head in disapproval while wiping the bar, but says nothing.

The second guy says, "What? Are you insane? There's no way in heck that could happen!"

"No, it's true," said the first man, "let me prove it to you."

He gets up from the bar, jumps over the balcony and plummets toward the street below. When he passes the 10th floor, the high wind whips him around the building and back into the 10th floor window and he takes the elevator back up to the bar.

He meets the second man, who is astonished.

"You know, I saw that with my own eyes, but that must've been a one-time fluke. That was scientifically impossible!"

"No, I'll prove it again," says the first man as he jumps. Again, just as his body hurtles towards the street, the 10th floor wind gently carries him around building and into the window. He takes the elevator back to the bar.

Once upstairs, he successfully urges his dubious fellow drinker to try it.

"Well, what the heck," the second guy says, "I've seen that it works, so I'll try it!"

He immediately jumps over the balcony - plunges downward - rapidly passes the 11th, 10th, 9th, 8th floors ...his body hits the sidewalk with a loud "splat."

Back upstairs, the bartender who had been silent the whole time turns to the first drinker and shakes his head.

He says,

"You know, Superman, you can be such an idiot sometimes!!"

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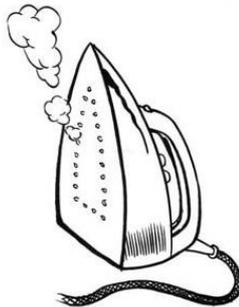
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Rickingham Parish Council



Leeann Jackson-Eve

Apologies were received this month from Geoffrey Short and Eric Longley was absence without apologies.

Public Forum: The meeting was attended by our District Councillor, Sara Michell, who reported on a proposed increase in Council Tax by 1.7%. This would mean roughly 5p per week increase to the tax on a band D property.

County Councillor Jessica Fleming reported in Suffolk, Network Rail's Anglia route asset management team is starting to review the safety of all level crossings on the Great Eastern Main Line (GEML). Risk assessments should be available for all level crossings in Suffolk by mid-summer when full public consultation is expected to begin. She also reported that the Department for Transport is looking at what will happen with rail passenger services on the Greater Anglia franchise when the current contract ends on 16 October 2016. Views are sought on the future franchise specification and any changes the public would like to see. <https://www.gov.uk/government/consultations/east-anglia-rail-passenger-franchise>

Diss & Thetford Citizens Advice Bureau: The Bureaus are looking for new volunteers. If interested, there is a free event on Saturday, 14th March 2015, 10am to 2pm, at Diss Citizens Advice Bureau, Shelfanger Road, Diss IP22 4EH. To find out more contact: sncoordinator@dissandthetford.org.uk or phone 01379 644912.

PCSO Dave Faulkner attended the meeting and reported that there have been 9 crimes in Rickingham since the beginning of the year, including 2 burglaries and 3 thefts of plant pots on The Street. He reported that there has been an increase in 'Cycle' thefts in the area. In order to protect cycles and to bring awareness to the problem, there will be a 'Mobile Police Station' at the Rickingham Farmers Market, at the Rickingham Village Hall, from 9am until it closes, on Saturday 11th April 2015. Police and Neighbourhood Watch Coordinators will be present. As well as cycle marking, there will be security products available to inspect and or purchase. All cycle users please attend with their cycles and all other interested people are warmly invited. Please see some valuable winter weather advice in the Botesdale report in this magazine!

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PARISH of BOTESDALE ANNUAL PARISH MEETING

7.00pm ~ Thursday, 2nd April 2015
Rickingham Village Hall

Everyone is invited to attend.

VILLAGE LITTER PICK Saturday, 18th April 2015

Bring the whole family and meet at either village hall car park at 10am.

Organised by Rickingham and Botesdale Parish Councils

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

**THURSDAY 5th MARCH
at 7.30 pm
AT RICKINGHALL VILLAGE HALL**

All residents are very welcome
www.rickingham.onesuffolk.net

Your Clerk is :

Mrs Leeann Jackson-Eve

Wayside Cottage, Cherry Tree Lane

Botesdale, Diss, Norfolk, IP22 1DL

Tel : 01379 890 141

Email : rickingham_pc@bopenworld.com

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Rickingham :	Rectory Hill	10.40 – 10.55
Rickingham :	Hinderclay Road	11.00 – 11.15
Rickingham :	Village Hall	11.20 – 11.35

Botesdale :	Farnish House	11.40 – 11.55
Botesdale :	Village Hall	12.00 – 12.15
Botesdale :	Backhills	12.20 – 12.35
Redgrave :	The Knoll	12.45 – 1.05

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Village News



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Chairmans Report Rickinghall Ramblers 2015.

The A G M is on Monday 16th March 10-30 AM at the Bowls club. This year has been very successful in many respects, helped by an increasing membership which is fantastic! and the average attendance now being around nine to seventeen members.

Our holiday 2014 was attended by 12 members who enjoyed our walks in and around Welshpool in Powys.

During 2014 more short walks were arranged and only a handful of long walks, this seems to have been a popular recipe, so hopefully more of the same this year.

Our dinner last year was at a new venue the White Horse at Stoke Ash, popular with everyone, nice room and excellent food. Our thanks to Maggie and Peter Phillips for organizing this for us again.

New members always welcome!! the following are some future dates. So please take note, come and enjoy!

Monday Feb 2nd
Friday -- 13th
Monday -- 23rd
Friday March 6th
Friday -- 20th
Monday -- 30th
Friday April 10th
Monday -- 20th
Friday May 1st

Happy walking!!! Village Hall at 9-15 am
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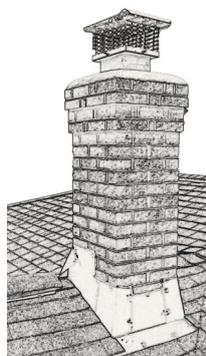
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Village News

Our man in Djibouti

Lt Col Mike Bishop, a Botesdale Parish Councillor, is currently serving a 9 month tour of duty with the Combined Joint Task Force - Horn of Africa. During his last deployment to Afghanistan in 2011, Mike shared some of his thoughts with family and friends. He has now kindly offered to share those reflections and his newer ones with us.

Kabul 2011 - Blue moon

I was standing alone. You can probably see the link to the title already. Clever huh? Anyway, there I was, standing alone. It was late (or early, depending on your habits), about 0100 in the morning here, which, with the current time difference, made it 9.30 in the evening there. Did you notice the clever switch between army and civvy time? Here to please. Anyway, I was. Standing. Alone. I had gone outside to get some fresh air. The room I was working in was best described as fetid. Manned 24 hours and full of sweating, smelly men, all of whom would have rather been anywhere else but there at that time. I went outside to clear my head. It had been a long day and another fairly depressing one, with Australian, American and British dead and wounded. I try so hard to think of something jolly to say in these emails but it's not as easy as that. (I am going to have to dig out some sort of "cat-stuck-up-a-tree rescue" or "soldier wins war" good news story aren't I?)

So. Standing. Alone. I looked up and although it was another crystal clear night I couldn't see the moon. Not even a glimpse. Nothing, nada. Probably all part of some dastardly Taleban plot. Damn them and their meddling. Best I investigate. So I did. Apparently it wasn't the Taleban. There just wasn't a moon. That made me sad. I will tell you why in a minute. Upon further investigation I discovered that most years have twelve full moons, each of which occurs, approximately monthly (one lunation being precisely 29 days 12 hours 44 minutes and 3 seconds - see, informative and educational. That's me). There are very few days when there is no moon. Great. Just my luck. Here's an interesting but tricky maths bit. Each solar calendar year is about eleven days longer than the lunar year of 12 lunations. The extra days accumulate, so every two or three years there is an extra full moon. Ta dah! The Blue Moon. Interestingly, 31 May is the last day of the lunar calendar as well as the month. That doesn't happen often either, both dates coinciding. But I digress. Back to the email.

Alone. Standing. No moon. Sad. I'm getting there. Hold on. Early in my tour in a telephone conversation with my son, who was 3 at the time, he told me he missed me. I missed him enormously too. I didn't realise quite how much until he said it. When he said it, I got a lump in my throat and a wrench in the stomach. I am sure he did miss me, just as my wife, daughter, and I hope, everyone else, missed me. But hearing it from him hit me hard. In the side of the phonecabin I was calling from there was a small window looking up into the sky from which I could see the moon. I told my son to get Mummy to take him outside when we had finished the phone call. If he looked up he would see the moon. I told him I would also look up and see the moon. I told him it was the same moon I could see and if he thought of me, I would think of him. Every time he could see the moon, Daddy could see the same moon. From then on, whenever I see it I think of him.

Anyway. There was no moon. Let alone an extra one. It made me blue.

Botesdale Centre News



Hi Folks

Firstly or rather in no particular order a Big Thank you to the team who have agreed to continue the Parish Magazine.

Secondly A Big Thank you to those noble souls who have so recently retired from Village commitments.

As I like to say, Have Fun and Just Keep Dancing.

2015 Is here snow drops and aconites are appearing Garden Centres are stocking up.

10 MAY 2015 is approaching and Gardeners of Botesdale are invited to join our Red Cross Open Garden Day.

No Lambs or Alpacas as I to am semi retired, just three Ram Lambs to grace my fields at Grundle Farm.

However we have a **Midsummer Family Celebration on 20 June 4 p.m. till 9.p.m.** Featuring:

- **Ceilidh from 6.30 p.m.**
- Darling Buds of May Picnic Tea,
- Pied Piper of Hamelin to lead the children through the Hay Meadows.

Wishing you all a very Happy New Year

Ann Topham

Joke #3

Thanks also to Jason from Redgrave for the following joke:

One night the husband went home and his wife looked a bit sad, so he said 'what is wrong you look a little down in the dumps'. Well replied his wife I looked in the mirror and saw grey hair, my skin is getting wrinkled and I'm putting on weight, say something positive to cheer me up. The husband thought a little and then he said, 'dear you eye sight still seems to be OK'



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WEDNESDAY 4.15 - 8.00 pm
THURSDAY, FRIDAY, SATURDAY 11.30 am - 1.30 pm 4.15 - 10.00 pm
SUNDAY 4.15 - 8.00 pm

Sunday	1 st Mar	6:00pm	Zumba	Rickinghall Village Hall
Monday	2 nd Mar	2:00pm 7:30pm	Needle craft Slimming World	Activities Centre Rickinghall Village Hall
Tuesday	3 rd Mar	10:00am 6:00pm 7:15pm 7:30pm	Open House Zumba Yoga and relaxation Julie's Aerobics	All Saints Church Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday	4 th Mar	9:30am 10:00am	Redgrave Art Club Day Centre	Activities Centre Rickinghall Village Hall
Thursday	5 th Mar	9:30am 2:00pm 6:00pm 7:30pm	RABBATS Further Education Group Fitsteps Rickinghall Parish Council	Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall
Friday	6 th Mar	9:00am 9:15am 10:45am 1-2 pm 2:00pm 8:00pm	Redgrave Church cleaning Rickinghall Ramblers Positive Steps Beginners Tai Chi Women's world day prayer Dance Classes	Redgrave St Mary's Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall Park View Chapel Botesdale Village Hall
Saturday	7 th Mar	10:00am 10:00am 10:30am	Rickinghall Church open Redgrave open Church Guided Fen walk	Rickinghall Inferior Redgrave St Mary's Redgrave Lopham Fen
Sunday	8 th Mar	6:00pm	Zumba	Rickinghall Village Hall
Monday	9 th Mar	2:00pm 7:30pm 7:30pm	Needle craft Slimming World Botesdale Parish Council	Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday	10 th Mar	9:00am 6:00pm 7:15pm 7:30pm	Coffee on the corner Zumba Yoga and relaxation Julie's Aerobics	Park View Chapel Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday	11 th Mar	9:30am 10:0am 7:30pm	MOBILE LIBRARY Redgrave Art Club Day Centre Redgrave Parish Council	Activities Centre Rickinghall Village Hall Activities Centre
Thursday	12 th Mar	9:30am 12:30pm 2:00pm 6:00pm 7:30pm	RABBATS Phoenix Lunch club Further Education Group Fitsteps Women's Institute	Rickinghall Village Hall Activities Centre Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall
Friday	13 th Mar	10:45am 1-2 pm 8:00pm	Positive Steps Beginners Tai Chi Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall
Saturday	14 th Mar	9:00am 10:00am 10:30am	Rickinghall Farmer's Market Rickinghall PC surgery Wildlife watch group	Rickinghall Village Hall Rickinghall Village Hall Redgrave Lopham Fen
Sunday	15 th Mar	6:00pm	Zumba	Rickinghall Village Hall

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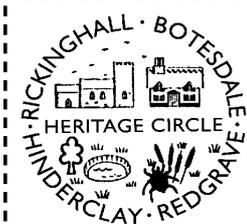
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Club News



Tony Diamond, Magic, Mystery and Blood – the life of Oliver Cromwell

Tony Diamond described Oliver Cromwell as 'one of the greatest Englishmen who had ever lived' while speaking to the January meeting of the Heritage Circle at Rickinghall Village Hall. He engaged his audience in a talk which combined humour with detailed knowledge. He emphasized that Cromwell is a controversial figure, a demon to some but the 'saviour of Christianity' to others. His life was truly surrounded by 'magic, mystery and blood.'

Cromwell was born in Huntingdon on 25 April 1599. It is claimed that Cromwell bloodied the nose of the three year old Prince Charles when they met at his grandfather's house, Hinchbrook House, in 1603. Their paths would cross again.

In 1616 Cromwell went to Sidney Sussex College, Cambridge which was a Puritan College. While studying there in its very religious atmosphere, Cromwell is reported to have had a vision that 3 September would be an important day for him. This was dangerous as it could have been interpreted as dabbling in witchcraft.

Cromwell moved to a house in Ely in 1625 and by 1640, as MP for Cambridge, he was a prominent opponent of Charles I and his insistence on the Divine Right of Kings. This degenerated into the Civil War which Tony Diamond characterised as a conflict between Anglicans and Puritans. Cromwell distinguished himself as a military leader and is credited with founding the modern British Army.

Charles I was captured in 1647 and tried at Westminster Hall. Cromwell organised the trial and signed the King's death warrant but was not a judge. After the execution in 1649, Charles was buried without ceremony in St George's Chapel, Windsor in a tomb which contained the bodies of Henry VIII and Jane Seymour.

Ireland now became the focus for Cromwell's attention. It had been lawless throughout the 1640s and posed a threat to Britain's security. Cromwell began a bloody repression which still fuels hatred of him to this day with the massacre of the people of Drogheda on 3 September 1649. It was followed with further slaughter at Wexford and the subsequent selling of Irish women, the 'Wild Swans,' to plantation owners in the West Indies to breed slaves. Ireland was forced into submission.

Cromwell next pacified Scotland when he defeated a much larger force at Dunbar on 3 September 1650. Charles II fled into England but was defeated by Cromwell at Worcester on 3 September 1651. Cromwell was now master of the British Isles. He dissolved Parliament and ruled as Lord Protector until his sudden death on 3 September 1658. He had a state funeral and was interred at Westminster Abbey.

After his restoration in 1660, Charles II wanted revenge and so on the anniversary of his father's execution in 1661, Cromwell's body was exhumed, and then hung, drawn and quartered. The body is thought to have been buried at Tyburn, modern day Marble Arch, but the head was put on spike and displayed in the portico of the House of Lords for the next 25 years. The head briefly reappeared in 1710 and 1799, before being shown to a surprised public in 1935 by a distant relative, Horace Wilkinson, who was Vicar of Bredfield in Suffolk. In 1960 it was passed to Sidney Sussex College where it was authenticated and later buried in the College grounds.

Even today, Cromwell provokes controversy. The Cromwell Society post a notice in The Times to celebrate his birthday but the Sealed Knot Society post a counter notice in the same newspaper to celebrate

the anniversary of his death.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 25 February at The Village Hall, Rickinghall IP221HD when Pip Wright will give a talk about a Suffolk farming family. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net.

Gerry Gurhy

Coffee On



The Corner

Following on from the somewhat quieter Coffee Shop in January, I was rather concerned at 9.30 when the Parkview team were the only ones present. Had I forgotten to advertise? Had I put the wrong date on the posters? Fortunately, I need not have worried ... by 10.00 Parkview Chapel was alive with the sound of munching, slurping and happy chatter ... ok, maybe not the slurping, as our visitors are much too well behaved! Whilst we are happy to serve refreshments to just a few visitors, it is so much more satisfying to have a good crowd - so thank you all for coming along, it is lonely without you!

We were so busy that I did not have time to count up how many people were with us at our busiest time, but we had five tables with 7 or 8 at each table, plus those who were looking at the stalls or the Macmillan information stand - there was such a buzz! As those of you who come regularly will know, we have information provided by Macmillan and set out each month by a volunteer who joins us and who is ready to answer any questions you might have, either about your own worries, or about a friend or relative. We also have leaflets on each of the tables about the charity that we are supporting that particular day. This month we were supporting the work of Jo's Cervical Cancer Trust who help to inform and support some of the 3,000 women who are diagnosed each year with this form of cancer, as well as campaigning to influence Government policy regarding prevention and diagnosis and to inform and educate the public and health professionals. Your kind donations totalled a very impressive £175.00 - not bad for three hours in a coffee shop! I cannot thank you enough - give yourselves a pat on the back!

I am currently awaiting receipt of some literature about the "It's all my fault" campaign being run at the present time by the NSPCC. They are aiming to have more funds to help to train volunteers to go into primary schools and talk to children about what is right and what is not. For a child to realise they are being abused is the first step. Knowing there is someone to turn to is the next. Why not come along, encourage yourself to drink tea or coffee, eat scones or sausage rolls or cake and make a donation to ensure that more children are helped out of abusive situations? Go on ... you know you want to!

Our next Coffee on the Corner will be on Tuesday 10th March from 9am to 12 noon. Also look out for information for the Fish & Chip Quiz which will be taking place (or is that plaiice?!) at Parkview Chapel on Saturday 28th March.

If you feel you would like to know more about the coffee shop or any of the happenings at Parkview, please call me on 01379 890423.

Sue Allen

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Club News

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BARWOODS

As this is the first report since Christmas, we would like to show our appreciation of the co-operation of St Botolph's School in planting trees in Northfield Wood. On 27th November four children, Aaron Barnes Scase, Charlotte Hutchings, Nicholas Skinner, and Victoria Spouncer, from Year 6, transplanted some of the oak trees that had been growing in the nursery, planted by Squirrels class a few years ago. As some of the saplings were over two feet tall, it was hard work for them to dig them up: their roots were entangled and seemed to be heading for Australia! Mr Cobbold drove the children to Northfield Wood and, with the help of Linda Green, myself, and my daughter Fenella, they planted and staked the four biggest ones and prepared two more holes before they ran out of time.



We showed them the ring of fruit trees and explained the concept of a community wood and we hope they will bring their families and friends to see what they have started and continue to watch 'their' trees grow. Thank you for doing this, Aaron, Charlotte, Nicholas and Victoria, and thank you, Mr Cobbold, for letting them take time out of school for an ongoing environmental project. You might like to know that we did this just before National Tree Week, so we have contributed already to that!

Most of the other saplings were put in the same day and one of the larger ones, whose roots didn't quite make it to Australia, was planted in Low Meadow to fill the gap in the row of trees alongside the hedge. We hope this one will survive.

Now it is time to walk in Miller's Orchard to see the snowdrops. Spring is such a lovely time of year.

A report on our Annual General Meeting will have to wait until the next issue, but we are grateful to The Bell for allowing us to use its Function Room.

Rosemary Jones
01379 890238

RAHOF (Rickinghall Area Hospice Fundraisers)

RAHOF's well attended and lively AGM in January heard St Nicholas Hospice Care Fundraising Co-ordinator Miranda McCoy outline the work of the hospice, and praise the contribution made by RAHOF since it started in 1987. The meeting elected a smaller committee for 2015, to be supported by an energetic team of committed supporters, including new helpers who, at the AGM, volunteered their support for future events.



2015 Committee: Chair/Secretary: - June Shepherd (for one further year only); Vice-Chair - June Stokes; Treasurer - June Hart, supported by Rosemary Walker and Marion Wilby. The Chairman thanked the public, including those present, for their valuable support. She reported a difficult year in 2014, with a committee unfortunately reduced by ill-health; nevertheless nearly £6,000, as well as many friends and supporters, had been raised for St Nicholas Hospice Care, Bury St Edmunds. This year will see an interesting RAHOF programme including the Annual Cream Tea on 23rd July, a "different" short-film evening on 17th April, a grand Coffee Morning in Hinderclay on 23rd May, as well as the popular Quiz Evening in October. WATCH THIS SPACE!

Sudoku

			4				7	
6		2			3			
	3		1			2		8
		7				9		6
	2			4		8	3	
		8		9	7			1
		3			1			9
	8		9			7		
	7	6	8	2				

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

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Exploring the Past

Jean Sheehan, 01379 890237

Prisoner-of-War Camp, Botesdale

In January there was a great deal of publicity about the 70th anniversary of the liberation of the prisoners from Auschwitz, and in February there were the problems between the Ukrainians and the Russians.

Botesdale had a Prisoner-of-War camp but it sounds very different to Auschwitz. The camp was situated on the Botesdale side of the lake in Redgrave Park. This area, known as The Warren, was the place where the Abbots of Bury kept rabbits in medieval times. It was opposite Redgrave Hall, on the other side of the lake, during the war. The American military hospital was situated behind Redgrave Hall at this time. Redgrave Hall was dismantled and sold off at an auction sale of fixtures and fittings on 18th June 1946. After the war the hospital became a British Prisoner-of-War hospital.

The POW camp consisted of prefabricated units on the south side of Redgrave Lake. The prisoners during the war were German and Italian. They seemed to have a certain amount of freedom and worked on the local farms, often walking to the farms. At the start of the war Yvonne Sheldrake and her mother came to live with her grandfather, John Doe the thatcher, who lived in Walnut Tree House, Redgrave Street. Yvonne remembers later in the war the prisoners began to be seen in the street walking to the farms wearing drab clothes with yellow patches on them. One of them gave her a wooden toy which he had obviously made. Italian prisoners of war worked at West Hall Farm, Rickinghall and also gave toys to the son of the farmer.

Kathleen Reeder, a schoolgirl at the time, was used to working with German prisoners of war as she helped on her father's farm and two of them helped her grind beet for the cattle. Two others came to the Methodist Chapel in Redgrave which she attended. Hilda and Wesley Nunn, her parents, also had living with them two cousins Kurt Stearn and Ruth Kronberger, Jewish refugee children from Czechoslovakia, who came in September 1939.

Paul Stobbe was a German POW, formerly a pilot in the German air force. He was shot down in 1940 when he was only aged about twenty. Paul was sent to the camp at Botesdale and then sent out to work for Herbert Hall on his farm at West Hall, Rickinghall. He was billeted at West Hall Farm after Herbert had signed the rules and regulations for billeting POW. After the war he showed no desire to return to Germany and continued to work at West Hall Farm for about thirty years. He joined Rickinghall Football Club and often played in goal, before becoming a referee. He was highly thought of as a referee by the local teams as he was firm but fair. He was granted UK citizenship in 1965. Paul developed MS and could no longer work on the farm so trained to become a TV engineer. As MS progressed he spent most of the time at Ely hospital, returning to West Hall for weekends and longer periods, as he considered the Hall family to be his family and West Hall his home. He eventually died in West Norfolk Hospital in 1973 aged 53, and is buried in Rickinghall Inferior Churchyard.

Many of the German prisoners were still at the camp until 1947 when the Ukrainian prisoners arrived. The Botesdale camp was known as camp 56.

The Germans also lodged at a hostel in Thornham but they were not as happy here as they felt more isolated.

The Ukrainian prisoners of war had fought in the Galica Division of the German Army against the Russians. Some of the Ukrainians were repatriated, but they were treated badly by the Russians and many were killed. Before coming to England the Ukrainians had been in a POW, camp at Rimini, Italy, on the Adriatic coast. One of these men, Wasyl Nimenko, was more fortunate, as he stayed in England after release from Botesdale in 1949. By 1962 he had opened a watch and clock making business in Ipswich. Wasyl had lived in an orphanage in Ukraine. *(If you would like to read more about him, his son Dr. Wasyl Nimenko has recently published a book entitled "Searching in Secret Ukraine" available on Amazon.)* Another man born in the Ukraine and later came to camp 56 was Walter Solomka. He married a girl from Eye in 1955 and lived in Suffolk until his death in 2012 aged 83. Whilst the Ukrainians were in Rimini in 1946 a letter was sent by them to Ernest Bevin and Eleanor Roosevelt asking for Asylum in Britain and USA explaining they had never fought the British or Americans whilst in the German army, only the Russians. Many of the Ukrainians went to live in Canada when they left Britain.

After the war some of the German generals were sent to the POW hospital. One of these was Field Marshall Erich Von Mannstein. He had been sent to Nuremberg in 1945 for the war trials of major Nazi criminals in 1946. He wrote a defence for these men, but he was not prosecuted at this time. After this he was sent to a POW camp at Island Farm, Bridgend in South Wales, and later sent to the Redgrave POW Hospital. Whilst he was here he showed a desire to visit an English family in their own home. A Methodist minister arranged for him to visit Wesley and Hilda Nunn at Street Farm, Redgrave. He came to tea and their schoolgirl daughter, now Kathleen Reeder, kept a diary at the time, and recorded the visit. A newspaper cutting, probably from 1947, describes the day when nearly 70 German POW were sent back to Germany on a Red Cross hospital train from Diss station. The report tells how dejected the men looked, including Field-Marshal Brauchitsch and General Strauss. Field-Marshal Eric Von Mannstein and Field-Marshal Gerd Von Runstedt probably volunteered to stay behind and help to run the hospital to be taken over by the Ukrainians. Erich Von Mannstein was eventually sent back to Germany and tried for war crimes in 1949. Hilda Nunn said she wrote to him when he was sent back to Germany. His letters in reply stopped coming and she never heard from him again. He was sentenced to eighteen years, reduced to twelve years. He was released in 1953 due to support from England and also eye problems. He died of a stroke in 1973 aged 85, the last but one of the surviving German Field-Marshalls.

If you would like to read more about Redgrave, Botesdale and Redgrave during WWII Graham Clayton has written "Villages in Wartime", the tenth book in the Quatrefoil series. This book can be bought at Rickinghall Paper Shop, Hilltop Hardware & Pet Food shop, Botesdale and Redgrave Community Shop, or from Diana Maywhort 01379 898785. Price £5.



Acknowledgements to Marcia and Chris Bell for the panoramic view of the prisoner of war camp. The photos were taken by Marcia's father, Jim Healey, who worked at the camp after the war. The photos were taken from the water tower, the only part of the camp still in existence now, close to the old A143 road.

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British Prisoners of War (POWs) in WWI

As early as August 1914 in the First World War British soldiers were captured and [they] spent the war as Prisoners of War (POWs). [About 2,400,000 prisoners of all nationalities were taken prisoner during the war by Germany and over 720,000 by the Allies]. All nations were meant to follow the rules set down in the Hague Convention of 1907 however the conditions in which the prisoners were kept were not too good and the British Red Cross began to send food parcels to supplement their rations. In many cases, especially after the British blockade of German ports started to take effect, the food parcels were all that kept the [British] prisoners from starving.

Committees were formed in all regions of the country to send parcels of food and clothing. Parcels were also sent of books, games and footballs to help the prisoners occupy their time. The Suffolk POW Help Committee was formed in early 1915. By 1916 separate parcels of food were being sent to each prisoner. People were asked for donations of money to help with these; for instance on the 14th December 1917 the Diss Express reported:

The house-to-house collection in Rickingham on behalf of the Suffolk prisoners of war realised £11/4/7d.

The following is an example of what was in one of these food parcels:
1 tin corned beef, 1lb tin pure dripping, 1 tin mackerel in oil, 1 tin pork & beans, 1 tin lemonade, 1 packet saxa salt, 4 oz. tin potted fish, 1 box little Mary Comforts (Little Mary Comforts consisted of six tubes of compressed beverages such as coffee, cocoa, beef extract, lemonade and tea). (1)

By the end of the war 9,000,000 food parcels and 800,000 clothing parcels had been sent.

Several men from our villages are known to have been prisoners of war. Some, such as Sergeant Robert Foulger and John Rolfe Reynolds who were in the 2nd Suffolk Regiment, were captured early in the war on 26th August 1914 at the Battle of Le Cateau. On 6th November 1914 the Suffolk Chronicle & Mercury reported:

Sergt. R Foulger No:7629 2nd Suffolk Regiment reported missing since August 26th is a prisoner of war in Doeberite, Germany, and is quite well.

Often families of the men did not find out if their loved ones were dead or POWs for many months. For instance it was not until 29th June 1917 that the Diss Express reported:

Prisoner of War. – Private John Rolfe Reynolds, 2nd Suffolks, youngest son of Mr. John Reynolds and the late Mrs. Reynolds, formerly of Redgrave, has been a prisoner in the hands of the Germans since August, 1914. He left Curragh Camp, Ireland, with his regiment for France in that year, and was taken prisoner during the battle of La Cateau on the 26th of August. He has been in three different camps – Sennelager, Soltan, and Hamelnlager – and was for a time the only Englishman with a lot of French and Serbians, but at present is with more Englishmen and has been working in the farming district. He writes very cheerfully and seems to be making the best of the hard life and says if the parcels of food arrive regularly they will be alright.

Thomas Rush was also in the regular army, in the 1st Battalion Suffolk Regiment. He was taken prisoner in 1915 and in 1916 was in Munster POW camp after which he spent much of his time working on a farm in the Netherlands. When he returned he married Hilda Miller, whose brothers James and Frederick had been killed during the war.

Some prisoners were repatriated if they were badly wounded. On May 1918 the Diss Express reported:

Botesdale. Wedding. – The wedding took place at St. Stephen's the Martyr Church, St. John's Wood, London, on Monday last of Queenie Rose Staines, daughter of Mr. and Mrs. Arthur Staines, of St. John's Wood, and Charles Richard Baxter, of Botesdale. The bridegroom enlisted in Canada, January 1st, 1915, and arrived in France, May, 1916. He was badly wounded and taken prisoner October 8th, 1916, and arrived in England after 15 months' captivity on January 20th, 1918. The bridegroom has four brothers in the Army, one having been killed on the Somme, two being prisoners of war in Germany, and one serving in France.



Charles Baxter

On 8th October 1916 Charles was in the Regina Trench, France. It was here he suffered a broken pelvis and fractured leg and was taken prisoner for 15 months at the same time suffering from Neurasthenia (Shellshock). During his time as a POW he was in three different camps; Cambrai, Mulheim an der Ruhr and Dulmen. When he arrived back in England he was interviewed to find out about his treatment as a POW. [Two of his brothers Robert and William were also taken prisoner, probably late in the war.] (2)

Many POWs died in the camps, usually from disease or as a result of their wounds, however as far as we know no men from our villages died in captivity during the First World War.

(1) Woodhouse, Clare., *A Study of the Prisoner of War Experience in the Great War unpublished (2002) Bury Record Office*

(2) Information from Deborah Wells

Quatrefoil has recently published two books, numbers 9 and 10 in their series, about the two World Wars in our villages. They are for sale, along with the other books, at the Post Office, the Hardware Shop in Botesdale, the Redgrave Community shop or from Di at the phone number above.

Send us your jokes:

We're always on the look out for funny jokes, especially those that readers have found funny. Please send your funniest jokes to editor@rbrparishmag.com by 11 March. We'll publish as many as we can, with credit given to named contributors (or not if you prefer!). Many thanks!



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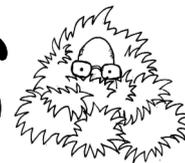


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Children have always been told to say, "Sorry," if they do anything wrong. Many of us were told that and, in turn, have told our own children. We were taught that saying sorry puts it right or does it?

Let us take an example, say I steal £100 from you. Hit with remorse, I then come along and say sorry. You are still £100 down. I could say that I'm ever so sorry but however much I emphasize my sorrow you are still £100 worse off than if I hadn't taken it. Saying sorry hasn't put it right. Clearly I need to give back the £100 in order to put things right.

Theft is a very simple example because the return of the stolen item restores the financial situation to what it was before. It may still leave you offended, after all, you'd have given me the money had you known that I needed it that much. The only thing I can do to remove that feeling of hurt is to make a profuse apology. Repentance involves both an apology and the need restore the situation to where it was before the offense.

Repentance is the right thing to do when you see you have done something wrong. It doesn't need to involve God. It is purely the logical way to act. It is the right thing to do.

Now that person, despite the restoration of his goods and the profuse apology, may not forgive. Saying sorry does not earn forgiveness and repentance does not buy reconciliation. Forgiveness and reconciliation are purely the prerogative of the offended party.

Let me apply this example to Christianity. Repentance does not buy forgiveness and neither does confession or sorrow. That might sound contrary to all that you know about Christianity but let us work through it.

Think of it like this. Jesus Christ paid the price to purchase forgiveness for us when he died nailed to a cross. The cross offers forgiveness. For the Christian the offence was been paid for before the crime was conceived. God took the risk of offering forgiveness beforehand. By way of illustration let suggest that I put a cake down on a table and say, "There it is. Help yourself when you want some." I then leave it there. I've made the offer. The cake is there. I'm not withdrawing the offer. You have to make the decision to eat the cake. I don't do it for you.

That is what the cross of Jesus is about. He makes the offer. The offer is of forgiveness. I have to take up the offer.

Now by definition forgiveness is only required when there is wrong. Forgiveness cannot be accepted if I don't admit wrong. Now, going back to where we started, if I accept something is wrong I repent. Repentance in the Christian life doesn't buy forgiveness it is the route through which I avail myself of that already provided through Jesus Christ.

Repentance doesn't buy me forgiveness. Jesus bought me forgiveness. That is what the cross is about.

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A late January morning and I go to the terrace to check the overnight temperature and am conscious of the volume of bird song. Admittedly it is mainly the Collared Dove and my friendly Robin, but the Dunnock is very adamant it should also be heard. It has a lovely soft but persistent 'trilling' voice, and is rarely silent and not always recognised. You will see it underneath the bird feeders busily picking up the surfeit of leftovers coming from above. It



Jack Snipe

is a very common garden bird, the male and female look similar. Brown back and grey chest. (It lays lovely blue eggs).

There are not many birds coming to my feeders, mostly sparrows and tits. I move on to check my oil tank and there is a dark bird the size of a crow perching on the fence. It is a Sparrow Hawk. We gaze at each other and, suddenly, it flies off silently *over my head* (how impertinent). I have seen it before. I think the birds attending my bird feeders are also easy picking for the Sparrow Hawk and is possibly the reason for my lack of garden birds. I am on its regular hunting path.

A neighbour of ours has a feeding container which attracts Long Tailed Tits. When I looked at it there must have been at least a dozen crowded together. I thought that with their long tails they must get in a muddle, but it did not seem to worry them. Perhaps, like the Wren, they get into a bundle in winter like this to keep warm at night.

A new interesting winter bird. A Jack Snipe. This was noticed on the ground on The Street in the middle of Redgrave in January. My informant, thinking it was dead, was able to pick it up, whereupon it flew away, it must have been stunned. This snipe is smaller than a 'Common' Snipe. It has a shorter bill (7½ cms as opposed to 10½ cms) with yellowish streaks on the back of its head and body. It is only a winter visitor here from the north and breeds in swamplands of northern Scandinavia. It travels singly or in small groups in winter in areas both north and south of the Sahara Desert. It is very secretive but, apparently, when flushed, travels slower than the Common Snipe and, sadly, is more easy to shoot.

Lakenheath RSPB Reserve has been developed from arable farmland back to an original 740 acres of reed beds and grazing marshes all within twenty years. In this time Reed Warblers have increased from four pairs to 355, two pairs of Marsh Harriers have arrived and Bearded Tits are there throughout the year, plus a Bittern. And then to crown it all, the Common Crane has arrived and bred for the first time in this country in 400 years! The Reserve also has breeding Golden Orioles in the copse of Balsam Poplars which were originally grown for Bryant & May matches.

Lakenheath is due north of Mildenhall which you can now bypass crossing the new dual carriageway A11. Local observers went there recently and saw the Cranes, heard the Bearded Tits and saw a Great White Egret, (a magnificent magnified Little Egret).

I recommend a visit in May when the warblers have arrived, the Cranes should be there and there should be an arrival of up to eighteen migrating Hobbies which presumably meet up there ready for dispersal around East Anglia. You might even hear the 'fluting' song of the Golden Oriole.

I hope to remind you about this reserve later in the year.

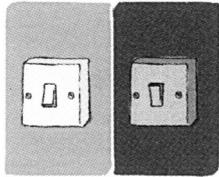
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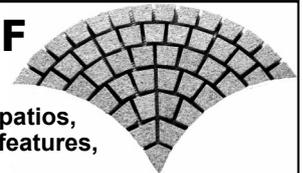


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The time for bringing out our mowers will soon be upon us and it's important to check one or two things first. Clean out crud from under the deck to ensure a good flow of air and clippings into the grass box. Fuel left over from the previous season may have gone stale, so replace with fresh fuel if possible. Always check your oil level before trying to start a mower, and top up if necessary. A complete oil change will be better if this hasn't been done for a year or more, and only use oil recommended for garden machinery (SAE 30 or 10-40). Replacing a spark plug can also be a cheap remedy to a starting problem. The next most important part is the blade, and these will benefit from being sharpened, to give a better finish and a quicker cut. For electric starting machines with batteries, give the battery a full charge before giving it the stress of a cold engine. Clear the lawn of any winter debris before cutting and set the blades higher than normal. A recycling tip - use old engine oil to protect the blades of spades and prongs of forks after each use.

Continue preparing vegetable seed beds. Some seeds can be sown under protection such as Peas, Brassicas, Broad Beans and Carrots. Lots of varieties can be started on windowsills or under outdoor protection such as glass or polythene, giving you a longer and earlier cropping season. A fleece membrane will allow water and light through, but protects young plants against frost. Bedding plants can be started from seed indoors, saving you money when compared with the prices of young plants in May. This is about the latest time for transplanting fruit bushes, or any other deciduous plants for that matter, and winter pruning of fruit trees should now be completed.

If you have hedges and shrubs that will need cutting back, then try to do it before the birds start nesting, otherwise wait until mid-summer. Spring flowering shrubs should be pruned after they have flowered.

Happy Gardening!
Ian Shilling tel. 01359 250268

In the Cookbook, we'd like to share your favourite recipes with baking enthusiasts in our villages.

To include a recipe in the column below, please send it to editor@rbrparishmag.com

Please don't copy straight out of cookbooks—we want to avoid problems with copyright! 😊



Rachel's Chicken Dish.

Serves 4.

Ingredients:

- 1/4 cup olive oil plus extra*
- 3 cloves of garlic*
- 1/3 cup dry white wine*
- 1 Tbsp grated lemon zest*
- 2 Tbsp freshly squeezed lemon juice*
- 1 1/2 tsp dried oregano (double if fresh)*
- 1 tsp chopped thyme*
- salt and pepper*
- 4 boneless chicken breasts, with skin*
- 1 lemon*

For chicken use what you like, but do have skin on as it protects the flesh and browns up nicely.

Method:

Mix oil, chopped garlic, white wine, lemon zest, lemon juice, oregano, thyme and 1 tsp salt and pepper and pour into suitable baking dish. Dry chicken breasts and place skin side up, over sauce. Brush with oil and sprinkle well with salt and pepper. Cut lemon into 8 wedges and tuck among the chicken.

Bake at 200 deg C for 30 - 40 mins, depending on size, until chicken is cooked and skin slightly browned. If not browned enough, grill it for 2 minutes and watch it carefully. Cover pan lightly with foil and allow to rest for 10 minutes.

*Frances,
Redgrave*

Joke #4

Son: Dad, do you know the difference between a pack of biscuits and a pack of elephants?

Dad: No.

Son: Then it's a good thing Mum does the shopping!

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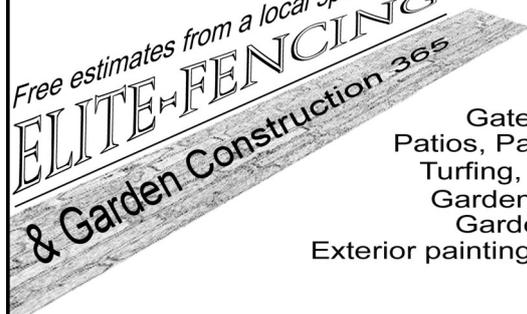


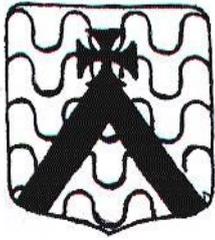
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School news

School Snippets

The staff and children have settled back into school life after a very busy autumn term. We are looking forward to the New Year and the new challenges and experiences that it will surely bring.

Writing continues to be our main focus for improvement as a school and we are determined to provide our children with the skills and inspiration they need in order to make progress. We are hoping to share some of the writing that the children have been working on during the year starting with our current Year 6 children. I have spoken with the children during assemblies and they are very excited about the possibility of their writing being published in the Parish Magazine. I am never surprised by the honesty and enthusiasm of the children at St Botolph's. They show tremendous energy and make my role at St Botolph's a real privilege.

In future editions of the magazine I am hoping that the children at our school will contribute more to the magazine including some ideas for the front covers. This is a real opportunity for our children and I have already had a design for the Easter edition of the magazine from a determined and eager young man.

I hope that you all had an enjoyable festive period and have had a good start to 2015.

Mr M. Cobbold, Headteacher

Do not follow these school rules

In the cloakroom, no pushy-shovy,
Unless you're really in a hurry.
Violence is never the answer,
But if it is, wash your hands after.
Don't swing on your chair,
In case you have really heavy hair.

Don't eat with your mouth full;
Don't talk with your mouth open.
Don't slide on the ice;
This isn't Strictly Come Dancing.
Tell a teacher, who will say:
"I'm talking, so please go away."
Don't do it just because everyone else is
doing it;
Now line up straight like everyone else.

Reading makes great writers-
Stop reading in my lesson!
Use your imagination.....
Now stop daydreaming and copy what's on
the board.

By Natasha, Nicholas, Victoria and
Charlotte. Year 6.

Valentine's crossword: Answers

The February issue of the Parish Magazine included a Valentine's crossword, and the promise of answers in the March issue! If you feel the need to know, the answers are provided to the right here. If you have recycled your Feb issue, you can always find past issues of Parish Magazines on the church website:

<http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

Across

- 2. CARD
- 4. CANDY
- 9. ADMIRER
- 11. SOB
- 12. CHOCOLATE
- 15. FLOWERS
- 17. LOVE
- 19. SWEET
- 20. BE

Down

- 1. RED
- 2. CUPID
- 3. ROSES
- 5. ARROW
- 6. YELLOW
- 7. VALENTINE
- 8. LACE
- 10. ROMANTIC
- 13. HEARTS
- 14. DOILY
- 15. FEB
- 16. SAINT
- 18. VASE



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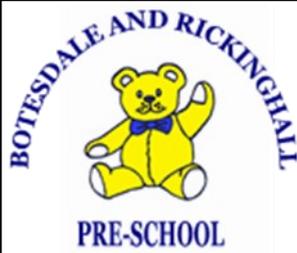
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Pre-school news

If you would like to know more about our pre-school or would like to arrange a visit please contact Karen Hails on 07796 014304.



All about us: We are a registered charity operating on a not for profit basis. We provide care for local children from the age of 2 years and are based at Botesdale Village Hall.

School transition: We work closely with St Botolph's Primary School to assist in a smooth transition for our children to primary school. In the academic year before they start school pre-school children graduate from "caterpillars" to

"butterflies" and our butterflies benefit from specific activities to help them prepare for reception class including focused work on phonics and numeracy as well as regular visits to St Botolph's to join in school activities such as assemblies, PE lesson and lunches.

OFSTED: We were thrilled to receive a fantastic OFSTED report in December 2014 and were very proud to receive particular praise for providing an "extremely calm, relaxed and friendly atmosphere". Please let us know if you'd like a copy of the full report.

This term: Our learning this term has been themed around 'night and day' and we are very much looking forward to our pyjama party later this month when we will all wear our pyjamas all day! We have also been focussing on celebrations including Chinese New Year and Easter.

Committee: As a charity, our pre-school is required to have a committee in place comprising parents/guardians. We are always looking for new members - if you'd like to know more about the committee and how you could help please speak to Karen.

Pre-school's Perfect Playdough: If you are looking for a fun activity on a rainy day why not make your own playdough using our tried and tested recipe? Our children love experimenting with different colours and you could even add glitter to add some sparkle!

Pre-school's Perfect Playdough

2 cups plain flour

2 tablespoons vegetable oil

½ cup salt

2 tablespoons cream of tartar

Up to 1½ cups boiling water

Food colouring

Few drops glycerine

Mix flour, salt, cream of tartar and oil in a bowl and stir continuously until a sticky dough forms.

Add food colouring to the boiling water and then add this to other ingredients. Add the glycerine.

Knead well.

Rainy day fun

G	Y	O
N	U	G
E	S	A

How many words containing three or more letters can you make from the letters in the grid above? Plurals are allowed, proper nouns are not. Can you find the nine letter word?

Feb Crossword

You can find the solution to February's crossword on p35.

Missing Vowels

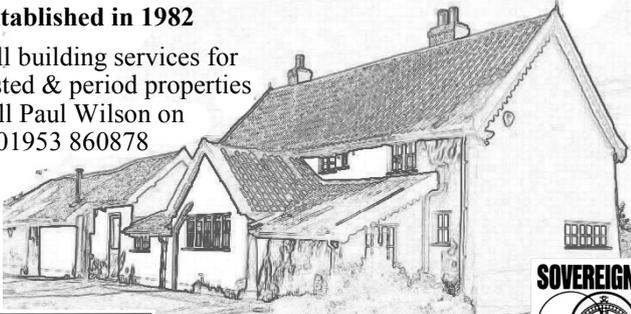
Can you replace the missing vowels to spell out well known TV programmes? The spaces are not necessarily where you would expect them to be!

HL LY K S
M MR DL
A ST N DRS
C RN T N S TRT
HLB YCY
GR N DDSG NS
FL GT
G GH DS
MS TRM ND
THV CK

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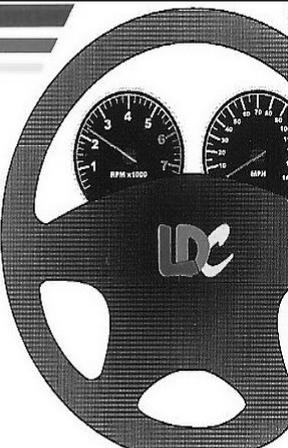
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Future Events

Rickinghall Model Railway Show



Rickinghall
Village Hall
Saturday
2nd May
10am to 4pm

Admission £4 Accompanied children £1

with Diss & District
Model Railway Society

Advance notice

Saturday 11th July

Rickinghall Inferior church



Quatrefoil will be holding a history exhibition which will coincide with the Farmer's market at in the Village hall .

Further details later or contact Jean Sheehan 890237

10 MAY 2015 is approaching and Gardeners of Botesdale are invited to join our Red Cross Open Garden Day.



Midsummer Family Celebration on 20 June 4 p.m. till 9.p.m at Grundle Farm, Wattisfield. Featuring:

- Ceilidh from 6.30 p.m.
- Darling Buds of May Picnic Tea,
- Pied Piper of Hamelin to lead the children through the Hay Meadows.

REDGRAVE & LOPHAM FEN

Sunday 19th April, Plant Sale
10:00am to 3:00pm

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NEIGHBOURHOOD WATCH

CYCLE MARKING MORNING -
Saturday 11th April

Rickinghall Village Hall



There has been an increase in 'Cycle' thefts in the area. In order to protect cycles and to bring awareness to the problem, there will be a 'Mobile Police Station' at the Rickinghall Farmers Market, at the Rickinghall Village Hall, from 9am until it closes, on Saturday 11th April 2015. Police and Neighbourhood Watch Coordinators will be present. As well as cycle marking, there will be security products available to inspect and or purchase. All cycle users please attend with their cycles and all other interested people are warmly invited.

Peter Beck, Local Coordinator , 01379 890495

Attention:

Please note that the following event is due to take place in **March 2015**.

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Readings for Parish Church Sunday Services		
Date	1st reading	2nd Reading
1st March	Genesis 17 : 1-7 and 15-16	Mark 8 : 31 to end
8th March	Exodus 20 : 1 to 17	John 2 : 13 to 22
15th March	Numbers 21 : 4 to 9	John 3 : 14 to 21
22nd March	Jeremiah 31 : 31 to 34	John 12 : 20 to 33
29th March	Psalms 118 : 1 to 2, 19 to 24	Mark 11 : 1 to 11

Rotas	Chapel of Ease		Redgrave		Rickinghall	
	Sidesman	Lector	Sidesman	Lector	Sidesman	Lector
1st March	Mrs J Cordeaux	Mr W Cordeaux	Mr J Robinson	-	Mrs B Foster	Mrs J Bennett
8th March	Mrs C Hilliard	Mrs J Shepherd			Mr R Rixon	Mrs P Rixon
15th March			Mrs D Culley	Mrs S Purdom	Mrs M Self	Mrs J Whitehead
22nd March			Mrs R Walker	Mr J Walker	Mrs J Sheehan	Rector
29th March			Miss A Shorten	Mr L McGrath		
29th March	UNITED SERVICE , PARK VIEW					

Thankyou Neighbourhood Watch

Leslie Brown

Margaret and family would like to thank everyone who gave so generously at Leslie's funeral.

Donations totalled £529.00. £297.50 was given to Botesdale Health Centre and £231.50 to St Mary's Church, Rickinghall Inferior.

Thank you once again.

Rickinghall Annual Jumble Sale

The first Saturday of February saw the annual and very popular Jumble Sale at Rickinghall Village Hall, with enthusiastic Jumlbers queuing to get the best bargains when the doors opened at 2pm.

We had exceptional support from our many volunteer helpers, to all of whom we are most grateful. Our customers found some real bargains, and the £876 profit made was a substantial contribution to village hall funds, and helps to keep down the cost of hall hire. To all who gave items for sale, to all who bought them, to those who took part in the raffle and contributed in other ways, and again to all our helpers, thank you.

Bob Clark, Chairman

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Across Mid-Suffolk, we are continuing to see significant numbers of thefts from sheds and garages, many of which have been left insecure by owners.



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- Purchase and install a simple shed alarm and/or alarm lock
- Upgrade hinges, bolts and window locks
- Mark your property and/or register your property on the free Immobilise service
- If you go on holiday or otherwise leave your house for extended periods – consider moving bicycles/power tools etc., from your shed to inside your house.

Warning to shoppers after purse thefts

Shoppers are being warned to remain vigilant after purse thieves struck in three towns in the west of the county recently. Offences have occurred in Bury St Edmunds, Stowmarket and Sudbury.



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Parkview Chapel — March

Sundays 10.00 am Communion
11.00 am All Age Worship

Between these 2 services, from 10.30am – 11am, tea and coffee are served.

Tuesday 10th March 9 am – 12 noon 'Coffee on the Corner'
Thursday 2.00 pm Ladies meeting (Praise Hour) on 5th and 19th

Thursday 19th: 7.30pm Crafty Corner – time for those pastimes that you don't ever have time for. Bring your craft projects and spend an evening working at it in company.

Saturday, 28th March: 7pm Quiz night with Fish & Chip supper. Phone for tickets.

Also regular activities for children and young people.

Phone 01379 898924 or 783216 for more details.

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PYP

School Years 9 - 13
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CROSSTRAX

School Years 6 - 8

Mondays 7.00 pm - 8.15 pm

JUNIOR FRIDAY CLUB

School Years Reception - 6
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SENIOR FRIDAY CLUB

School Years 7 - 11
Fridays 7.30 pm - 9.30 pm

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898924

Botesdale Methodist Church

Sunday Services at 10.30 am unless otherwise indicated.

Sunday Club is at 10.30 am. All children are welcome to join the Club's activities.

1st March Rev Ken Nicholls

8th March Rev Edna Buggey

15th March Rev Colin Hough

22nd March Rev B Trudgian

29th March United Service

Holy Communion

Church Anniversary and Anniversary lunch

Parkview Chapel

Bible Study Alternate Mondays at 10 am

Christian Forum Tuesday, 3rd March 7.30 pm: Work of an Agricultural Chaplain
George Frost

Women's World Day of Prayer Friday 6th March 2 pm at Parkview Chapel

Wives Group Wednesday, 18th March 2.30 pm: : **59th Anniversary Lunch**

Coffee Morning Saturday 28th March : 10 am til 12 noon

Lent Course 4th, 11th, 18 and 25th March continues at All Saints, Redgrave



Café Church – not like church at all

Café meets on Sundays at 10.30 in the Redgrave amenities centre. In that it is similar to other churches but there the similarity ends. It is for everyone, whatever their faith, who wishes to explore Christianity has to offer and how it works. It operates mainly on an interactive talk on whatever subject anyone cares to raise thus you can set the agenda. We don't have the recognised trappings of church in the way of set prayers, hymns/singing and so on. We do have coffee and refreshments.





**All Saints
Redgrave**



**St. Botolph's
Botesdale**



**St. Mary's
Rickinghall**

1st March '15 **2nd Sunday of Lent**
8:15 St. Botolph's, Botesdale BCP Communion



10:30 All Saints, Redgrave
All Saints Altogether
*An interactive service for people of all
ages starting with coffee*

3.00pm St. Mary's, Rickinghall Evening Prayer

8th March '15 **3rd Sunday of Lent**
8:15 St. Botolph's, Botesdale BCP Communion



10:30 St. Mary's, Rickinghall
CW Communion with the children and
young people starting in Rickinghall Vil-
lage Hall for "Footprints"

15th March '15 **Mothering Sunday**
8:15 All Saints, Redgrave BCP Communion



10.30 St Mary's, Rickinghall
Worship Together with Baptism
*An informal and interactive service for
people of all ages*

22nd March '15 **5th Sunday of Lent**
8:15 St. Mary's, Rickinghall BCP Communion
10:30 All Saints, Redgrave CW Communion



10.30 Messy Church in Botesdale
Village Hall starting with "Coffee &
Cake" & followed by crafts, songs,
stories and fun for all ages.

29th March '15 Palm Sunday
8.15 All Saints, Redgrave BCP Communion
10.30 United Service, Parkview Chapel, Botesdale

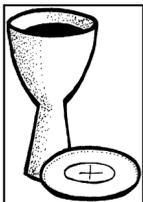
5th April '15 Easter Day — He is risen!
8.15 St Mary's, Rickinghall BCP Communion
10:30 All Saints, Redgrave Family Holy
Communion



Tue. 3rd March 10—12noon
"Open House" at All Saints
For coffee, cakes and chat



Thurs 12th March 7.15pm
"Spearhead" A time of worship and
prayer for revival here in this area.



Wed. 4th March. 10.00am
Albert Close Holy Communion
Thur. 19th March. 9.45am
Farnish House Holy Communion
*These services are open to
everyone, and follow the order
of BCP*



Thur. 5th March 7.15pm
The Rectory, Rickinghall
Tues. 17th March 7.15pm
All Saints, Redgrave
*A time of prayer for the work of
the church in the community.*

(Book of Common Prayer)

"Together in these villages we offer Christ's healing grace through our worship and service."
For more information: Revd Chris Norburn 01379 898685