

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

February 2015



How many hearts can you spot in this picture of a Valentine's Day feast?

Colour in the picture too.

Rev'd Chris Norburn

Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior



Rev

Have you ever looked forward to something and when it happened, it was so much more than you anticipated? Maybe this was your experience at the time of your marriage or the birth of your first child. This was somewhat like the experience of David Livingstone, the explorer and missionary to central Africa in the mid-1800s. In his journal he tells about his discovery of the Great Falls, which he named the Victoria Falls and what that experience meant to him. He said he could never explain the splendour that fell upon his soul when he looked on the falls for the first time. He knew that what was before him was far beyond his wildest imagination.

This is exactly what happened to Simeon and Anna, two Biblical characters we come across in Luke's Gospel (the third book of the New Testament) chapter 2 verses 21-40. Simeon was a devout layman, filled with the Holy Spirit. The Spirit had told him that he would not die until he had seen the Messiah for whom he had prayed so long. Anna had had only seven years of married life before her husband died. Then as a widow, (we are told she is now 84!) she spent all her time worshipping, fasting and praying in the temple. She was not bitter, instead trusting in God she lived faithfully and expectantly. We're told that Anna was a prophetess; that is, God sometimes spoke through her, and it appears that the people recognised that God inspired her.

Then Mary and Joseph arrive at the Temple carrying Jesus, an 8-day-old baby. They came to have him circumcised and to offer a gift to God for him, as the Jewish law required. I don't know how the Holy Spirit made it clear to Simeon and Anna that this particular lower-class couple from a small town like Nazareth was carrying the Saviour of the world. But I do know that the expectancy of Simeon and Anna was vitally important. If they had not been expecting the Messiah, they would never have met him.

Feeble old Simeon lifted the baby in his arms and declared, "Lord, now I can die content, for I have seen the Saviour of the world." The joy of Simeon's discovery exceeded his expectations. I'm sure Simeon did not know that the child he held in his arms was to have such a dramatic and forceful impact on the course of human history. But he did know that something great and significant was taking place and he was part of it.

Luke tells us that Simeon and Anna lived in Jerusalem and were among those who looked expectantly for God to come in power to save his people. Simeon and Anna believed that a God who can save would not leave the chosen people forever empty. And so they did what they could, they waited. They waited because they believed in the promises God had made in Scripture that told them the Messiah would come. Scriptures such as Malachi 3:1-5.

It is never easy to wait for anything of importance, so it's no easier to wait for God. The demands can be so great; there is always the temptation to transform waiting for God into something else...something less. But Simeon and Anna didn't do this, they waited out of a strong sense of trust, loyalty and faith for they stuck to the task that God had set them, and this despite the hardships and disappointments they had faced in their lives.

show us that waiting for God is not like sitting in a darkened theatre, idly waiting for the play to begin. No, waiting for God is more like waiting for an honoured guest to arrive at our home. There is much work to be done; everything must be made ready. Every sweep of the broom, every swish of the duster, and every moment in the kitchen toiling over the stove, every setting of the table is done in anticipation of the needs and wishes of the one who is to come.

Simeon and Anna were waiting for God to come, not in passive waiting. Simeon was full of devotion and did what was just. Anna kept the lights burning at the Temple with her ceaseless worship and prophetic words. In their waiting they did what they could. They are wonderful examples of faith because of their trust in God's promises, promises that they lived out in their daily life. And they showed great loyalty towards God, and in the end their faith must have received a tremendous boost when Mary and Joseph arrived that day carrying a tiny baby. God more than fulfilled their expectations that day.

May that be our experience now, at the beginning of this new year. May we, in faith and trusting God's promises expect and then recognise the Messiah, Jesus Christ, coming to us in all the situations and all the places we find ourselves in our daily lives. In this we will know God's blessing upon our lives and know the strength of Jesus Christ equipping and empowering us through the Holy Spirit to live our lives for and to the glory of God.

With every blessing for a prosperous, joyous and peaceful year.

Chris Norburn.

From the Registers :

12th December 2014 : Interment of ashes, Mrs Dianne Moore at Rickinghall Inferior
12th December 2014 : Funeral of Sidney Seeley. Died 1st December 2014, aged 76 years, followed by burial in Redgrave churchyard
6th January 2015 : Funeral of Leonora Kathleen Amps. Died 19th December 2014, aged 79 years, followed by burial in Rickinghall Inferior churchyard
13th January 2015 : Funeral of Beatrice "Molly" Violet Williams at Botesdale . Died 30th December 2014 aged 96 years followed by burial in Redgrave churchyard



PARISH MAGAZINE—MESSAGE FROM THE EDITORS

As the first issue that we have produced in 2015, we'd like to wish you all a happy, healthy year in 2015. The year promises to be one of change for the Parish Magazine as we seek to identify a sustainable way for the magazine to continue in its present form. We are delighted to have received a number of enquiries in response to our call for 'Friends of the Magazine', which we hope to follow up as soon as this issue has been sent off to the printer! If any of you have even an inkling of interest in how you might support this collective endeavour, please don't hesitate to get in touch. In particular, if any of you have a keen eye for detail and could help with proof-reading the magazine before it is sent to print, we would very much welcome your inputs.

This issue is built around a Valentine's Day theme. For the first time since we took over from Charles & Lesley, we have not struggled to squeeze in all of the content that has been submitted. We hope you enjoy the 'space and time fillers' that we've chosen, and we very much welcome any suggestions for similar content for future issues. The more that the magazine can reflect inputs from the community, the more interesting it is (and the easier it is to put together!). Please use the following channels to keep in touch with us:

For all editorial content:	editor@rbrparishmag.com
For all commercial adverts:	adverts@rbrparishmag.com
To advertise events:	events@rbrparishmag.com

If you are unable to use email, you can call **01379 671225**. NB: Please leave a message if there is no answer.

Please note that **the copy dates for the forthcoming issues are as follows:**

For the March issue: 11 February (Weds)

For the April issue: 11 March (Weds)

For the May issue: 15 April (Weds)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, Basildon Bond, Back of an envelope. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes, The Parish Magazine Volunteers

ERRATA & APOLOGIES

Please note the following errors and omissions from the December/January issue of the magazine:

- Detail on events and activities at the December Farmer's market was omitted from the Farmer's Market advertisement. Apologies.
- The magazine received two phone messages from a female reader, asking for a note to be included wishing friends and colleagues a Merry Christmas and to notify that, in lieu of sending Christmas Cards, she would donate the money that would have been spent on cards and postage to charity. Unfortunately the name of the caller was unclear and so it was not possible to include the note as requested. Apologies.

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Changes to June Telephone List

Page S1 Redgrave Parish Council: Please delete all references to Councillors Jackie Moss and Ian Baird as they have resigned. ADD new councillor : Neil Smith. Tel : 897213

Page S2 Botesdale Village Hall: Delete reference to Mrs Ann Catlin as she has retired. ADD : Treasurer Mr William Sargeant. Tel : 890138

Against Methodist Church, delete reference to Mrs Ann Catlin as Senior Steward as she has retired. Add : Acting Senior Steward Mrs Rita Petherwick. Tel : 890 747

DELETE all reference to the Forget-me-not-Club as this has now closed.

Page S3 DELETE all reference to The Royal British Legion, Botesdale Branch (Men's Section) as this has now closed.

Page S4 New contact details for Wednesday Ladies Club: Please delete Lee's information and replace with Mrs Gill Bryant.

Tel :898 467





Cakes For All Occasions by Sharon Castro

Bespoke hand-made wedding, birthday, anniversary and special occasion cakes made to order. Choose from rich fruit cake, various flavours of light sponge or the more unusual refrigerator cakes. Also gluten/wheat free cakes can be supplied. I can copy any style of cake you may have seen or help you decide on the right cake for your special occasion. Sugarcraft is my speciality and if you choose flowers for your cake these are hand made to match your colour scheme. Fresh or silk/foam flowers can also be used to decorate your cake.

I am based in Badwell Ash and deliver throughout East Anglia.

Contact me now on 0800 024 8540 or email me on rcastro3jg@btinternet.com for an instant quote or to make an appointment for a no-obligation wedding cake consultation.

See my website for more details and photographs of previous work at www.sharoncastro.co.uk



HIGHWAYS
FINNINGHAM ROAD
RICKINGHALL, DISS.
**RARE BREED
GLOUCESTERSHIRE OLD
SPOT PORK AND BACON**

TRADITIONALLY REARED OUTSIDE ON OUR SMALLHOLDING IN RICKINGHALL

LARGE OR SMALL QUANTITIES AVAILABLE FROM THE FARM GATE OR AT RICKINGHALL FARMERS' MARKET

CHRISTMAS ORDERS NOW BEING TAKEN FOR TURKEY, CHICKEN, GAMMON, FRESH PORK & LAMB. PLEASE RING.

**FARM BUTCHERY NOW OPEN : MON - FRI : 9AM - 3 PM
SATURDAY : 2 - 5 PM**

PHONE/FAX 01379 898357. MOB: 07887 668445

**Special cakes
for
special celebrations**

Jean Barker

01359 241135

www.amazingcakesbyjean.co.uk

**Gail
Jackson
Catering**

Quality homemade food
for all occasions
large or small

For sample menu or
informal enquiry
call Gail

**01379 668 186
07503 181 136**

Farm Shop * Delicatessen * Bakery * Nursery

There is always something new to look at when you visit Hillcrest

flowers * flowers * flowers * flowers
ROSES, ROSES & ROSES
READY MADE BOUQUETS
PLANTERS & BASKETS
BOUQUETS MADE TO ORDER
flowers * flowers * flowers * flowers

*** OPEN IN *
FEBRUARY
7 DAYS
A WEEK**

**NOW AVAILABLE . . .
SEED POTATOES & ONION SETS
BARE ROOTED HEDGING
FRUIT & ORNAMENTAL TREES**

Fruit & Veg, Meat, Bread, Eggs, Milk & so much more - Open 7 days

Hillcrest Nurseries Ltd * Barningham Road * Stanton * Bury St Edmunds * Suffolk * IP31 2DU
Tel: 01359 250 327 * Fax: 01359 252 307

**The Bell Inn
Rickingham**

Your local village
Hotel, Restaurant & Bar

01379 898445

Under New Management

Bar
Open All Day Every Day
Breakfast Served Daily
7.30 am - 10.00 am

Finest Local Food Served Daily
Mon-Sat 12 noon - 2.30 pm & 6.00 pm - 9.00 pm
(Friday & Saturday to 9.30 pm)
Sunday Roast served all day

New Chef & New Style of Food—come and visit us
www.thebellrickinghall.com

**SUNNYSIDE
Farm Shop**

Home grown seasonal
fresh fruit, vegetables
& eggs etc.

Stowmarket Road
Rickingham
Tel: 01379 898 219

Open: 9 - 5.30
Monday - Saturday
9 - 1.00 Sunday

CROSS KEYS, REDGRAVE
IP22 1RW
01379 898510

Friday—Fresh
Fish day and
Saturday Steak Deal

Tuesday and Wednesday evenings
and Sunday lunch 2 courses £10.00
Thursday Curry and a Pint £11.00

Redgrave Community Shop

Probably the smallest community shop in
Britain ... but surprisingly well stocked!

www.redgraveshop.co.uk 01379 898848

The butcher, the baker, the farm shop, the dairy,
They all supply Redgrave Shop!

Please support us and our
local suppliers

Newspapers and general
Groceries

Orders taken

Opening Hours

Mon - Fri	8:30 - 1:00pm 3:30 - 6:00pm
Sat	8:30 - 1:00pm
Sun	9:00 - 11:00am



Beautiful Flowers
for all occasions

Local & National Delivery
Open : Monday - Saturday

Chilvers, Market Place
Botesdale

01379 897245
www.attheflowerhut.co.uk

COUNTRY BEAUTY Professional Beauty Therapy

June Frost
Dermologica Facials
Jessica
Manicure & Pedicure
Electrolysis & Waxing
Aromatherapy
Indian Head Massage
Hopi Ear Candles
Eye-lash Tinting
Brow Shaping

GIFT VOUCHERS
for that special occasion
NEW Tel. 01359 230152
m. 07909 561321



ASSOCIATION of
REFLEXOLOGISTS

ELAINE BROWN
Holistic Massage / Reflexology
Manicure / Pedicure
Spray Tanning / Sugaring
Facials / Facial Massage
Eyelash & Eyebrow Tinting & Eyebrow Shaping

The ancient Egyptian art of sugaring (similar to waxing) uses a paste of natural ingredients to remove hair. The process has been refined and modernised and it is a good alternative to waxing, providing a long lasting finish.

Tel: 01379 788 904
Mob : 07 894 255 613



Experienced Reflexologist in Rickingham

A good all round treatment which may help conditions such as : hormonal problems, digestive problems, people living with cancer and long term debilitating illnesses, breathing disorders, stress & anxiety, pregnancy and many other ailments.

Lisa Howlett MBRA
(Qualified 1999 Bayly School of Reflexology)

Also offering Indian Head massage and Hopi Ear candle treatments,
Full client confidentiality assured

For more information and advice or to book an appointment
please call Lisa on
07989 565210 or 01379 898028

DISS FOOT CARE

Foot care in the comfort of your own home

Sherralyn Blakely TCFCP dip
Foot care specialist

Friendly and professional service

Nails cut
Hard skin removed
Calluses, corns, fungal nail, ingrown nails treated



Call for more details : 0787 664 8667



*We hope and trust that your visit to
the practice will be pleasant & relaxing*

We are a small private dental practice providing treatment in quiet, calm and comfortable surroundings. This allows us to give you **individual and personal attention**, plenty of time and an excellent service. We would like to treat everyone as we would like to be treated ourselves.

GENERAL DENTISTRY • CROWN/BRIDGE WORK
ROOT CANAL TREATMENT • DENTURES
• TOOTH WHITENEING • IMPLANT DENTISTRY
• ORTHODONTIC TREATMENT



Call our friendly staff for an information pack 01379 897176 www.botesdaledental.co.uk



Aisling Practice

I offer both a safe mobile service or a comfortable room in my house for counselling clients

There are always challenges in life : bereavements, loss, trauma, anxieties, relationship issues, low self esteem, confidence issues, abuse. Sometimes one needs time out, one needs to find peace within oneself, one can feel lost, experience loneliness and need a safe place to explore our feelings. A time for you. I will offer support, empathy, congruence throughout your journey. Sample my evening tranquil setting with candles or during the daytime.

Call Jill 01379 897055 or 07800 639141 MBACP, Dip, BA (HONS)
Counselling Studies. CRB checked. Rates may be negotiated.

Traditional Chinese
Acupuncture
Restores Your Health

Deborah Ellis
LicAc M.B.Ac.C

25 years experience

01379 651553

The Paddocks
The Green
Palgrave

THE HOMECARE SERVICE
WHERE

PEACE OF MIND
COMES AS STANDARD

For more information
please call:

01473 381545

A service from
Prestige Nursing

www.prestige-nursing.co.uk/home



Are you looking for
Live in Care?

Or just need extra
help around the
house?

For yourself or
someone else?

Call 01379 641 250
Sunrise Healthcare

Yoga with P

For times and
locations of classes
please contact

Pieterella on
01379 890955

pieterella.jarvie@gmail.com

February Events

REDGRAVE & LOPHAM FEN

Enquiries or to book : 01379 688333

Guided fen walk

Saturday 7th Feb, 10.30am - 1pm
Enjoy the sights and sounds of the Fen with enthusiast and naturalist John Hill.
£3 Meet at the Education Centre, no booking required.

Jam masterclass

Sunday 8 February, 10am - 3pm
Join local master jam maker, Janet Peachey, to learn how quick and easy it is to make jam and preserves, and use a variety of fruits to create different flavours.
£25/£21.50 + £7.50 on the day
Booking essential 01473 890089

Find out about volunteering

Wednesday 11 February, 10am - 12noon
Find out about volunteering opportunities Just drop in.
No experience necessary.

Skulls & skeletons activity day

Tuesday 17 February, 10am - 2pm
Activities, games and crafts.
For 6 - 10 year olds : £6 each
Booking essential 01379 688333

Bird box building family afternoon

Wednesday 18 February, 2pm - 4pm
Make a nest box and bird feeder to take home.
£5 per bird box
Booking essential 01379 688333

'The wildlife & landscape history of the south Norfolk claylands' a talk by Helen Baczkowska of Norfolk Wildlife Trust

Tuesday 24 February, 7.30pm
Organised by the SWT Valley Fens Wildlife Group
£2 per person (includes refreshments)
All welcome, no need to book



WILDLIFE WATCH GROUP at Redgrave Fen

10.30 am to 12.30 pm

Saturday

14th February

A club for 6-12 year olds.
Nominal charge of £1.00 to cover costs and refreshments.

Tel : 01379 688333 for further information.



For more information on the events go to :

www.suffolkwildlifetrust.org/reserves-and-visitor-centres/redgrave-lopham-fen/

Redgrave Garden Club

Thursday 26th February
SPRING DINNER

7.:00 for 7:30 pm start

at

Fayre View Restaurant , Diss

Enquiries / information from : Chris Giddings on 01379 890548
www.redgrave.org.uk/redgrave-garden-club



St Botolphs & District Bowls Club

VALENTINE SUPPER

Saturday 14th February at 7.30 pm

The Bowls Club

Fen Lane, Rickinghall

Raffle

All welcome



Botesdale Methodist Wives club

18th February at 2:30pm
ANNUAL GENERAL MEETING

With

BRING and BUY stall
Methodist Church, Fen Lane

QUESTIONS ABOUT CANCER? Drop-in: Macmillan Cancer Support - Botesdale Health Centre, Back Hills, Botesdale. No appointment necessary.

- Wednesday 4th February
- Wednesday 4th March

If you would like any information about cancer, caring for someone with cancer, financial support etc, then come and see us or call the Information Centre on (01284) 713023.



HERITAGE CIRCLE
www.onesuffolk.co.uk/HeritageCircle
RICKINGHALL VILLAGE HALL
WEDNESDAY 25th February
At 7.30 pm
Lucky is the name—The story of a Suffolk farming as told by Alf Burrows
With
PIP WRIGHT
New Members and Guests Welcome
Refreshments *Raffle*



Photographer and Photographic Restoration Service

Old & faded photographs restored
 Scratches & rips repaired ~ Stains removed
 Montages ~ Special effects ~ Colour restoration
 Enlargements (up to A3) ~ Reduction (to locket size)
 All photographs reprinted on the very highest quality photo paper
 Reproductions can be done from prints, negatives, slides, glass plates and digital images
 Home collection / delivery in local area
Contact: Sheila on 01379 890297 or Justin on 07799 260474

EMMA EDWARDS PROFESSIONAL HAIRDRESSING

- The salon experience in your own home.
- Fresh, creative approach to mobile hairdressing.
- Former salon owner bringing with her years of experience.
- Dedicated to customer satisfaction.

Evening appointments available.

To make an appointment call Emma on **07900 683649**

Enquiries: Jill on 01379 897055 or 07800 639 141 Start date



ZUMBA
fitness

A great way to have a fun workout and enjoy exciting Latin sounds.

Fridays	@ 10am	Palgrave C Centre	17 October
Sundays	@ 6pm	Rickinghall VH	19 October
Mondays	@ 10am	Wattisfield VH	20 October
Tuesdays	@ 6pm	Rickinghall VH	21 October

All classes £6 per session (2 in same week £10)



**FIT
STEPS**

This is an exciting dance craze, which will keep you fit, shape your body, burn those calories and gives the opportunity to learn dances such as the Cha Cha, Charleston, Quick Step, Tango, Jive and Waltz.

Suitable for people of all ages and ability, and, what's more, you don't need a partner!

Thursdays	@ 6pm	Rickinghall VH	16 October
Mondays	@ 7pm	Garboldisham VH	20 October

CUT ABOVE

Ladies & Gents hairdressing
and beauty.

The Street Rickinghall

Open Tuesday-Saturday

TEL .01379 890647



Yoga at Botesdale Village Hall

Tuesdays 7.15 pm—9.15 pm

Term time only
Join any time!

All abilities welcome
£42 for each block of 6 weeks

For more information
please ring Julie on
01359 221655
or email
juliedyoga@msn.com

**SINGER AVAILABLE FOR YOUR FUNCTION
LARGE OR SMALL**

I can also visit your home for parties and family gatherings

20's, 30's, 40's and
All Time favourites
Old Time Music Hall
(in full costume)
or a mixture of both

Tel: Gill on 01449 781 375
www.gillnicholls.co.uk



English Tutoring

Need to boost your child's literacy skills?

Are they preparing for Key Stage 2 or 3 SATS; GCSE English Language, English Literature or Media Studies; A Level Language or Literature?

One-to-one (or small group) English tutoring available from an honours graduate with over 20 years teaching experience.
For more details, please call Sue on 01379 890539 (eves) or 07926 172066.

(CRB checked. References available, on request.)

LEARN FRENCH in Kenninghall

With experienced Teacher
(native speaker)

ADULTS AND CHILDREN
All levels, emphasis on speaking

Individual tuition
or group tutorials
telephone or Skype tuition
veroniquegordon@gn.apc.org
www.lefrancaisenchante.com
Tel : 01953 887 521



P J Music

Wayside Cottage, Chapel Lane,
Botesdale, Diss, Norfolk,

Music Books, Instruments and Accessories

Recorders, Guitars, Ukuleles, Music Stands, Violins,
Tuners, Strings, Tutor Books, Easy Tune Books,
Country Dance Books, Amplifiers, Leads, Plectrums.

Guitar Lessons Beginners to Advanced

E-mail - pjmusic@btinternet.com

01379 890088 – 07968 687011

English Tuition from an experienced, qualified tutor

Sessions are tailored to meet individual needs and improve grades from Key Stage 2 to GCSE
For an informal chat contact Deborah Vass:

01379 642219

07979730199

deborahjvass@yahoo.com

February Events

QUIZ NIGHT WITH FISH AND CHIP SUPPER

FRIDAY 20TH FEBRUARY 2015

RICKINGHALL VILLAGE HALL

DOORS OPEN FROM 6.30pm FOR 7.00 pm QUIZ START

Supper at approx 8.00 pm

RAFFLE ~ LICENSED BAR

(please support the bar provided and do not bring your own drinks)

BRING A TEAM OF 6

OR COME AS INDIVIDUALS AND JOIN OTHER TEAMS

ADMISSION BY TICKET ONLY

£8.50 TO INCLUDE FISH AND CHIP SUPPER
OR VEGETARIAN ALTERNATIVE (please advise)

TICKETS AVAILABLE FROM :
JEAN SHEEHAN 01379 890237
or RICKINGHALL POST OFFICE



IN AID OF RICKINGHALL INFERIOR CHURCH FABRIC FUND

RICKINGHALL FURTHER EDUCATION GROUP

RFEG is pleased to announce the return of Roger Simpson, who comes to deliver our next 10 week course, entitled "10 Georgian Paintings, or the Englishness of English Art".

Roger says "... Georgian painting, examining the palpable excitement of a nation's discovery of the potential of visual art. Morality, science, satire, a new spirituality, the English landscape and the humble portrait were all translated via a particularly English sensibility. The course will consider what amounts to the birth of modern English art; from Hogarth and Rowlandson we will see the influence of the great satirical tradition on our art; Joseph Wright and the Industrial Revolution; Stubbs and the English parochial tradition; the Royal Academy and the Grand Tour; Arthur Devis and the aspirational middle class; Blake and mysticism; Constable, Turner and Romanticism."

The course starts on Thursday 15 January 2015 at 2pm in Rickinghall Village Hall. The lectures last around two hours, with a break mid-way for refreshments. We also have a break at half term on February 19th.

Regular attendees will remember Roger delivering a fascinating course a couple of years ago when he introduced and explained 10 Victorian Paintings. We are delighted he is returning.

Cost for the course will be around £40. If you'd like to know more, or if you think you'd like to come, do please telephone either Janet Swann on 01379 783624 or Sue Emerson on 01379 897010. Sue can be emailed on emerson500@btinternet.com.

There is pre-course work, no homework and no examination!

Jumble Sale

Annual Grand Jumble Sale

Saturday 7th February 2015
at 2 pm in Rickinghall Village Hall.

As always ... Refreshments, Raffle and Tombola, so come along for the first bargains of the season!

Admission only 20p.

Enquiries to Pam on 01379 898525.

Proceeds to Rickinghall Village Hall. Charity No : 1031063

Valentine Farmers' Market Rickinghall Village Hall

Saturday 14th February : 09.00 to 12.30

FREE PRIZE DRAW
for a hamper full of
QUALITY LOCAL PRODUCE
from our stall holders



One free ticket for each adult visiting the Market
Extra tickets only 50p each : Draw will be at 12.15

The Swan Nursery School

Est. 1990



Hall Lane, Roydon

- +++ **Dedicated & highly qualified staff**
- +++ **Excellent Ofsted report**
- +++ **A friendly learning environment**
- +++ **1 to 4 or 1 to 5 Adult / Child ratio**
- +++ **Full day care and sessional care**
- +++ **Beautiful country garden setting**
- +++ **Large outdoor play area**
- +++ **Vegetable plot & Butterfly garden**
- +++ **Funding for all 3 and 4 year olds**

For more information contact:
Michelle Bowgen 01379 644588



PRE-SCHOOL

For all children aged 2 to 5.
We provide an exciting range of indoor and outdoor activities to ensure each child enjoys a stimulating learning experience supported by caring, highly qualified staff.

Exclusive access to Woodland area for exploration and adventure!

Consistently excellent Ofsted reports.

Sessions available Monday to Friday
9.05am-3pm
£2.45 per hour

Contact Karen Hails
07796 014304 (am) or
01379 898868 (evening)
www.botesdaleandrickinghallpre-school.co.uk

Registered Charity no. 1022795



Registered Charity
1142955
OFSTED Registration
EY445021



BIG LOTTERY FUND

LOTTERY FUNDED

Botesdale Breakfast and After School Club

OFSTED Registered
www.botesdale-after-school-club.org.uk

Providers of wrap-around quality affordable childcare for children aged 3 - 11 years of age. Term time only with consistently excellent OFSTED reports.

The Clubs provide a safe, fun and social environment with qualified, experienced and caring staff. We offer a wide range of indoor and outdoor activities (weather permitting), including games, Lego, k'nex, arts and craft, IT and quiet area, play station and Wii.

Children are collected daily from St Botolph's Primary School.

We also provide a drop off and collection service for the following schools : Mellis Primary School, Wortham Primary School, Gislingham Primary School and South Lopham. There will be a small additional charge for this service.

Our fees are as follows :

Breakfast Club	£5.15 per session
After School Club	
3.30 pm - 4.30 pm	£3.50 per hour
3.30 pm - 5.30 pm	£7.00 for 2 hours
3.30 pm - 6.00 pm	£8.25 for the session

For further information please contact Paula or Bridget on
07952 961285 or 07758 102043

Rabbats

A baby and toddler group for parents and pre-school children



Rickinghall Village Hall
Every Thursday
9.30 to 11.30 am

Come along and join us

For information call
Kath on 01359 250594

or email us at
rabbats99@yahoo.co.uk
www.onesuffolk.co.uk/llandbotesdalebt

Kevin J Cross

Antique Furniture Restorer
& Cabinet Maker

(New & old work undertaken)

Colt Lodge
Dunhill Lane
Hepworth IP22 2QB

Contact:
07799 640 153



Restoration of Fine Antique Furniture

Restoration or conservation is carried out sympathetically using traditional materials wherever possible.

Gilding

Veneering

French polishing

Leather Desk Inserts & many other restoration processes

Local collection service

Please contact Roger Castro on 01359 259643

February Events

Christian Institute

The Christian Institute is a Christian charity committed to upholding the truths of the Bible in the modern world.

Meeting : Protecting Gospel freedom

Diss Baptist church
Denmark Street

Tuesday 10th February
7: 30 pm

Speakers will cover many issues that threaten to undermine those with a Christian faith, and will encourage Christians to be confident and discuss ways to make a stand.

United Parish of Redgrave cum Botesdale with the Rickinghalls Lent Course

Wednesdays 25th February to 25th
March
7:30 til 9:15 pm



Have you ever wanted to read the bible but never got around to it.

The Story is an abridged chronological Bible that reads like a novel with the Scriptures woven together into one story.

The 2015 Lent course will explore **The Story** over five weeks

**ALL SAINT'S CHURCH (mission room),
REDGRAVE**
Everyone welcome

Club News

BARWOODS

Botesdale and Rickinghall
Community Woodlands



ANNUAL
GENERAL
MEETING

Monday 16th February 2015
at 7.30 pm

In the Function Room of the Bell Inn, Rickinghall
All Welcome

Royal British Legion Women's Section

Royal British Legion – Women's
Section, Botesdale Branch



Thirteen members attended the Christmas meeting when cards were exchanged and sherry and mince pies enjoyed.

Members were pleased to hear that the branch had been awarded a Needlework Small Branch Certificate of Merit. Seventeen individual needlework certificates were also awarded.

The next branch event will be lunch at the Park Hotel, Diss in February.

Valentine's joke #1

Q: What did the stamp say to the envelope on Valentine's Day?

A: I'm stuck on you!

WOULD YOU LIKE TO ADVERTISE IN THE MAGAZINE?

We are considering the possibility of creating space for two additional pages of adverts. We need to know whether there is demand to fill this space. So we're reopening the waiting list for adverts in the magazine. If you think you might be interested, please get in touch by sending an email to adverts@rbrparishmag.com or calling on 01379 671225.



Priory Antiques

Vintage - Salvage - Collectables
Botesdale

Priory Antiques is always
interested in purchasing items

Full or part clearance

Tel: 07925 859355

Email: info@prioryantiques.com

www.prioryantiques.com

Essential Interiors Bespoke Curtains and Blinds

*Free design consultation in your home
A complete made-to-measure and installation service
A comprehensive range of fabrics,
trimmings, poles and accessories
Upholstery, Pelmet & Soft Furnishings
Wooden Venetian Blinds & Velux/roller/vertical blinds*

Please contact Kate Bowden

On 01379 897252 kate.bowden@essential-interiors.co.uk

www.essential-interiors.co.uk

Orchard House, Bells Lane, Hinderclay, Norfolk, IP22 1HW

Rooms with a View

Fabrics and Interior Accessories
Handmade Curtains and Blinds

Jane Churchill, Colefax, Vanessa Arbuthnott
& many more

Farrow & Ball and Little Greene
paints and wallpapers

For a friendly service, visit our shop at
5 St Nicholas Street, Diss. Tel. 01379 640220
or shop online at
www.roomswithaview.co.uk/shop

INTERIOR DESIGN & SOFT FURNISHINGS

NEED A Grand Design?

WANT TO RENOVATE OR
EXTEND YOUR HOME?

- WE GUARANTEE WE WILL BEAT ANY GENUINE QUOTATION
- FREE CONSULTATION
- FULL DESIGN PLANNING FOR COUNCIL APPROVAL
- BUILDING REGULATIONS
- PROJECT MANAGEMENT WHILST ON SITE

CALL US NOW ON

01359 232507

LEWISMN@TESCO.NET

5 HEATHER CLOSE, THURSTON, BURY ST EDMUNDS, SUFFOLK IP31 3PX

DOROTHY SINFIELD UPHOLSTERY

Vine House, Church Hill, Hoxne,
Eye, Suffolk. IP22 5AT.

**THAT CHAIR, SETTEE,
CURTAINS/BLINDS,
CUSHIONS -
ANY TYPE OF SOFT
FURNISHINGS/
UPHOLSTERY**

**FOR PERSONAL ATTENTION
CALL 01379 668545**



the Tidyteam

An independent and experienced
team who can provide ... short
notice, evening and weekend
cleaning services to landlords,
agencies and private households.

Fully insured, fast and fastidious.

**Please contact the Tidyteam on
07847 437375 or 07769 260739**

Spring cleaning ... Catastrophes
End of tenancy

Turrell

Cleaning Services

- Carpet & Upholstery
- Window Cleaning
- Office Cleaning
- Fire & Flood Damage

Tel & Fax: 01379 687751
Mob: 07801 398247

martinturrellcleaning@aol.com
www.turrellcleaningservices.co.uk

A
L
T
E
R
N
A
T
I
V
S
E
R
V
I
C
E
S

I have been established
nearly 20 years and
offer a thorough window
cleaning service for
households. Give me a
try and see the results -
get your windows
pristine clean.

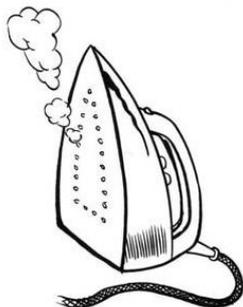
Call Nigel on
07775 858 052

P R E S S E D - T O - G O

FAMILY RUN IRONING
& DRY CLEANING SERVICE
BASED IN ROYDON

ESTABLISHED 9 YEARS

COLLECTION & DELIVERY



PHONE KAREN FOR DETAILS 01379 652767

Need a hand? - Here I am!

Do you ever think 'If only I had help with...'

- Domestic Cleaning
- General tidying
 - weekly, fortnightly, monthly,
 - Parties/Barbeques
- Visitors coming — all those extra jobs
- Moving house — packing or unpacking

Mrs P

Flexible hours
References available

**Then why not telephone me on 07720 841 271
to see what I can do for you.**



Botesdale Parish Council



Leeann-Jackson-Eve

December Report

Apologies were received this month from Claire Appleby and Mike Bishop.

Public Forum: The meeting was attended by our District Councillor, Sara Michell, who gave contact details for the Brome Household Waste Recycling site as www.crispinrecycling.com or crispinrecycling@gmail.com.

County Councillor Jessica Fleming talked about reporting highway defects and drainage problems at <https://secure.suffolkcc.gov.uk/customerservice/CSD/SCC/product.aspx?ProductID=PRHM01>. For urgent attention, please contact Customer Services on 0345 606 6171.

Planning: The PC looked at two related applications at Botesdale Lodge, Mill Road. Permission had previously been given for demolition of an outbuilding to be replaced with a cart lodge and this application added an external staircase and roof lights to the attic annex accommodation. The PC had no objection to Listed Building consent or planning permission.

Correspondence: The cost to the parish of Mid Suffolk District Council emptying litter and dog bins has once again gone up by £5 per bin per annum.

Budget: The PC agreed to set a budget of £22,170 for the year 2015-16 and to retain earmarked funds of £10,215 making a total fund of £32,385. This would require a precept of £18,850 from the District Council resulting in an overall 9.3% rise on the amount received in 2014-15. The PC is entering its second year of replacing street lights and that cost alone is more than a third of the budget. It is hoped that the programme will be completed by 2017.

Christmas 2014: Councillors had the pleasure of voting on the Christmas themed drawings from children at St Botolph's Primary School. The prizes would be presented at a school assembly. The winning drawings came from Reception: Wilfrid Meldrum-Edwards (1st) and Monty Bavington-Lowe (2nd); Year 1: Mae-Li Sun (1st) and Ruby Stratton (2nd); Year 2: Phoebe McKee (1st) and Hollie Clarke (2nd); Year 3: Bradley Royal (1st) and Samuel Coe (2nd); Year 4: Henry Jones (1st) and Molly Davies (2nd); Year 5: Megan Dickson (1st); Year 6: Isla Mattock (1st) and Charlotte Hutchings (2nd)/Ethan Hayward (2nd). All winning drawings were displayed around the Christmas tree in the Market Place.

January Report

Apologies were received this month from Mike Bishop and David

Green. Claire Appleby has resigned from the PC due to pressures of work so there are now two vacancies. Please talk to anyone on the Council for more information.

Public Forum: A member of the public asked whether the PC could keep in mind the desirability of acquiring some open land for the use of the village.

Christmas 2014: The tree was removed on 12th night and a new year begins. PC extended its warmest thanks to everyone who helped bring Christmas to Botesdale Market Place, with particular thanks to Chris Burnard at The Greyhound and Santa's crew at The Bell.

Take Pride in Botesdale

Why not help make Botesdale a better place by keeping the land around your home clean, tidy and litter free? If you are a dog walker, be sure to pick up after your dog and dispose of the sacks. A dog bin is never far!

THE NEXT BOTESDALE PARISH COUNCIL MEETINGS WILL TAKE PLACE ON

MONDAY 9th FEBRUARY at 7.30 pm
at Botesdale Village Hall

All residents welcome
www.botesdale.suffolk.gov.uk

Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.

Tel : 01379 890 141

Email : botesdale_pc@btopenworld.com

Please contact her during OFFICE HOURS ONLY.

Valentine's joke #2

Q: Why did the banana go out with the prune?

A: Because it couldn't get a date.

Mobile Library

Rickinghall :	Rectory Hill	10.40 – 10.55
Rickinghall :	Hinderclay Road	11.00 – 11.15
Rickinghall :	Village Hall	11.20 – 11.35

Botesdale :	Farnish House	11.40 – 11.55
Botesdale :	Village Hall	12.00 – 12.15
Botesdale :	Backhills	12.20 – 12.35
Redgrave :	The Knoll	12.45 – 1.05

will be calling Wednesday ...11th February 2015



Safe & Sound
Hygiene and Pest Control

Have you a problem with-

- Rats, Mice, Moles, Wasps or Rabbits?
 - All typical pests controlled
 - For ALL your domestic / commercial pest control
 - Garden maintenance
 - No obligation - free survey /quotes
- Please call: 01379 788 865,
07809 226109 or 07518 731106
- www.safeandsoundhygieneandpestcontrol.co.uk



**NORFOLK
PEST
CONTROL
SERVICES**

Control, eradication & advice

Mice	Insects including :
Rats	Ants
Moles	Wasps
Rabbits	Hornets

For a friendly, professional and prompt service call : Mark Cotton
Mob: 07806 875 985
Tel: 01379 852 950

Out of hours service Fully insured
norfolkpestcontrolservices.co.uk

Your local independent retailer stocking new
BOSCH • HOTPOINT • ZANUSSI • LIEBHERR

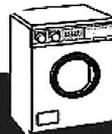


**Open:
Monday
Friday:
9-4 pm
Sat
10-3pm**

**Large
Showroom:
Finbows Yd
Bacton
Stowmarket
Suffolk**

**SUPPLY & INSTALL NEW
AND REFURBISHED APPLIANCES
INCLUDING BUILT-IN
Guaranteed Refurbished Appliances
and Guaranteed Repairs**

01449 780398
www.daappliances.co.uk





**Character
Kitchens**
Bedrooms & Bathrooms

- ◆ Let us quote you to supply top quality furniture at very competitive prices. Over 150 doors and door finishes on probably the best carcasses manufactured in the UK.
- ◆ Most popular brands of appliances supplied at discount prices.
- ◆ We also supply water softeners and block salt.
- ◆ For a fast and efficient service please ring Ivan Baker.

HOPTON Tel: 01953 681522

ARRDEN VALE KITCHENS
EXCLUSIVE, BESPOKE, HANDMADE TIMBER KITCHENS



- TRULY INSPIRING KITCHENS
- VICTORIAN, EDWARDIAN, CLASSIC & CONTEMPORARY DESIGNS
- 100% INDIVIDUALLY DESIGNED & HANDMADE
- COMPLETE ONE-TO-ONE APPROACH FROM DESIGN THROUGH TO INSTALLATION

T: 01449 782062
E: INFO@ARRDENVALEKITCHENS.CO.UK
WWW.ARRDENVALEKITCHENS.CO.UK

Beech Tree Forge
Patrick Stone – Wrought Iron Specialist
Individual Handcraft Wrought Ironwork



No 2 Falcons Hall Cottage
Rickingham, Diss,
Norfolk IP22 1LP

Tel / Fax: 01379 897256
Mobile: 07771 536 251

DIRTY OVEN??

DOMESTIC OVEN CLEANING
By the UK's leading oven cleaning company

OVENCLEAN
OVER 500,000 cleans
NON caustic, fresh solution every time.
Hobs, Extractors and Microwaves
Aga's and Ranges

PHONE JOHN DYER on 01359 259818
or 07835 256967
www.ovenclean.com

**House Name Plaques
& Weathervanes**



Designs moulded in relief and cast in aluminium
Range of traditional designs available
Individual commissions taken
Brochure available

Tel : 01379 651148
Email : johntacey@btinternet.com

OVEN CARE 4u

YOUR LOCAL DOMESTIC OVEN CLEANING SERVICE
ECO-FRIENDLY – NO MESS – NO FUMES
FREE SILICON OVEN LINER FOR NEW CUSTOMERS

CALL JON ON 07817 212509

Club News



Sarah Doig, 'There is no such thing as a good tax.' Government Revenue-Earning Schemes over the Centuries

Sarah Doig gave a fascinating talk to the November meeting of the Heritage Circle in Rickinghall about how governments raised revenue in different ways before the 19th Century. It was based upon her extensive

research of records at county offices and the National Archive in Kew.

She began by quoting Winston Churchill who said, 'There is no such thing as a good tax.' However, he qualified this by saying that taxes are a necessary evil to provide revenue for the government to run the country, despite the fact that they did not necessarily improve it.

The earliest tax record is the Domesday Book of 1086 which listed property held in communities across England. It was used to tax landowners. However, the first tax records to mention individuals were Lay Subsidies which were collected between the 12th and 17th Centuries. The later documents are very useful to historians as they name the main householders and the amounts of tax paid.

Taxes have never been popular. The poll tax was particularly controversial when initiated in 1990 and led to disorder but it was not new. Richard II introduced the first poll tax in 1377 but had to abolish it in 1380. It was a cause of the Peasants' Revolt of 1381.

The Hearth Tax was levied from 1660 until 1689 and was based on the number of hearths in a house. Businesses were exempt, as were the poor. This too was very unpopular but the records are invaluable as they offer information about named individuals from a time when little other evidence exists. Study of local hearth tax returns shows family names still to be found today in the same villages. They indicated variations in wealth between individuals and communities. For example, Sir Edmund Bacon of Redgrave paid tax on 41 hearths. Similarly, half of the households of Rickinghall Inferior were exempt as they were too poor. The same records show that Botesdale was the most densely populated local village.

The Window Tax was another source of revenue for the government. It was first raised in 1696 and lasted until 1851. It fostered a vast system to administer it. Officials completed assessments, collected the tax and heard appeals. There were attempts to reduce liability by bricking up windows. This can be seen today on some buildings dating from this period.

Taxes often lasted for long periods. The Land Tax lasted from 1693 until 1963. There were also attempts to avoid payment. The Glass Tax levied from 1745 to 1845 encouraged manufacturers to produce more decorated glasses with hollow stems as the tax was based on the weight of a glass. The Brick Tax collected from 1784 to 1850 led to builders using larger bricks for house building. Finally, the Hair Powder Tax introduced in 1795 was initially paid by 200,000 people who wore wigs. It seemed so effective that its level was soon increased by the government. However, the number of people paying the tax had fallen to 800 by the time of its abolition in 1869 as there was a new fashion of cropped hair.

Extensive records remain of how revenue was raised by government. They have a significant value for people researching their family history as local records often name individuals and give an insight into where they lived and their position in society. Social historians studying particular communities also make considerable use of this evidence. However, there is one continuity between past and present. There has always been a widely held view that, 'There is no such thing as a good tax.'

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 28 January at The Village Hall, Rickinghall IP221HD when Tony Diamond will give a talk about Oliver Cromwell. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net.

Gerry Gurhy

Coffee On



The Corner

As always a warm welcome awaited the visitors to the January Coffee Shop and there was a lovely selection of cheese scones and several different flavours of home baked cake. A few of our regular visitors arrived along with one or two less familiar faces and well, we waited for the rest of you and where were you? Although the sun was shining and it was less cold than it has been of late, visitor numbers were down. If that is due to some folks suffering with the dreaded colds and flu, then we really wish you better and hope to see you next month.

In December, we had the pleasure of a visit from the younger children and some of the staff from St Botolph's Primary School. Lots of proud Mums and Dads and Grandparents came along to appreciate their efforts and we were treated to a selection of festive songs. Afterwards they richly deserved drinks and biscuits before returning to the more usual happenings at school. What a pity that some of those extra visitors do not come more regularly - we would love to see you every month and we promise not to sing! The donations that were made at that Coffee on the Corner amounted to £150 and this has been split - 50% was sent to Respect Yourself, a group that sends out helpful information and supportive messages (via social media) to teenagers and those who support them - and the remaining 50% to Crisis at Christmas.

This month we were kindly given £100 for the charity and we are supporting Centre Point - a charity that aims to give homeless young people a future. Part of that money is used to give a monthly donation for their "Support a room" campaign and the remainder will go to their latest request for badly needed money to repair one of their shelter homes. As always I can never thank you kind folks enough for your donations.

If you feel you would like to know more about the coffee shop or any of the happenings at Parkview, please call me on 01379 890423.

Sue Allen

Valentine's joke #3

Q: What did the careman give his wife on Valentine's Day?

A: Ughs and kisses!

PICTURE FRAMING BY CAROLA SETTLE

Quality mounting & framing of prints,
photographs, paintings, embroideries etc.,
at competitive prices.
Friendly advice & professional service.

Stanwell House, High Street, Gislingham,
Eye, Suffolk. IP23 8JE
Tel: 01379 783 415

FRAMES

by
Emma Slack
Multiple and covered mounts,
box frames and conservation framing.

TELEPHONE: 01379 898380 MOBILE: 07768 513496
emma@slack.co.uk www.slack.co.uk
MIDDLE FEN COTTAGE
FEN STREET REDGRAVE DISS NORFOLK IP22 1SG



County Carpets CARPETS

Home Selection Service

Free Estimates Fast Delivery

Local Friendly Service

01379 897007 0797 2582598

Email robert.fisk@me.com

EYE FLOORING

Making Luxury Affordable -
www.eyeflooring.co.uk

Domestic & Contract Flooring Specialists

*Carpets *Vinyls *Safety Flooring
*Carpet Cleaning

The Old Theatre, Broad Street, Eye, Suffolk, IP23 7AF
01379 870190 / 07850 573366

Tripp Batt Country Store

Salt Tablets 25kg £6.99
Working Dog Food 15kg £12.49
Winter Fuels - Logs - Coal - Propane Gas
A.Bowers Compost £3.99 ea. 3 for £10
Wild Bird Food 12.75kg £9.99

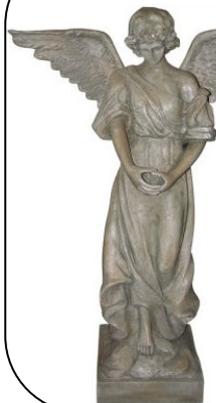
Hepworth Road, Stanton, IP31 2BT Tel. 01359 250268

Open 7 days a week - 8 - 6 midweek, 8 - 5 Sat, 10-4 Sun.

www.trippbattstore.com

The garden room

www.the-gardenroom.co.uk



Gorgeous Seasonal Christmas Gifts and
Candles from Denmark, France,
Germany, Poland and the U.K.

Buy online or at our Suffolk Retail Shop
Did you know we are also an ebay power
seller? Please visit our ebay store ...
www.stores.ebay.co.uk/The-Garden-Room-1

The Garden Room
110 High Street
Needham Market, Suffolk, IP6
8DW

01449 723412 / 01379 898646

HILLTOP

Hardware & Pet Food Store

01379 898139

PET FOODS - cat, dog, hamster, rabbit,
guinea pig, & much more
WILD BIRD FOOD, seeds & mixes
CHICKEN FOOD

HARDWARE ~ COOKWARE ~ DIY
IRONMONGERY ~ GARDENING
ELECTRICAL ~ PAINTS
COAL ~ WOOL - King Cole DK

THE STREET
BOTESDALE
DISS
NORFOLK
IP22 1BX

OPENING TIMES
MON-FRI 9.00-4.00
SAT 9.00 - 1.00

Thermally efficient blinds and shutters

Transform your rooms or conservatory and stay warm in
the winter and cool in the summer

Call Amanda or Alastair for more information on:

01379 669 209



Village Green
Blinds & Shutters



Redgrave Parish Council

Leeann Jackson-Eve



December Report

This was an extraordinary meeting held to discuss a single planning application at Street Farm, The Street for the restoration of a listed maltings (at risk) and conversion into two dwellings. After some discussion, decided to have no formal objection to the application but to urge the developers to consider the need for smaller houses in the village and if possible, re-think their designs for the building. Additionally, there was some concern about the stress additional houses would place on the village infrastructure, particularly sewerage and water, which was already oversubscribed, and traffic issues relating to any street parking that might result. It was recommended that the developer look into this.

January Report

The November meeting was well attended with apologies from John Giddings. District Councillor Sara Michell, PCSO Steve Long, six members of the public and the Clerk were also present.

Public Forum: Sara Michell reported that she would not be standing for election in May. PCSO Long reported that 3 crimes had been reported since the beginning of December: one theft of oil, one theft of a bicycle (which was subsequently found) and an attempted burglary on Half Moon Lane which had caused some damage to property.

A representative of the Garden Club expressed the Club's willingness to undertake some attractive planting at the village entrances. It was also reported that the Redgrave Community Shop Association is still in the process of renegotiating the shop's lease and nothing has been concluded at this time.

Affordable Housing: The Council is still looking for ways to provide much needed additional housing for the village. This includes looking for suitable sites and discussing options with the housing association.

Speedwatch: The Speedwatch team has been active as usual since the November Meeting, though with a two-week break over Christmas. At this time of year they have to be especially aware of weather conditions, not only because of the possible effect on drivers but also because of the limitations of equipment use in very cold conditions, and the well-being of the team. The team has one new member and now stands at ten. The latest figures received from Suffolk Constabulary are for October 2014, as follows: The team ran 7 sessions, during which 29 vehicles were reported. Of these, 20 subsequently received a letter from the Police, 7 vehicles were validated but the drivers

not contacted (police discretion) and 2 were not recognised on the Police computer vehicle records - thus may have been recorded in error, or not listed for some other reason. The feeling in the team is that it is continuing to have an effect. Unfortunately, the Vehicle Activated Sign (VAS), which is used on a rotational basis, has been broken since last October so the team has missed two sessions of its use. Only ten were purchased and there does not seem to be a system in place for either replacing or obtaining new units. The team has been liaising with the Suffolk County Council representative to try to ascertain what the future might hold for this arrangement. In the meantime, the PC is asking the team to find out what it might cost to purchase a dedicated VAS for the village.

Hedges and Verges: It has long been felt that the one cut per year carried out by the County Council is insufficient to provide a safe degree of road visibility, so the PC will be looking into the possibility of providing further cuts from the parish's own funds.

Play Area: Some residents have expressed an interest in helping with the maintenance of the play area. As the Redgrave Amenities Trust often finds itself short-handed, any help is very welcome. RAT meets every 1st Monday of the month at the Activities Centre at 8pm for about an hour to discuss what needs to be done and those meetings are open to all.

**THE NEXT PARISH COUNCIL MEETING
WILL TAKE PLACE AT
THE ACTIVITIES CENTRE
ON WEDNESDAY 11th FEBRUARY
All Parishioners are cordially invited to attend
www.redgrave.org.uk**

Valentine's joke #4

Knock, Knock!

Who's there?

Olive.

Olive who?

Olive you!

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : redgravee_pc@bopenworld.com

Please contact her during OFFICE HOURS ONLY.

Valentine's quotes

Who, being loved, is poor? ~ Oscar Wilde

*Grow old with me! The best is yet to be.
~ Robert Browning*

*A man is not where he lives, but where he loves.
~ Latin Proverb*

Evan Worby

Carpentry & Interior Fitting

Kitchens Bathrooms Bedrooms

evanworby1@gmail.com

Mob: 07523 051481 Tel: 01359 251267



BAVLOWE

CARPENTRY

Oak Frames, Cart Lodges and Barn Conversions

Timber Frame and Period Property Renovation Specialists

General Carpentry, Roof Repairs and Property Maintenance

DESMOND BAVINGTON LOWE

07796 294655 · 01379 897287

bavlowe@hotmail.co.uk

SPL

Carpentry &
Joinery

For a reliable and
efficient service
ring

07817 899047

for a free quote

G. C. COBBOLD JOINERY

ALL ASPECTS OF JOINERY UNDERTAKEN

GATES, LEDGED & BRACED DOORS, WINDOWS,
GARAGE DOORS, STABLE DOORS, POTTING
SHEDS, FENCING, SHELVES, STORAGE
SOLUTIONS
AND MUCH MORE!

Free quotations given

01379 783092 / 07841 026 220

G & S Property Services

For all the
maintenance
work you
hate

We can now service, repair
or replace your oil boiler

- small plumbing work
- drains and gutters
- roofing
- gates
- carpentry
- paths
- patios
- fencing
- plastering

All work considered - No job too small

Tel: 01359 251 287 or 07931 527 247

for a free estimate

Oil, Gas and LPG boiler servicing, replacements and repairs
Repairs to central heating system faults i.e. pumps, programmers
and cylinders
Servicing and repairs to Rayburn, Aga, Stanley and
Esse stoves
Landlord's Certificates
Telephone: 01379 783427
Wickham Gate, High Street,
Gislingham, Suffolk, IP23 8JD

KASEY PLUMBING & HEATING



C2197

Oil, Gas, LPG
& Underfloor Heating
Installation, Boiler Servicing
& Repair
General Plumbing
Bathroom Installation
Water Softeners
Landlord Certificates



202496

01359

**E & D Boiler
Maintenance Ltd**
Upper Church Farm, Finningham Road, Rickingham, IP22 1LP
SPECIALISTS IN
Oil, Gas & LPG
Boiler Maintenance, Breakdown, Repairs and Installations
All makes covered including:
Worcester Bosch, Boulter Camray, HRM Wallstar, Vaillant, Baxi.
Boiler insurance, annual maintenance reminders and controls work.
edboilers@btinternet.com
Tel : 01379 898574 Mob : 07771 880525



Rickinghall Parish Council



Leeann Jackson-Eve

December report – by Councillor Sally Smith

The December meeting of Rickinghall Parish Council was fully attended, together with Cllr Jessica Fleming, Cllr Sara Michel and PCSO David Faulkner. There was little to report regarding crime within the village which was good news and the police were offering advice regarding Christmas safety in terms of where to park, keeping possessions safe etc. Cycle safety was also discussed and cyclists were asked to ensure they had fully working lights in order to be seen during the dark and gloomy afternoons / evenings.

County Councillor Jessica Fleming reported on a number of issues from Suffolk County Council including non emergency travel to hospital, a change in the Highways defect reporting and the on-going Council apprenticeships scheme.

District Councillor Sara Michel reported that the new Energy Waste Plant at Great Lakenham was operating and tours were available to see first-hand how this worked. It is hoped the Parish Councillors would be able to arrange to visit in the New Year. In addition a Housing Needs Survey had been undertaken and the results were due to be circulated.

Planning: There was no objection raised to the planning application for a house at Ariesmead, Garden House Lane.

There were a number of pieces of correspondence discussed including the notification of an increase in the cost of emptying dog and litter bins by £5 each, and the estimate of charges for 2015 elections depending upon whether they are contested or not.

Barwoods : Barwoods reported that four Year 6 pupils from St Botolphs had transplanted four trees into Northfield Wood. The reception children plant seeds into a nursery bed in October and these trees were part of those which had grown as a result of the seed planting by the younger children approx 3 or 4 years ago. The afternoon was thoroughly enjoyed by all those who took part.

January Report – by Councillor Geoff Short

Our January meeting was attended by five out of our six councillors, and the minutes of the 4th December meeting were approved and signed.

In the public forum sessions, Peter Beck advised on behalf of Neighbourhood Watch that a leaflet had been produced to advise of possible scams and this was available from him. No crimes had been reported in the last month. Councillor Sara Michell (Mid Suffolk) drew our attention to the new items that can be recycled in the waste – a leaflet was recently supplied, but not everybody seemed to be aware of it, and we will be displaying a poster on the notice board in the village.

Councillor Jessica Fleming (Suffolk County) advised us that Network Rail was undertaking a review of the level crossings as in due course the rolling stock will be upgraded, and it is hoped that Norwich to London will be 90 minutes. Due to the higher speed of the trains, the crossing timings will need to be revised. This brought about a question about Mellis level crossing, as councillors had noted signs being posted recently suggesting the crossing was to be closed. Cllr Fleming advised this had been done by an action group to get people to attend a meeting, but there were no such suggestions as far as Suffolk County Council was aware, and the regional assessment will take some time. There are also consultations taking place with the Department for Transport on future growth – the Anglia Rail Route Study, and the current franchise ends in 2016.

Back to business, and we discussed a planning application for additional chicken units at a farm along Finningham Road. The present business is away from residential development and the additional capacity would appear to be in keeping with the locality, being situated within 485 hectares of the applicant's own land, and the council voted not to object to the application.

We agreed a date for a Spring Litter Pick, and this is on Saturday 18 April, meeting just before 10.00 at the village hall. If you would like to assist – with litter pickers, black sacks and high-vis jacket provided – please give Leeann a call so that we have some idea of numbers beforehand. We also had a look at the Council's expenditure to date, which is on track.

I would also ask again – is there anybody out there who would like to join us on the council? Perhaps you have a New Year resolution to get involved with something local. We have one meeting a month, and there are occasional visits, courses and the Farmers' market to attend. The council is non-political, and we welcome people from all backgrounds. You are able to sit in at a meeting or two before agreeing to join, so please give our clerk Leeann a call for an informal chat if you are interested.

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

**THURSDAY 5th FEBRUARY
at 7.30 pm
AT RICKINGHALL VILLAGE HALL**

All residents are very welcome
www.rickinghall.onesuffolk.net

Your Clerk is :

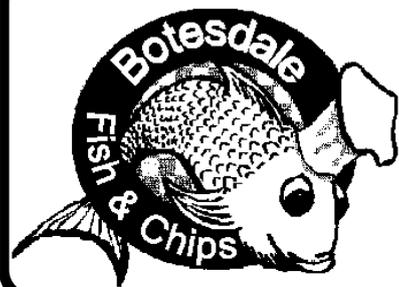
Mrs Leeann Jackson-Eve
Wayside Cottage, Cherry Tree Lane
Botesdale, Diss, Norfolk, IP22 1DL
Tel : 01379 890 141
Email : rickinghall_pc@btopenworld.com

Please contact DURING OFFICE HOURS ONLY

Valentine's quote

*Smile at each other, smile at
your wife, smile at your hus-
band, smile at your children,
smile at each other -- it
doesn't matter who it is --
and that will help you to
grow up in greater love for
each other.*

~ Mother Teresa



BOTESDALE

Traditional Fish & Chips

Tel: 01379 898 543

MONDAY CLOSED except for a Bank Holiday Monday 4.00 - 8.00 pm
TUESDAY 11.30 am - 1.30 pm 4.15 - 8.00 pm
WEDNESDAY 4.15 - 8.00 pm
THURSDAY, FRIDAY, SATURDAY 11.30 am - 1.30 pm 4.15 - 10.00 pm
SUNDAY 4.15 - 8.00 pm

Calendar February 2015

Sunday	1 st Feb	6:00pm	Zumba	Rickingham Village Hall
Monday	2 nd Feb	2:00pm 7:30pm	Needle craft Slimming World	Activities Centre Rickingham Village Hall
Tuesday	3 rd Feb	10:00am 6:00pm 7:15pm 7:30pm	Open House Zumba Yoga and relaxation Julie's Aerobics	All Saints Church Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall
Wednesday	4 th Feb	9:30am 10:00am	Redgrave Art Club Day Centre	Activities Centre Rickingham Village Hall
Thursday	5 th Feb	9:30am 2:00pm 6:00pm 7:30pm	RABBATS Rickingham Further Educate group Fitsteps Rickingham Parish Council	Rickingham Village Hall Rickingham Village Hall Rickingham Village Hall Rickingham Village Hall
Friday	6 th Feb	9:00am 10:45am 1-2 pm 8:00pm	Church cleaning Positive Steps Beginners Tai Chi Dance Classes	Redgrave St Mary's Rickingham Village Hall Rickingham Village Hall Botesdale Village Hall
Saturday	7 th Feb	10:00am 10:00am 10:30am 2:00pm	Redgrave St Mary's Open Church Rickingham Inferior Church Open Guided fen walk Annual Grand Jumble Sale	Redgrave St Mary's Redgrave & Lopham Fen Rickingham Village Hall
Sunday	8 th Feb	10:00am 6:00pm	Jam Masterclass Zumba	Redgrave & Lopham Fen Rickingham Village Hall
Monday	9 th Feb	2:00pm 7:30pm 7:30pm	Needle craft Slimming World Botesdale Parish Council	Activities Centre Rickingham Village Hall Botesdale Village Hall
Tuesday	10 th Feb	9:00am 6:00pm 7:15pm 7:30pm	Coffee on the corner Zumba Yoga and relaxation Julie's Aerobics	Park View Chapel Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall
Wednesday	11 th Feb	9:30am 10:00am 10:00am 7:30pm	Redgrave Art Club MOBILE LIBRARY Day Centre Find out about volunteering Redgrave Parish Council	Activities Centre Rickingham Village Hall Redgrave & Lopham Fen Activities Centre
Thursday	12 th Feb	9:30am 12:30pm 2:00pm 6:00pm 7:30pm	RABBATS Phoenix Luncheon club Rickingham Further Educate group Fitsteps Rickingham WI	Rickingham Village Hall Activities Centre Rickingham Village Hall Rickingham Village Hall Rickingham Village Hall
Friday	13 th Feb	10:45am 1-2 pm 7:30pm 8:00pm	Positive Steps Beginners Tai Chi Bowls club Whist drive Dance Classes	Rickingham Village Hall Rickingham Village Hall St Botolphs bowls club Botesdale Village Hall

DW



Plumbing Services

Bathrooms Fully Installed
Water Softeners & Shower Pumps
Easy Access Showers

Free Estimates
Fully Qualified & Insured
Emergency Callout

From Washers to Wash basins...We do it all!

Call Dave Willis on 01379 890050 or 07768 267501 Now!

Your Friendly, Reliable and Local Plumber

SK PLUMBING & HEATING

Your Local Reliable Plumber
Shaun Kavanagh

Oftec Registered Heating Engineer
Plumbing and Heating
Bathroom and Wet room Installation
All Work Fully Insured and Guaranteed
Central Heating Power Flushing

Telephone 01449 615251 / 07825044851
5 Finningham Rd, Old Newton, IP14 4EG
Email: sk.plumbing@hotmail.co.uk
Emergency 24 Hour Call Out

- General Plumbing
- Bathroom Fitting & Tiling
- Sinks/Water Softeners
- Central Heating, Lead work
- Emergency Call Out 24/7
- Free Estimates
- Fully qualified & insured



Mr Pat Marsden
Tel: 01379 651007
Mobile: 07799 895958
patthep plumber@btconnect.com

*Friendly &
reliable service*

Carberry Plumbing and Heating

For all your domestic plumbing needs



01359 760 220 or 075067 06121

- free quotations
- oil boiler service just £ 40 + VAT
- bathrooms, kitchens
- complete heating systems
- boilers
- or simply just a dripping tap!

WILLOWSERVE LTD

Plumbing & Heating Services

- Worcester Bosch Approved Installers
- Gas Safe, OFTEC, C.I.P.H.E. Registered
- City & Guilds in Energy Efficiency
- All types of heating Installed
- Replacement Boilers / Hot water Cylinders.
- Specialist Boiler Servicing and Repairs
- All aspects of Plumbing
- Guaranteed Quality Installations by Time Served Tradesmen
- Free Quotations
- 5-year Parts and Labour Warranties on all Worcester Bosch Boilers

For a Professional Reliable Service

Tel / Fax: 01359 259886

Mobile: 07771 557937

Email : willowserveltd@hotmail.com

www.replacementboilers.uk.com



Else Heating & Plumbing

Oil and Gas Installation

- * Breakdowns
- * 24 hr call out
- * Servicing
- * Powerflush

Bathroom & Kitchen Fitting

Fully Insured

Contact Eugene Else

01379 688183

07787 854923

elseheatingandplumbing@gmail.com



J. B. PLUMBING

For all your plumbing requirements such as:

- Shower pumps • Water softeners • Kitchen sinks
- Bathroom installations • Changing and moving radiators
- Outside taps • Extensions

No Job Too Small - Qualified and Insured

For a friendly and reliable service please contact:

Jack Buckmaster, Palgrave

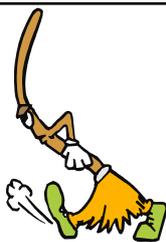
Tel: (01379) 644027 Mob: 07912092212

Email: jackbuckmaster@gmail.com

Village News

St Mary's, Redgrave

A cleaning session will take place on Friday 6th February from 9.00 am to 11.00 am. All are welcome to join the happy group who dust, sweep, polish or even scrub. Coffee and eats are available. Please come along and give your support.



For further information or to help call 01379 898696.

REDGRAVE CHURCH
HERITAGE TRUST

Redgrave Church Heritage Trust

Rickinghall Farmers' Market - Free Draw

The next free draw for a hamper will be on **14th February, Valentine's Day.**

Don't miss it!

Rickinghall Village hall



OIL SYNDICATE FEBRUARY PURCHASE

The February Oil Bulk Purchase will take place on Mon. 23 Feb.

I need all orders in to me by Saturday 21 Feb.

I prefer orders via e-mail, at: botesdaleoil@gmail.com but you can also 'phone me on: 01379 890952. Leave a message if there is no answer.

I will reply to all messages to confirm your order, whether e-mailed or left on the answering machine; if you send or leave a message and have not received confirmation from me after 48 hours, try again.

Deliveries can take up to the end of the week following the order, so could be as late as Friday March 6. If you have ordered, but have heard nothing from the Supplier by Wed. 4 March, let me know.

If you are running very low when you place your order, tell me, and I will label your order as a Priority.

David Sloan
e-mail: botesdaleoil@gmail.com Tel: 01379 890 952



NOTICE

Would the kind person who left a carrier bag, containing a beautiful white crocheted baby shawl, on a gatepost at Southgate Farm Barn over the Christmas period, please contact me on 01379 890109. The owners of the Barn have passed it on to me as no contact details were enclosed and we would like to ensure it reaches the intended recipient. Thank you.

Lesley Greenhough

Home-Start here for families and children in Mid & West Suffolk

Knowing what it's like to be a parent means you could make a difference to family's lives.

Can you spare 2-3 hours each week to offer support in a family's home on a weekly basis?

Home-Start volunteers befriend and offer emotional and practical help to enable families to move forward through challenging times.

The next preparation courses for new volunteers start January 2015, covering West and Mid Suffolk with a choice of venues. To find out more and to receive an information pack please contact: 01379 678552/ 678224
office@homestartmidsuffolk.org.uk
www.homestartmidsuffolk.org.uk

Home-Start Mid Suffolk
Registered charity number 1127760.
Company limited by guarantee number 6674059.



**Home
START**
Support and friendship
for Families



St Mary's Church Rickinghall Inferior

The Church will be open for visitors as usual on the 1st and 3rd Saturday of the month from February to April. It will open at about 10 and be closed before dusk.



REDGRAVE CHURCH
HERITAGE TRUST

Redgrave St Mary's
Church
Open morning
Saturday 7th February
10am til noon

Brome Community Recycling Centre Opening Hours All Year

Monday to Saturday (closed Wednesdays) -
9 am to 4 pm.
Sundays - 10 am to 4 pm.
Bank Holidays - 10 am to 2 pm.

CLOSED : Christmas Eve, Christmas Day, Boxing Day and New Year's Day.



YOUR RELIABLE LOCAL PLUMBER



Mark Jardine
Plumbing & Heating



- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

Tel : 01728 628291 Mob : 07854 924 801
email : mgjardine@btinternet.com

Robert Cole Plumbing & Heating

Plumbing & Heating Installation
Oil Boiler Servicing
Woodburner Services & Installations
Emergency Call Out
Mid Suffolk & South Norfolk



Free Estimates
01379 741485



rcoleplumbingservices@gmail.com

Raven Stoves
Supply & Installation

"Think Different"

Beautiful showroom at
Crown House, The Street
Hinderclay, Diss. IP22 1HX

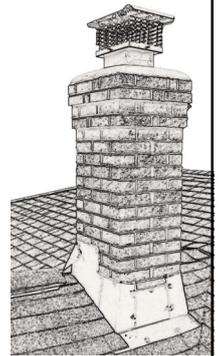
01379 898661 www.ravenstoves.co.uk

STOVES & FLUE INSTALLATIONS

- Twin Wall chimney systems
- Flexible Flue Liners
- Stoves supplied

Telephone 01284 754544
Mobile : 07974 148170
Email :

paul@stovesandflueinstallations.co.uk
www.stovesandflueinstallations.co.uk



EST.1977

WAVENEY WINDOWS LTD

CONSERVATORIES ♦ WINDOWS & DOORS ♦ FACIAS

NIGEL SAYWOOD
Design Consultant
Mob: 07909543905
Show Site: 01379 688488
Home: 01379 640313

SHOWSITE
Blooms of Bressingham
Garden Centre
Diss
Norfolk IP22 2AB

HARDWOOD & COLOURED UPVC AVAILABLE
SEE OUR NEW TIMBER ALTERNATIVE "EVOLUTION" WINDOW

THE WINDOW COMPANY WITH A DIFFERENCE!!



We offer good service by skilled workmen with the very latest product technology, but without the high pressure selling.



As well as uPVC windows, doors and conservatories, we also install uPVC fascias, barge boards, guttering and cladding.



A B S
Home Improvements

For Advice and Quotations
Phone: Diss 01379 890626

Unit 2 D & E, Redgrave Business Centre, Gallows Hill, Redgrave, Diss, Norfolk IP22 1RZ
Email: info@abshomeimprovements.co.uk Web Site: www.abshomeimprovements.co.uk

ALAN WADE

For Top Quality

PVCu- ALUMINIUM - WOOD
WINDOWS - DOORS
CONSERVATORIES

Also:
PVC FASCIAS, BARGEBOARDS & GUTTERING
UPVC DOORS IN A VARIETY OF COLOURS

FENSA REGISTERED
INSURANCE BACKED GUARANTEE
OVER 25 YEARS EXPERIENCE

For a free quotation please ring:
01359 251312

Exploring the Past

Jean Sheehan, 01379 890237

Last December I wrote about Button's Duck Factory. A turkey business was also carried on in our villages.

Thomas Horsfall was born in 1890 at Sevenoaks. Whilst a young boy he lived at Redgrave Hall for 4 years until his parents, the tenants, moved out in the summer of 1898. His mother was well known for the Great Danes which she bred whilst living there. Thomas was educated at Eton.



Prisoner of War Camp
Redgrave Park

acknowledgements to
Marcia and Chris Bell
for the photo

After being badly wounded and gassed in France during WWI, Thomas moved to Canada in 1919 and for ten years was a partner in the Yellow Fir Logging Company on Vancouver Island. He married Madeline in 1926 and they had two daughters Ann and Ruth, and returned to England in February 1934, living at Dunwich with his parents on arrival back in England.

Thomas first became interested in turkeys in 1929 and became a leading authority on them. He went into partnership in 1936 with John Holt Wilson the Lord of the Manor of Redgrave, the year he moved into Hinderclay Hall. He became one of the first breeders in East Anglia. The turkeys he bred were Bronze turkeys and the breeding birds were kept on fields of the Redgrave Estate, in fold barns on grass, which needed to be moved regularly. The eggs were hatched at Hinderclay. During WWII he served in the Home Guard and acted as agent for the Redgrave Estate whilst Major Wilson was abroad. Robin Powell, Thomas's son in law, joined the turkey business in 1960 as a partner. John Holt Wilson died in August 1963, and Thomas died in 1967.

Robin Powell carried on the business, and lived with his wife Ruth at The Cottage, Redgrave. He was interviewed by the local papers in 1973 when he was worried that if the EEC regulations were put in place he would have to sell the turkeys as oven ready instead of fresh with the innards in place. He told the local papers "*Mr. Horsfall had set out to produce a broad breasted medium weight bird which would breed naturally, as he wanted to keep the labour requirement of the unit as low as possible. A small breeding flock of between 300 and 350 birds was kept from which day-old poults, growing stock and fresh birds were sold.*"

For about a year in the early 1970s the birds were reared in converted huts on the old prisoner of war camp on the Botesdale side of the lake in Redgrave Park. This proved not to be successful as the birds did not thrive whilst kept with little light. The turkeys at this time were white. Chickens were also kept at the old camp for a time. A former prisoner of war turned up one day to show the camp to his wife. At this time some of the remains of the gardens which the prisoners of war had tended were still visible.

Fowl pest hit the unit in 1970, but Robin Powell carried on and believed his birds to have a natural paternal immunity to pest until the age of three weeks as the stock had recovered from the pest. There were ten hens to a stag, later changed to seven hens to a stag. The young birds were reared on litter until they were eight weeks old and then moved into pole barns. Ten thousand fresh birds were produced each year, with about four thousand for Christmas. These were dry plucked, New York dressed and boxed for sale.

The birds were plucked in a building at the rear of The Cottage. The hens weighed 12lbs and the stags 20lb before drawing. Thirteen thousand eggs were set each week after being stored in a refrigerated incubator at 50 degrees. Robin Powell gave up his Turkey business, in the early 1980s.

Acknowledgements to Ruth Powell for memories and newspaper cuttings of her father and husband, and East Anglian Daily Times, February 3, 1973, and The Norfolk and Suffolk Journal, January 19th 1973.



* * * * * "In Your Garden" * * * * *

* with Ian Shilling of Tripp Batt Country Store of Stanton * * * * *

* On a cool bright winter's day, the gentle task of winter pruning can prove very rewarding. Did I say gentle? Well, if it's carried out annually it isn't too taxing, as you will only normally need to cut into the previous year's growth. However, at its most drastic, pruning could require a chainsaw in the case of years of neglect. Gardeners mostly veer towards 'not enough' pruning, for fear that they are somehow going to damage the plant, but the regular 'cutting back' of plants goes back at least to the middle ages when in this region at least, Willow was cut back to produce strong young pliable growth. * * * * *

* Plants generally live longer, stay healthier, and produce more fruit, if they are routinely pruned. There's nothing too mystical about it either; as a rule of thumb, cut one third of last year's growth off, and cut above a bud which looks like it will grow in the direction you want it to. In the case of apples and other 'top fruit', this normally means a bud facing outwards, such that you maintain a sort of wine-glass shape to the tree, with an open centre to let in light for ripening the fruit. It's normally easy to tell where last years growth starts by a change in the thickness and colour of the stems. Other pruning concerns the removal of any shoot which has gone off in the wrong direction, or any diseased wood. These days, the likes of youtube can provide some great self-learning opportunities! * * * * *

* For the vegetable garden, now is the time to make plans for the sowing you want to do. Hardy sorts can be sown outside if conditions are mild and some protection can be provided. Seed potatoes are now on sale so buy your potato tubers now, looking for firm examples with tight eyes. These can be 'chitted' (put into a tray until the shoots have emerged) at home and planted from mid March. Shallots and onions can go into the ground as well. For herb growing, the live and growing herb pots sold by supermarkets can be hardened off outside once they've got tired on the windowsill. You can then be rewarded for the rest of the year. Wait until after the frosts though, for annuals such as Basil. Think about covering rhubarb early this month so that you can get an early crop in. * * * * *

* This may be the last safe time to clear out pond debris and tidy up pond plants before aquatic life springs into action. Leave dredgings by the pond for a few days so that crawling insects can get back to where they belong. * * * * *

* Happy Gardening!
* Ian Shilling tel. 01359 250268 * * * * *





Neil Worby
OF RICKINGHALL
Painter and Decorator
established over 12 years

- ☑ General repairs & maintenance
- ☑ Expert, clean workmanship

Tel: 01379 890526 Mobile 07738 156 036

e-mail: neil@worby.myzen.co.uk

Painter & Decorator



Internal ~ External
Domestic ~ Commercial

S.C.G.

ELECTRICAL

ALL TYPES OF ELECTRICAL
WORK UNDERTAKEN
DOMESTIC COMMERCIAL
LIGHT INDUSTRIAL
SECURITY LIGHTING

**01379 741311 or
07792 767869**



Cheryl Goddard
Painting & Decorating

Qualified I.C.A. City & Guilds
Friendly conscientious local service
No job too small

Tel: **01379 741311**
Mob: **07817 614 883**



Paul Parsons
Electrical

Rickingham, Diss, Norfolk

From a new socket to a rewire
A professional service at a reasonable price

Tel: 07786 558 510

Part P

Anglia
Chimney
Sweeps



Tel 07711 458575
Or 01379 644770

www.angliachimneysweeps.co.uk

David J Watkinson

- Fully certified and insured
- Smoke draft tests as standard
- Triple-filtered vacuum
- No mess, no dust, no fuss
- Insurance-recognised safety certificates

Keith Smith
ELECTRICAL CONTRACTOR

☎ 01379 640119
☎ 07850 053 401

- Part P Registered
- All work certified
- Domestic, commercial and industrial work welcomed

CHIMNEY SWEEP
ECO SWEEP CHIMNEY SERVICES

- New power sweeping method used for a more thorough chimney clean than brushes
- Industrial HEPA filtered vacuum
- Fully insured
- Spotless, reliable & friendly service
- Insurance recognised certificates issued
- All chimneys, Aga, wood burner & boiler flues swept
- Guild of Master Sweeps Certificated Member



01359 232335



Andy Wishart
Chimney Sweep



- N.A.C.S. Member*
- H.E.T.A.S. Approved
- Insurance Certificates (BS 6461)
- Brush & Vacuum
- All Domestic Chimneys & Boilers cleaned

Diss (01379) 643181

*National Association of Chimney Sweeps



Exploring the Past Again

Di Maywhort, 01379 898785

The Botesdale and District Branch of the Royal British Legion

After nearly 85 years the Botesdale and District Branch of the Royal British Legion closed in December 2014. The standard was laid up in a ceremony at Botesdale Chapel of Ease on 13th December 2014.

The British Legion was formed nationally on 15th May 1921. The main purpose was to help those who were suffering as a result of service during the First World War and to improve the lives of ex-servicemen. At this time there were over 1.75 million who had some kind of disability as a result of the war and over 2 million unemployed. A national women's section was also formed in 1921 to safeguard the interests of wives, widows and children of men who had served in the War.

Although a two minutes silence was observed from 1919 on 11th November the first Poppy Appeal was not held until 1921. The British Legion organised and sold the poppies made in a factory in Richmond by men who had been disabled in the Great War. This factory was started by Major George Howson MC who had formed a society for those disabled. He suggested to the British Legion that it would be a way to raise funds. At first the factory employed 5 men but by 1925 it was employing 50 and had to move to a larger site. A new factory was built in 1933 which still makes the poppies sold today.

At first the Legion was only open to anyone who had served in the armed forces. It was there to help any who needed it; both the men and their families. It was granted 'Royal' status in 1971 and, as well as those who had served, membership was then open to all serving members of the armed forces. Today anyone can join.

In the 1920s and 30s branches were set up throughout the country. We have very little information about the early days of the Botesdale and District branch. It was formed on 10th February 1930. There is a record of the original standard being dedicated on 10th May 1931. On that date the standard was dedicated by the Bishop of Fulham, Bishop Batty, assisted by the Rev. Batty. The Rev. Batty was the Rector of Redgrave at this time and Bishop Batty was his brother. The salute was taken by The Hon. Lord Playfair who was living at Redgrave Hall and whose son, Captain Lyon Playfair, had been killed in 1915. The officer in charge was Dr K.L. Ward, who had served in the RAMC during WWI, and the officer in charge of the parade was Captain Vinicombe MC. The standard bearer was Mr. F. Ridgell of Rickinghall and the two standard escorts were Mr Sparrow of Botesdale and Mr Pettit of Redgrave. There were 750 Legionnaires on parade at this ceremony and they marched from Garden House Lane to Redgrave Hall where the standard was dedicated outside the orangery.

A new Standard was dedicated on 12th May 1974 at the Chapel of Ease. At this ceremony the standard bearer for the old standard was Leslie Brown and the new standard was carried by Richard Cook. After the service there was a march-past and the salute was taken in Botesdale market place by Col. E.P. Rich of Redgrave. In 1980 a ribbon, marking 50 years of the branch, was attached to this standard.



After the Second World War many returning servicemen joined. In the 1950s anyone who had done their national service could join. PC Gosling, the village policeman at this time, would take the necessary enrolment documents to each man as he returned home from doing national service. Many were persuaded to join.

The Botesdale & District Women's Section was formed in 1960. At that time women could only join if their father, grandfather or husband had been a serving member of the forces. This branch is still continuing.

Many of the larger branches, have their own clubhouses but the smaller ones usually meet in the local village hall or pub. The Botesdale & District Branch met in The Greyhound pub in Botesdale. Although the branch was there to help those in need it was also a social club with functions being held throughout the year. Two membership cards from the 1980s list some of these functions. Bingo was held every Friday at 8p.m. at The Greyhound. There were also annual functions; a children's party was held in January and the annual dinner in March with the AGM in October and a Whist Drive in December. The British Legion Suffolk County Rally was attended by members in June or July each year. In November poppies were sold for the Poppy Appeal and the parade was organised for Remembrance Sunday.

More recently as well as the Poppy Appeal and parade there were also an annual dinner, annual bowls match and a Christmas raffle. The branch was also there for any of the members who needed help.

At first the Legion was only open to anyone who had served in the armed forces. In the 1970s the Botesdale Branch suggested, as membership was falling, that the Legion should be open to people who had served in the Home Guard and the Land Army during WWII. However this suggestion was rejected by the County Annual Conference.

Unfortunately very little of the paperwork, and none of the older minute books, relating to the Botesdale & District Branch seem to have survived. If anyone has any information about these, or information generally, it would be gratefully received! Please contact me at the above phone number.

With many thanks to Margaret Brown, John Canning and Sam Wilby for their information.

Send us your jokes:

For the March issue of the Magazine, we'd like to include a selection of jokes that have been submitted by readers. Please send your funniest jokes to editor@rbbrparishmag.com by 11 February. We'll publish as many as we can, with credit given to named contributors. Many thanks!

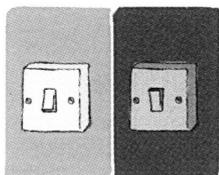
ABC Electricity

For all your electrical requirements
Free quotation and advice
No job too small

Call Christie on
01953 860957
07979 508 408

or e-mail
christieorton@hotmail.co.uk

Part P Accredited
ELECSEA approved



FRANK DAVEY LTD. (EST 1998)

Asphalt and Civil Engineering

SUFFOLK COUNTY COUNCIL APPROVED CONTRACTOR

**DRIVEWAYS & DROPPED KERBS
ENTRANCES AND ACCESSES
ALL TYPES OF GROUND WORKS
HOT TAR SPRAYING
PATCHING / REINSTATING
LORRY / DIGGER HIRE**



Ariesmead, Garden House Lane, Rickingham, Diss, Norfolk, Ip22 1EA
Email : frankdaveyltd@hotmail.co.uk

Tel : 01379 898371. Fax : 01379 898798. Mob : 07940 530955



GROUNDWORKS
YOUR LOCAL
PAVING SPECIALISTS

**Driveways * Patios
Block Paving * Slabbing
Garden Walls * Fencing**

Tel: 01359 251 833 Mob: 07771 728 481
E-mail noelhubbard@btinternet.com
www.nrh.biz

T TAYLOR CONSTRUCTION

Sewer connection • Dropped kerbs • Driveways

Block paving • Patios • Paths

Drainage, kerbs and footings • House and Garden Clearance

All concrete & digger work undertaken

NEW ROADS AND STREETWORKS ACT
CITY & GUILDS APPROVED
OVER 20 YEARS EXPERIENCE



Tel / fax: 01953 688 301 Mobile: 07786 223 141
FREE ESTIMATES - NO OBLIGATION

Block Paving & Patio Specialist

GKW GROUNDWORK

All other types of driveways constructed
Also garden walling, pathways, fencing, foundations & drainage

Micro digger & driver for hire -
will fit through a standard gateway

20 years experience
Full public liability
insurance

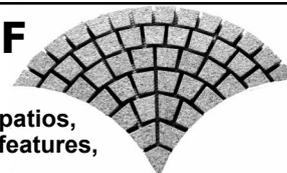


Tel: 01359 250 496
Mob: 0799 0502 354

E-mail: gary@gary49.orangehome.co.uk

UNDER ONE ROOF

Specialist in all types of paving
& hard landscaping, driveways, patios,
ornamental garden walls, water features,
drainage and fencing



A family run business with over 20 years of on the job
experience

Fast professional service.
labour

No VAT on

Fully insured and all work guaranteed

Call Mark for a friendly visit and a free quotation

01379677027 OR MOBILE 07768636618

P. COWLING PROPERTY SERVICES

- Fencing
- Footings
- Ditching
- All landscape works carried out.
- Driveways
- Drainage
- 3 tonne digger and driver

Tel....01379 898163 Mob....07771 960343

Wortham, Diss, Norfolk

S.J. MILLS & SON

**PATIOS, PATHWAYS,
TURFING, FENCING,
DRIVEWAYS, BLOCK
PAVING, SHEDS,
GARDEN CLEARANCE**

For a free no obligation quote
please contact us on:
Stephen Mills: 07976 485723
Nathan Mills: 07875 247684
Email: smills46@yahoo.co.uk

Hubbard
Gardening
SERVICES

Landscaping
Grass Cutting
Mower Servicing
Garden Maintenance
Hedge Cutting
Fencing Work
Tree Surgery

Seasoned Firewood by the full or
half load

Call 01379 678836 for further
details or to arrange a free quote

Future Events

REDGRAVE & LOPHAM FEN

Sunday 19th April, Plant Sale 10:00am to 3:00pm

Over 20 award –winning specialist nurseries selling : petunias, shrubs , fruit bushes, herbs, hostas, alpines and lots more



Adults £1.50 : Children free
Hot and cold refreshments
Dogs on leads welcome
01379 688333

Annual Report

RICKINGHALL VILLAGE HALL CHAIRMAN'S REPORT FOR YEAR TO 31 OCTOBER 2014

SUMMARY

The Hall's finances continue to be sound, and the significant income from events organised by the Hall Committee enables us to maintain our very competitive hire charges. Events such as our monthly Farmers' Market, the Lottery, our annual Jumble Sale, Christmas Craft Fair, and Model Railway Show between them contribute nearly 40% of the Hall's income. All of these events rely entirely on Committee members and other volunteers to run them, and on the much appreciated support of the members of the local community who attend them. Without any of these people we'd have to have much higher charges for hire of the Hall and, following on from this, many fewer activities in the village. So to everyone involved, thank you. Without you we wouldn't have much of a Hall.

INCOME AND EXPENDITURE

We have a small surplus of income over expenditure this year, while continuing to maintain our facilities to a high standard. It has been particularly pleasing to see an increase in our income from the Farmers' Market, a reflection perhaps of villagers further recognising the quality and value to be found here. Our main spending this year has been for stripping and re-varnishing of the main Hall floor, and replacement of the old laminate floor in the north extension. We have also replaced the heaters throughout, purchased 25 extra chairs, improved the showers in the changing rooms, installed additional power points in the main Hall, and renewed the faded white lines in the car park. The skate park also now benefits from a metal bench, generously funded by our County Councillor Jessica Fleming from her Locality Budget.

USEAGE OF HALL

This year's remarkable total of 497 bookings is the highest on record, and the fourth in a row to see an increase on the previous year. The Day Centre, RAB-BATS, Aerobics, Zumba, and Slimming World continue to be our core weekly hirers, accounting for over half of our total bookings. Our other regular hirers include the Heritage Circle, W.I. and the Further Education group, and there are many other events, from dances through both adult's and children's parties to wedding receptions, and even professional photographic sessions. Along with the monthly Farmers' Market and the other events organised by the Hall Committee, this does all mean that we continue to host an exceptional variety of activities for a relatively small village.

THE SPORTS AREA

This has again been very well used. For netball, we hosted the Summer League for a second year as well as the established Winter League. Wortham Tennis Club again used our facilities extensively during construction of an additional court at their home base, and the facility also continues to be used by some of the Gunners teams for winter soccer training.

THE PLAYING FIELD

Income here has been boosted by two groups running 'Boot Camp' fitness sessions during the year, as well as by a particularly large number of Gunners' teams using the pitches last football season.

THE SKATE PARK

This was again very popular with most age groups, although it does continue to be an expensive facility to maintain. The Hall of course funds this facility in full, yet receives no income from it.

THE PLAY AREA

Again, this has continued to be very well used. It has not needed any substantial maintenance, but the safety surface is now starting to deteriorate in places, and is likely to need expensive repair or renewal in the next few years. It would help the surface to last longer if people using the Play Area would read and abide by the notice at the gate, and not damage it with football boot studs, stiletto heels and other objects which put lots of pressure on small areas of the surface. Please!

Bob Clark, Management Committee Chairman

CW SERVICES
Rickinghall
Your local reliable gardener

Grass cutting
 Hedge trimming
 General garden maintenance
 All garden rubbish removed

☎ 01379 890506
 📱 0754 8975350



 **Ed Batram**
GARDEN SERVICES

Lawns - Paths - Patios
 Borders - Fruit - Vegetables
 Pruning - Tree Work - Hedging
 Log Splitting - Fencing
 Brickwork - Paving
 Clearance - Design - Planting
 Aftercare

Certificated/Insured
 FREE ESTIMATES
 Tel : 01379 898203 (home)
 07950923696 (mobile)

 **ACORN TREES**

All types of tree surgery and garden work.
 A professional and fully insured service.

Tel: 01379 588 122
 Mobile: 0777 623 5006
ADAM PICKESS

Professional Pruning
 Nigel Payne



- Fruit trees & soft fruit also wall-trained & espalier
- Apples & pears pruned October to April
- Plums & other 'stone fruit' when in leaf
- Restoring old fruit trees a speciality

Tel: 01359 253545
 Mob: 0781 613 0934
 Email: nudgepayne@hotmail.com
 www.fruittreep pruning.co.uk

 **THE GARDEN ROOM**
 Lady on your own?
 Would you prefer an experienced Lady Gardener?

- Border Specialist • Garden Maintenance
- No job too small • Planting Plans
- R.H.S. trained Garden Designer and Horticulturist

Please ring Marian on
 01379 898646 or 01449 723412
 www.the-ladygardener.co.uk

NICK BOBBY TREE SERVICES



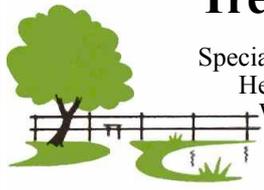
- Professional Service
- Competitive Rates
- All aspects of tree work undertaken
- Professional Hedge Cutting / Reducing

NPTC and LANTRA Qualified

www.nickbobbytreeservices.co.uk

Free Quotations call 01379 788 757 or 07545 989 081

Countryside, Conservation & Tree Services



Specialists in : Tree Surgery, Tree Planting
 Hedge Laying and Hedge Management
 Woodland & Fruit Tree Management
 Conservation & Landscape projects
 Also Stump Grinding
 Wood Chip Mulch

Mark Bleay BSc (Hons)
 Telephone : 01379 651 064 Mobile : 07702 642 463
 cctrees@btconnect.com www.cctrees.co.uk
 £5,000,000 public liability insurance

Eastern Landscapes

The Complete Landscaping Service from Design to Construction



- Fencing and Decking
- Patios and paths
- Turfing
- Garden Makeovers
- Tree and Hedge Care
- Constantly Recommended

01379 871252
 Mobile: 0777 1675 262

www.eastlandscapes.co.uk
 Established over 15 years

MAGPIE TREE & FENCING SPECIALISTS



Fully Insured N.P.T.C Qualified

All Aspects Of
 Tree Surgery & Fencing
 At Affordable Prices

Call For A Free Quotation & Advice
 Carl J Baker 01379 897 143 Charles S Buday
 07717101660 07796386689

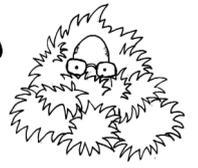
Free estimates from a local specialist

ELITE-FENCING
 & Garden Construction 365

Fencing
 Pergolas
 Gates, Decking
 Patios, Paths, Bases
 Turfing, Demolition
 Garden clearance
 Garden projects
 Exterior painting & staining

Call Trevor : 01359 221 128 or 07761 651 567
 www.elite-fencing.co.uk trevor@elite-fencing.co.uk
 Your garden projects turned into reality

Nyalls Notes Bills Birds



I welcome feedback, do get in touch. Nyall Davies 01379 897 067

Bill Cordeaux Tel: 898286

Commenting on the shootings in Paris of those working at the Charlie Hebdo satirical magazine a spokeswoman said that they wanted to continue to poke fun at Islam until it became as banal as Christianity. Using the thesaurus to look up banal I find words like, trite, boring, ordinary, dull trivial and facile. I don't find banal a word I can apply to Christianity.

What does Christianity claim?

When the universe exploded into life with what we call the big bang God was behind it. He engineered the physics and the chemistry to get us.

This mighty God is interested in good and evil and in how we deal with them.

He intervened in that he came to this earth as a human being. We call him Jesus.

He experienced life on this earth, what people are like and how they work.

He experienced suffering and died enduring humiliation, pain and suffering. Jesus is the crucified God.**

In doing so he paid the price required to open the way of forgiveness, reconciliation and a relationship with him that goes on forever.

Whatever it is that's not banal.

I recently had someone say, "Nobody knows." On what grounds did my friend say that? Might it mean, "I don't know therefore nobody knows?"

What I do know is that nobody knows what knowledge others have and what they have experienced. Many people make judgements on their own knowledge and experience. I have a lifetime of studying the Bible and everything about Christianity is in the Bible yet, I still find that many atheists think they know more about Christianity than I do. I have looked at Islam and Buddhism and find they do not offer what Christianity does. In order to understand how God created everything I have a reasonable working knowledge of cosmology and genetics. A look at the troubles in the world must leave anyone saying, "If only the world could apply the principles embodied in Jesus' teaching wouldn't it be a much a better place." Having looked at the Bible, other religions, the science and my fellow inhabitants of this globe I conclude that the truth is far more likely to be contained within Christianity. On top of that I have my own experiences of God working in my life and no one else has those to build their faith on.

I find the likelihood that 'nobody knows' and that my faith is wrongly placed to be very small.

It's worth thinking about which is why I run Café Church and make it very different. There, there is no pressure, no commitment, people are able to ask questions and discuss difficult matters and are provided with the information to sort it out for themselves. All without the trappings normally associated with church.

By simply looking into the matter it is possible to stack the odds in your favour in the lottery of life but then people like buying lottery tickets.

(** Jürgen Moltmann has written a book entitled, 'The Crucified God.')

Café Church
– you set the agenda

Sundays at 1030 am.
At Redgrave amenities centre
Just turn up or contact Nyall Davies
tel : 01379 897067



A lot goes on in the world of birds in winter. You often say to me "where have all our birds gone?" well, for a lot of them it is obvious, Swallows, Swifts, Cuckoos and practically all our Warblers. Where do they go and why? In the winter it's cold, there is less food, so they go where they can find it. They go singly, small groups or in flocks.



Bewick Swan
(or is it a Whooper)

To us, today, it is all obvious, but only about one hundred years ago, people only guessed where they went. Did swallows really go under the mud in winter?

My great-grandfather, John Cordeaux (1831-1899), a tenant farmer in north Lincolnshire, was a thinking man, but he was one of the first bird watchers to do more than think. He was once trudging the marshes and saw a group of Gold Crests in a gorse bush. The next day they had gone. In winter he saw groups of birds—Fieldfares, Redwings, Geese and Swans. Not here in the summer. Where did they go? In a small way, he sent letters to all lightships and light house keepers round the British Isles asking for records of birds flying into the structures and being killed by the bright light, recording the numbers, the types of bird, and the dates and weather conditions prevailing. He got together with other "thinking" bird observers and gradually built up records where birds were, when and went. He also had a friend called Gatki (1814-1897), who lived on the island of Heligoland off the north coast of Germany, and they corresponded frequently and recorded when certain birds appeared and disappeared, accurately. Again he was recording bird movements. How come 20 Robins were killed in one storm on a lightship off Orford Ness in 1890? Where had our winter swans come from? Where did the cuckoos go?

So much of this was recording and guesswork and before bird ringing came into being, then, as you can understand, many of these questions were answered.

I must therefore have inherited bird watching in my genes! Now I have a big (and heavy) bird atlas giving me a lot of the answers. Birds observed and caught (kindly) at many stations round our country and all over the world. Individual birds (cuckoos and ospreys) are even individually tracked.

So what does the bird watcher do in the winter? He or she records which migratory birds are appearing. Some migrate locally and do not go far. Our skylarks gather in the fields (less now) and in groups of up to 50. Pied wagtails similarly in towns. Then the larger birds, starlings (in their thousands still on Redgrave Fen), and Whooper and Bewick swans arrive on the Welney Wetlands. They do it for food. Who would want to bring up a family in the frozen north? And it is much safer to hunt in flocks foraging for food. Large numbers will find food rather than the individual and it is safer in a flock when predators are around.

So I keep a winter watch here. I don't have to go far, I have binoculars which are better than my grandfather's and I have a telescope. I have better books (he wrote some too). I can see what is happening on the internet and at various bird reserves. Even as I get older and don't walk so far I can keep up-to-date through modern communications and because you, my readers, see me, talk to me, ring me up, and even email me, (millwill@tiscali.co.uk) with photos if you can. Thank you all. Soon there will be birds returning here from abroad to breed. Soon I will see them and hear them singing. Old friends, appearing in my garden. Happy New Year.



Essential Ponds & Landscapes (Rickingham)

Pond Design & Construction • Pond Cleaning
Organic & Mechanical Silt Control • Plant Control & Removal
Fish & Pond Health Surveys • Full Maintenance Contracts
Natural Pond Specialists
Turf Supply & Laying • Decking • Fencing • Patios
Free Advice • No Obligation Quotations • Fully Insured

Contact Chris
 01728 860748 or 07901 710107

JUST BUILDERS

Established family business – 25 years of providing quality workmanship and service.

All building work undertaken

Including
 Kitchens-Bathrooms-Loft Conversions-Extensions
 Flue Liners- Wood Burners
 Specialists in Listed Buildings & Barn Conversions

Contact: **Justin Crane**
07860 532602 or 01379 890379
justbuilders@btinternet.com



For a fast, friendly & efficient service
 Estimates provided free of charge
 References provided on request

**Peter
 Goddard
 Firewood**

**HARDWOOD
 FIREWOOD**

available all year round, cut & split to your requirements

**01359 221287 daytime
 or 07946 595126 mob**



Period Buildings sympathetically restored and repaired using lime mortar

Structural brick repairs
 Repointing
 Flintwork
 Lime / Hair Plaster
 Garden Walls
 Patios etc

Contact Bob on
 07780 790370

GEOFF NICHOLLS & CO Complete Building Service

SPECIALISTS IN PERIOD PROPERTY RESTORATION

renovation work, all repairs, alterations, conversions, roofing, decoration etc.

Barton.
 (01449) 781375

Quality work guaranteed

BRYANT BROS BUILDERS

A local family firm serving the community with over 57 years experience in :-

- ☑ General building repairs
- ☑ Patios and fencing
- ☑ Interior and exterior decoration
- ☑ Kitchen and bathroom installations
- ☑ Wall and floor tiling



Enquiries to 01379 898806 or email
 mjb@bryantbros1.freemove.co.uk

Perfect Homes

All aspects of home maintenance undertaken

- Bathrooms fitted
- All types of plumbing
- Pipes lagged
- Gutters cleared
- Sheds repaired
- Fences fixed
- Lofts boarded out and insulated
- Small plastering work
- Painting & decorating inside and out

The list is endless!

Fully qualified plumber Free Estimates No job too small
Call Dave. Tel : 01379 890050 Mob : 07768 267 501

Your reliable service friendly and local

Paul Jenner



All Jobs

01379 898 536

07947 405 670

† To help with all building needs

- † Extensions, Conversions & Renovations
- † Kitchens and Bathrooms
- † Tiling, Flooring
- † Painting and Decorating
- † Plastering Services
- † Fencing, Paths, Patios
- † and much more

1 Church Meadow, Rickingham
 e-mail: pjalljobs@btinternet.com

www.pjalljobs.co.uk



BN Property Maintenance

Any job considered with free estimations and advice

Ben Newman

General Builder



2 Garden House Lane
 Rickingham
 IP22 1EA
 Mobile: 07850 45 97 22
 Home: 01379 309 253
 builderben70@yahoo.co.uk

Valentine's Day Wordsearch

Many thanks to Sara Schofield for sending in this wordsearch. We are always on the look out for fun and entertaining content for the magazine. If you have any brain teasers, mind benders, riddles or jokes that you'd like to share, please send them to us at editor@rbrparishmag.com

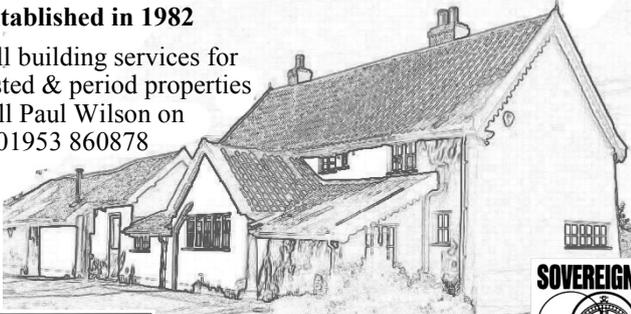
B	O	W	A	B	C	D	F	F	O	R	E	V	E	R	T	X	B	R	B	Q	W	R	L	Z	S	F	Y	I	P
S	E	R	F	G	Y	U	J	I	O	L	P	C	V	G	B	H	U	U	R	Y	T	I	O	S	W	E	E	R	L
V	S	D	W	S	R	F	N	A	D	E	S	W	R	S	A	E	R	I	O	U	S	T	V	H	O	R	T	B	N
R	E	E	R	T	T	H	M	B	F	R	E	E	S	E	T	E	J	K	A	S	D	R	E	D	F	B	N	U	K
Y	C	F	V	E	V	A	L	E	N	T	I	N	E	C	H	X	C	F	T	Y	H	N	J	I	O	P	A	S	E
N	R	T	Y	I	P	K	C	C	G	S	T	B	T	C	L	D	E	S	E	C	R	E	X	V	B	U	O	Q	T
M	E	U	A	L	L	E	V	D	Y	F	M	S	U	N	S	T	A	Z	C	N	U	L	E	M	O	T	I	O	N
O	T	J	H	R	M	D	G	T	U	T	B	N	V	B	A	E	T	U	O	P	I	Y	R	W	A	D	G	J	L
Y	P	M	S	O	R	S	Y	U	I	U	P	V	A	L	S	D	G	J	F	E	B	R	U	A	R	Y	T	R	E
P	U	N	E	S	F	O	U	V	P	P	T	N	O	O	G	R	S	U	E	S	O	N	E	C	B	N	A	S	E
C	A	R	D	I	W	G	W	S	O	G	E	C	B	E	E	F	B	J	I	P	T	R	S	C	G	F	E	S	X
F	S	W	U	B	E	N	K	F	Y	B	O	Y	C	R	E	R	T	Y	U	I	P	Z	C	V	G	H	T	I	K
C	L	O	I	B	R	M	G	G	R	H	V	I	H	E	A	R	T	N	B	S	W	E	E	T	H	E	A	R	T
S	A	O	O	C	S	L	S	J	C	M	E	C	D	T	L	D	R	Y	S	D	M	X	F	R	U	P	E	S	N
P	W	L	W	M	D	R	W	L	S	A	S	V	E	Y	Q	P	T	A	E	S	B	R	A	N	C	L	G	P	E
U	T	O	P	E	E	Q	E	T	E	X	N	H	F	C	A	L	E	U	G	E	U	S	C	S	N	N	E	J	B
H	U	T	S	R	R	S	T	B	T	C	F	D	N	B	Z	N	A	I	Y	R	T	A	B	R	I	A	K	R	S
G	J	W	I	R	H	S	Y	E	Y	R	S	I	L	D	E	J	S	O	L	E	E	C	D	L	R	E	T	S	F
Q	M	M	D	K	U	E	I	A	B	T	O	P	U	E	S	K	R	E	S	N	S	B	E	D	D	R	E	D	Y
Z	D	S	O	G	K	F	P	U	F	D	C	E	F	H	L	K	G	D	D	A	F	E	Z	A	C	E	A	E	U
A	O	E	R	L	L	H	S	T	G	R	O	F	G	R	C	I	U	R	N	D	F	J	X	S	V	D	S	Y	O
Y	T	C	T	T	A	K	E	I	M	B	U	G	J	U	R	S	G	H	E	E	K	U	Q	C	N	R	R	I	P
A	I	R	Z	Q	S	A	R	F	W	N	P	B	K	A	F	S	N	H	E	P	L	N	V	B	T	O	W	P	N
E	G	I	X	U	T	E	Y	U	D	M	L	A	S	G	V	E	B	N	T	A	O	V	T	J	A	S	E	Y	H
D	A	T	E	I	B	I	C	L	F	V	E	A	A	C	B	S	C	I	S	S	Y	D	S	I	X	E	A	O	R
T	S	G	R	E	N	O	C	S	G	E	W	E	T	R	U	E	L	O	V	E	R	C	U	G	L	S	A	N	E
O	U	F	H	H	M	U	B	C	H	S	X	C	A	V	G	U	F	L	I	H	A	N	U	L	P	O	F	G	S
W	B	H	S	W	O	L	L	O	V	E	R	S	T	N	T	I	N	S	V	U	Z	E	N	P	R	L	H	T	D
S	F	L	A	C	T	W	E	B	N	Y	U	O	A	M	Y	O	U	T	N	R	C	R	P	S	I	Q	U	A	Y
R	O	M	A	N	C	E	R	N	W	U	O	C	S	E	H	P	Q	V	X	D	B	S	I	T	B	D	M	E	D

valentine, card, secret, red roses, forever, emotion, candlelight, admirer, kisses, beautiful, arrow, cupid, february, date, feelings, chocolate, love, sweetheart, cherub, couple, flowers, heart, bow, secret, serenade, romance.

Wilson Restorations

Established in 1982

Full building services for Listed & period properties
Call Paul Wilson on 01953 860878



NHBC www.wilsonrestorations.co.uk

SOVEREIGN
APPROVED CONTRACTOR

RC Installations

Service and Repair

Fireplace showroom

Gas / oil boiler service installation, repair, power flushing

rcinstallations@yahoo.co.uk

01449 780 398
07833 492930
Finbows Yard
Bacton IP14 4NH

gas safe
REGISTER
532848

Self catering accommodation Wortham

Relax in peace & comfort in our spacious yet cosy ground floor annex.
Sleeps 2
No smoking, or pets please

01379 890017
www.keswicklodge.com

Elm Barns Country Cottages

Hinderclay Diss IP22 1HT

Holiday accommodation/short breaks

Enquiries: Donna Aves



07979 004674
01379 890149
d.aves@btconnect.com
www.elmbarns.com

Bed & Breakfast

Grove Flock Farm
The Common, Mill Road South
Botesdale, IP22 1LH

01379 898334

Rural Comfortable Quiet Quality

3 beautiful bedrooms : one with a conservatory
2 en-suite

www.grovetflockbandb.co.uk
Email : joy@grovetflockbandb.co.uk
See our reviews on Trip Advisor

Rickingham Business Centre

Allwood Green,

Offices, storage space & light industrial units to let

please call 01379 898 671

4B&B STRENNETH

Country Bed and Breakfast




- Seven bedrooms, two with 4 poster
- Four bed economy bunk house
- Two detached holiday cottages
- Ground floor easy access
- Pets welcome

Phone: 01379 688182
E mail: pdavey@strenneth.co.uk
http://www.strenneth.co.uk

Airfield Road
Fersfield Diss
Norfolk IP22 2BP

MANOR storage

SECURE SELF STORAGE

Cranley Manor, Eye, Suffolk IP23 7NX

CALL 01379 873153

Friendly Staff
Country Setting
Competitive prices
Easy access to A140
Small, medium & large secure storage solutions

Email : info@manorstorage.co.uk
www.manorstorage.co.uk



First class treatment!



UPLANDS WAY VETS LTD

Nurse Clinics are now available at our Stanton Surgery, offering the following care:-

- Pet weight watchers.
- Nail clipping.
- Dental checks.
- Senior MOT's.
- Clinical diet information.
- Mobility advice.

Call the surgery direct today, for more information on 01359 251 730.

George Hill Veterinary Surgery
Chare Road, Stanton, Suffolk IP31 2DX
Tel: 01359 251 730
Mon - Fri: 8.30am - 11.00am & 4.00pm - 6.00pm Sat: 9.00am - 10.30am

Nurse Clinics NOW available at Stanton!

Also surgeries at:
Uplands Way Surgery Diss 01379 642 865 • Connaught Surgery Attleborough 01953 454 945

For more information visit our website www.uplandswayvets.co.uk

Thank You Neighbourhood Watch

Botesdale Village Hall

Botesdale Village Hall Management Committee is very grateful to the stallholders who attended and the visitors who supported their Annual Craft Fayre held on Saturday 25 October 2014. The sum of £371.15 was raised for Village Hall funds.

Ann E Catlin on behalf of the Management Committee

The Committee would also like to acknowledge the help that the following have given to enable the hall to have the lighting system refurbished with LED lighting in place of the mainly strip lighting which is not so economical or so environmentally friendly :

- The Fairstead Charity which donated £250;
- Mid Suffolk District Council which gave a grant of £549 from the Section 106 Fund;
- Suffolk County Council which, at the suggestion of County Councillor Mrs Jessica Fleming, awarded a grant of £500 towards the total cost of £2,750.00.

Anita Burnard (Hon Sec)

Local Contact Details

For Neighbourhood Watch contact your local Co-ordinator, or else in Botesdale and Rickinghall Peter Beck on 01379 890495, (email : peter@pbeck.plus.com), and in Redgrave John Campbell on 01379 890946 or email him on redgrave.nwatch@outlook.com



Contact Details:

Mid Suffolk North Team, The Lodge, Castleton Way, Eye.

Tel No – 101. Email – midsuffnorth.snt@suffolk.pnn.police.uk

Our local officers are : PCSO 3240 Faulkner and WPC 80 Wiggins

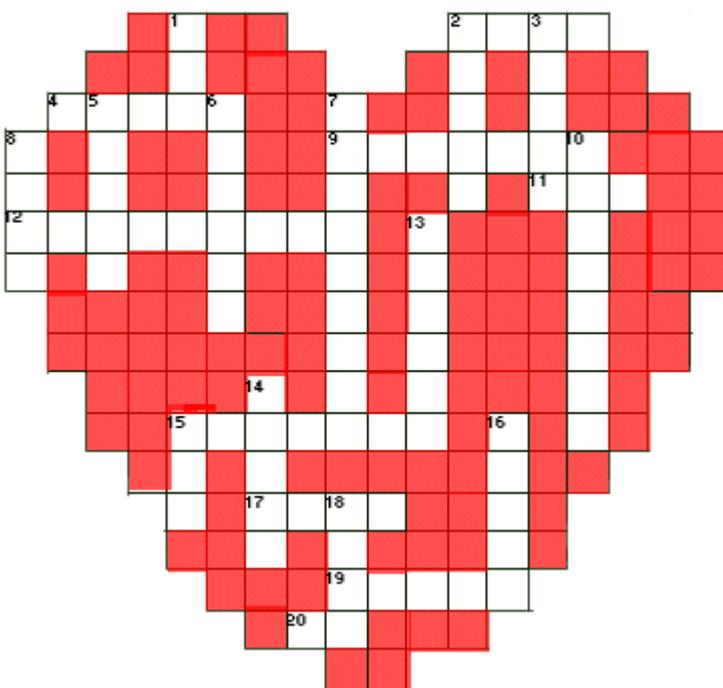
Non-emergency calls and enquiries to the Police, please ring 101. Emergency calls—Fire, Police, Ambulance, dial 999.



Space & time fillers

Valentine's crossword

Clues are shown in the right hand column of this page. Answers will be included in the March issue of the magazine.



Across

- Many people give or send one to friends on Valentine's Day.
- Another term for sweets that are given on Valentine's Day.
- Sometimes on Valentine's Day, a secret _____ will give you an anonymous present.
- If you don't get any Valentines, you might do this into your pillow.
- Cadbury's is one kind of this type of treat
- Roses, carnations, and daisies are these.
- When you really, really like someone, you ____ them. Also you _____ your parents.
- If you give someone a treat on Valentine's Day, it usually is this. This word is also used in the expression " _____ Heart", a nickname husbands and wives call each other.
- This expression is often said on Valentine's Day: " _____ Mine"

Down

- The colour of hearts on Valentine's Day.
- The fictional character that shoots arrows at people.
- These flowers come in many colours, but usually red ones are given on Valentine's Day.
- What cupid shoots at some poor unsuspecting person, that makes them fall in love.
- If you want to give a friend roses, you would give them this colour.
- The name of this holiday!
- Doilies are usually made out of this material.
- Mums and Dads may want to get away for a _____ dinner or weekend.
- One of the shapes used often on Valentine's Day is _____ (plural).
- These are made out of paper or material that is lacy.
- The abbreviation for the month that Valentine's is in.
- The man that this holiday is named after is, _____ Valentine.
- If you get flowers for Valentine's Day, you will want to have one of these to keep them in.

Amanda
The Animal Carer

3 The Old School, Wattisfield, Diss, IP22 1NT

We offer a wide range of professional Pet caring services -
7 days a week

Including Dog Walking and Home visits
for all your family pets

Please call 01359 251019 or 07775 508041
for more information

or visit our website at www.animalcarer.co.uk

Someone you can trust when you are not there

HAPPY DAYS DOG WALKING SERVICE



YOUR LOCAL VILLAGE DOG WALKING SERVICE

FUN, FRIENDLY AND RELIABLE FOR DAILY, WEEKLY OR OCCASIONAL WALKS



**PLEASE CALL : JANEY AT
HAPPY DAYS DOG WALKING
SERVICE : 077 6419 1542
BASED IN RICKINGHALL**

**WORTHAM BOARDING KENNELS
AND CATTERY**

(established 24 years)

Bury Road, Wortham, Diss, IP22 1PX

- ❖ Small, family run, professionally managed kennels and cattery
- ❖ Friendly compassionate staff
- ❖ Finest standards of care and attention
- ❖ Day boarding available
- ❖ Viewing by appointment

01379 898267

www.worthamkennelsandcattery.co.uk



Susan Whymark
Funeral Service Ltd



Independent and Family Run

- Funerals arranged by trained experienced staff in our friendly office environment or in the comfort of your own home
- Free transport for visits to registrars, our Chapel and other related appointments
- Bereavement support group Open to all in need

Office & Chapel of Rest located at
Chestnut House, 12 Progress Way
Langton Green, Eye
Suffolk, IP23 7HU

Independent of Any Large
Corporation and Truly Owned
And Run by The Whymark Family

24 Hour Telephone Number **01379 871168**

www.susanwhymark.co.uk
email: susan@susanwhymark.co.uk



PROBLEM PETS



Who controls your family you
or your dog?

Who takes who for a walk?

Maybe he/she is anxious,
aggressive, and hyperactive
or are there any other unwanted
behaviour issues? I'm here to help!

I offer dog behaviour management in
your home at your convenience
All breeds, young and old
At very competitive prices

Contact Owen on: 07545 992584

Email on: problempets@hotmail.co.uk

Also for more info please look at my web-
site at www.oc-dogbehaviour.com

Check out my Facebook page

Accredited and fully insured

RECOMMENDED BY THE
GOOD FUNERAL GUIDE

**Rosedale
FUNERAL HOME**

Derrick Leeder • Richard Green
Anne Beckett-Allen • Christian Fairbrother

*We are here to help you select and
arrange the kind of funeral that is
right for you. We pride ourselves on
our premises, our personal service
and attention to detail, whilst
remaining competitively priced.*

**Rosedale House
63 Victoria Road
Diss IP22 4JE**



Tel: 01379 640810 (24 hrs)

www.rosedalefuneralhome.co.uk

An independent, family business – we believe it makes a difference.

Readings for Parish Church Sunday Services		
Date	1st reading	2nd Reading
1st February	Hebrews 2 : 14 to end	Luke 2 : 22 - 40
8th February	Colossians 1 : 15 - 20	John 1 : 1 - 14
15th February	2 Corinthians 4 : 3-6	Mark 9 : 2-9
22nd February	Genesis 9 : 8-17	Mark 1 : 9-15
1st March	Genesis 17 : 1-7 and 15-16	Mark 8 : 31 to end

Rotas	Chapel of Ease		Redgrave		Rickinghall	
	Sidesman	Lector	Sidesman	Lector	Sidesman	Lector
1st February	Mrs E Moss	Mrs E Young	Mrs F Lamb	-	Mrs B Foster	Mrs J Bennett
8th February	Mrs C Hilliard	Mrs S McGrath			Mrs M Self	Mrs J Wilson
15th February			Mrs B Davies	Mr C Davies	Mrs S White	Mrs J Whitehead
22nd February			Mrs J Wilson	Mr K Wilson	Mrs J Sheehan	Rector
1st March	Mrs J Cordeaux	Mr W Cordeaux	Mr J Robinson		Mrs B Foster	Mrs J Bennett

Flowers						
1st February			Mrs F Lamb			
8th February			-			
15th February			Mrs B Cavanagh			
22nd February			Lent, No flowers			

Space & time fillers

Valentine's Recipe

Sudoku

Cherry shortbread hearts (Good Food magazine, Feb 2011)

Ingredients:

- 100g icing sugar, plus extra for dusting
- 200g plain flour, plus extra for dusting
- 50g cornflour
- 50g ground almonds
- 250g pack cold butter, cut into cubes
- 50g glacé cherries, finely chopped
- ½ tsp almond extract
- 8 tbsp cherry jam, sieved

Method:

1. Heat oven to 180C/160C fan/gas 4. Sift the icing sugar, flour and cornflour together into a bowl. Stir in the ground almonds and butter, then rub in the butter until smooth. Stir in the chopped glacé cherries and almond extract, and bring together to form a dough.

2. Roll out on a lightly floured surface, then stamp out biscuits using a heartshaped cutter. Keep re-rolling the trimmings until all the dough is used. Carefully transfer the biscuits to baking trays lined with parchment and bake for just 8-10 mins until just pale golden.

3. Using an upturned bottle top or similar, press gently into the centre of each biscuit to make a round indent. Spoon in a little jam and return to the oven for 2 mins. Remove and cool on a wire rack, before dusting with icing sugar to serve.

		1	2					6
5	8	9	6		4			1
			3			9	7	
	5		4			8		
9					8		2	5
8		2	9		1		4	
	4				3			
3			8	2	6	5	1	4
2		8				3		

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.



Microsoft
CERTIFIED
Professional



COMPUTER PROBLEMS ??

Call Joe Richards for Windows and Apple Mac at
BAILIWICK IT SERVICES.

Repairs, Upgrades, Networking, Virus & Malware removal,
Data Retrieval, Printers, new & factory refurbished machines
IT tuition and admin support for home & Business users.

Tel: 01953 718421 Mob: 07928 326008

Email: help@bailiwickit.com Web: www.bailiwickit.com

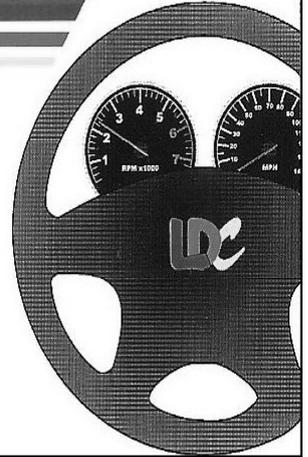
Jan Tyrrell

Your local LD instructor

For more information call
Mobile: 07508 059056

Landline: 01379 898697

visit my website at
www.passwithjan.co.uk
or email me on
info@passwithjan.co.uk



comercrawley
the personal injury lawyers

- Hurt or injured?
- Maximum compensation, minimum fuss
- Members of Law Society
Specialist Personal Injury Panel

Chancery House, Victoria Road,
Diss, Norfolk, IP2 2 4HZ

T: 01379 644311

www.comercrawley.co.uk

R.W. LISTER & SON



**MOTOR
ENGINEERS**

Tel : 01379 898 549

Mob : 07767 678 673

07775 623 778

M.O.T. Testing Station

Tyres / Exhausts / Batteries

All car and light commercial servicing

JP JAMIE PRETTY

Chartered Certified Accountants

Accounts, Bookkeeping, PAYE, CIS, VAT Returns,

Personal Tax, Corporate Tax

Initial consultation meetings are FREE

01379 890656

E: info@jamiepretty.co.uk W: www.jamiepretty.co.uk

Office 5, Rickinghall Business Centre, Allwood Green, IP22 1LQ



WOLSEY HOUSE MOTORS
The Citroen Specialists

SALES • SERVICING • AIR-CONDITIONING

**FULL FACTORY DIAGNOSTIC EQUIPMENT
FOR ALL MAKE AND MODELS**

**MANUAL & AUTOMATIC COURTESY
VEHICLES**

**Telephone: 01379 644133
Mobile: 07831 824219**

www.wolseyhousemotors.co.uk

**Wolsey House, Millway Lane, Wortham,
Diss, Norfolk IP22 1SL**

**CLAIRE BISSET
ACCOUNTANCY AND BOOKKEEPING**



Year end accounts
Bookkeeping
Tax returns
VAT returns
Management accounts
Budgeting
And more....



Call Claire on
01449 781185 or
07710 514925
for a free initial
discussion

www.clairebisset.com

contact@clairebisset.com

Parkview Chapel— February

Sundays 10.00 am Communion
11.00 am All Age Worship

Between these 2 services, from 10.30am – 11am, tea and coffee are served.

Tuesday 10th February 9 am – 12 noon 'Coffee on the Corner'

Thursday 2.00 pm Ladies meeting (Praise Hour) on 5th and 19th

Thursday 19th: 7.30pm Crafty Corner – time for those pastimes that you don't ever have time for. Bring your craft projects and spend an evening working at it in company.

Also regular activities for children and young people. Phone 01379 898924 or 783216 for more details.

<http://www.parkviewchapel.co.uk>

**Parkview
Chapel**

PARKVIEW YOUTH

some of these activities do not take place during school holidays.

JUNIOR CHURCH

School Years Reception - 11
Sundays 10.30 am - 11.30 am

PYP

School Years 9 - 13
Sundays 7.00 pm - 8.30 pm

CROSSTRAX

School Years 6 - 8
Mondays 7.00 pm - 8.15 pm

JUNIOR FRIDAY CLUB

School Years Reception - 6
Fridays 6.00 pm - 7.00 pm

SENIOR FRIDAY CLUB

School Years 7 - 11
Fridays 7.30 pm - 9.30 pm

For further information check out
the website

www.parkviewchapel.co.uk
or call Kev Gladwell on 01379
898924

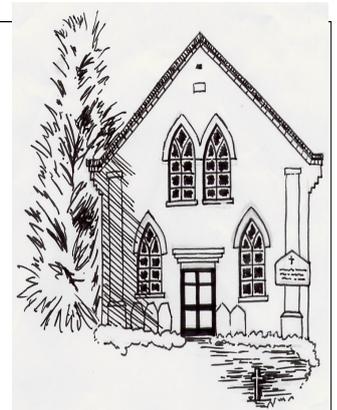
Botesdale Methodist Church

Sunday Services at 10.30 am unless otherwise indicated.

Sunday Club is at 10.30 am. All children are welcome to join the Club's activities.

7th February Mr David Freeman
14th February Mrs I Sayer
21st February Mr R Wade
28th February Rev B Trudgian Holy Communion

Bible Study Alternate Mondays at 10 am
Christian Forum Tuesday, 3rd February 7.30 pm: Mervyn Cater "Reminiscences"
Wives Group Wednesday, 18th February 2.30 pm:
ANNUAL GENERAL MEETING
BRING AND BUY STALL



Café Church – not like church at all

Café meets on Sundays at 10.30 in the Redgrave amenities centre. In that it is similar to other churches but there the similarity ends. It is for everyone, whatever their faith, who wishes to explore Christianity has to offer and how it works. It operates mainly on an interactive talk on whatever subject anyone cares to raise thus you can set the agenda. We don't have the recognised trappings of church in the way of set prayers, hymns/singing and so on. We do have coffee and refreshments.





All Saints
Redgrave



St. Botolph's
Botesdale



St. Mary's
Rickinghall

1st February '15 *Presentation of Christ*
8:15 St. Botolph's, Botesdale BCP Communion



10:30 All Saints, Redgrave All Saints
Altogether
*An interactive service for people of all
ages starting with coffee*

3.00pm St. Mary's, Rickinghall Evening Pray-

8th February '15 *2nd Sunday Before Lent*
8:15 St. Botolph's, Botesdale BCP Communion



10:30 St. Mary's, Rickinghall CW
Communion

Children starting at Rickinghall
Village Hall, for "Footprints"

15th February '15 *Sunday next before Lent*
8:15 All Saints, Redgrave BCP Communion



10:30 St Mary's, Rickinghall
Worship Together

22nd February '15 *1st Sunday of Lent*
8:15 St. Mary's, Rickinghall BCP Communion



10.30 Messy Church in Botesdale
Village Hall for tea, cake, crafts,
songs, stories and family fun.

10:30 All Saints, Redgrave CW Communion

1st March '15 *2nd Sunday of Lent*
8.15 St. Botolph's, Botesdale BCP Communion
10.30 All Saints, Redgrave All Together All Saints
3.00pm St Mary's, Rickinghall Evening Prayer

Also this month: **Ash Wednesday** 18th Feb 7.30pm



Tue. 3rd Feb. from 10.00am
"Open House" at All Saints
For coffee, cakes and chat



The Rectory, Rickinghall
Tues 17th Feb. 7.15pm
All Saints, Redgrave
*A time of prayer for the work of
the church in the community*



Wed. 4th Feb. 10.00am
Albert Close Communion
Thur. 19th Feb 9.45am
Farnish House Communion
*These services are open to
everyone*
Holy Communion, Methodist
Church, Botesdale
Thur. 5th Feb. 7.15pm,



Thurs. 12th Feb. 7.15pm
"Spearhead" A time of worship
and prayer for revival here in this
area.

*"Together in these villages we offer Christ's healing grace through our worship and service."
For more information: Revd Chris Norburn 01379 898685*