



BOTESDALE

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Tel: 01379 898 543

MONDAY CLOSED except for a Bank Holiday Monday 4.00 - 8.00 pm
TUESDAY 11.30 am - 1.30 pm 4.15 - 8.00 pm
WEDNESDAY 4.15 - 8.00 pm
THURSDAY, FRIDAY, SATURDAY 11.30 am - 1.30 pm 4.15 - 10.00 pm
SUNDAY 4.15 - 8.00 pm

Wednesday 1st October	9.30 am 10.00 am 10.30 am 2.15 pm	Redgrave Art Club Day Centre Macmillan Outreach Service Forget-me-not-Club	Activities Centre Rickinghall Village Hall Botesdale Health Centre Farnish House
Thursday 2nd October	9.30 am 6.00 pm 7.30 pm	RABBATS Fitsteps Rickinghall Parish Council	Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall
Friday 3rd October	9.00 am 10.45 am 12.15 pm 1.00 pm 8.00 pm	Church Cleaning Positive Steps Rickinghall Ramblers Lunch Beginners Tai Chi Dance Classes. Tel 01379 783114 for further information.	St Mary's Redgrave Rickinghall Village Hall White Horse, Stoke Ash Rickinghall Village Hall Botesdale Village Hall
Saturday 4th October	10.30 am 10.30 am	Autumn History Workshop 'Bells, Books & Candles' Guided Fen Walk	St Mary's Redgrave Redgrave Fen
Sunday 5th October	6.00 pm	Zumba	Rickinghall Village Hall
Monday 6th October	2.00 pm 7.30 pm	Needlecraft Slimming World	Activities Centre Rickinghall Village Hall
Tuesday 7th October	6.00 pm 10.00 am 7.15 pm 7.30 pm	Zumba Open House Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall All Saints, Redgrave Botesdale Village Hall Rickinghall Village Hall
Wednesday 8th October	8.30 am 9.30 am 10.00 am 7.30 pm	Flu Vaccination Day. No appointment necessary Redgrave Art Club Day Centre Redgrave Parish Council	Botesdale Health Centre Activities Centre Rickinghall Village Hall Activities Centre
Thursday 9th October	9.30 am 12.30 pm 6.00 pm 7.30 pm	RABBATS Phoenix Luncheon Club Fitsteps Rickinghall W I	Rickinghall Village Hall Activities Centre Rickinghall Village Hall Rickinghall Village hall
Friday 10th October	10.45 am 1.00 pm 7.30 pm 8.00 pm	Positive Steps Beginners Tai Chi Whist Drive Dance Classes. Tel 01379 783114 for further information.	Rickinghall Village Hall Rickinghall Village Hall Bowls Club Botesdale Village Hall
Saturday 11th October	9.00 am 10.00 am 10.00 am 10.30 am 7.00 pm 7.30 pm	Farmers Market Parish Council Surgery for Rickinghall & Botesdale residents Table Top Sale Wildlife Watch Group Curry Evening The Edmund Octet	Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall Redgrave Fen Parkview Chapel St Marys Redgrave
Sunday 12th October	6.00 pm	Zumba	Rickinghall Village Hall
Monday 13th October	9.15 am 2.00 pm 7.30 pm 7.30 pm	Rickinghall Ramblers Needlecraft Slimming World Botesdale Parish Council	Rickinghall Village Hall Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday 14th October	9.00 am 2.00 pm 6.00 pm 7.15 pm 7.30 pm	Coffee on the Corner Redgrave & District Ladies Club outside visit Zumba Yoga & Relaxation Julie's Aerobics	Parkview Chapel Meet at Activities Centre Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 15th October 12 NOON— LATEST COPY DATE FOR NOVEMBER MAGAZINE	9.30 am 10.00 am 2.15 pm 7.30 pm 7.30 pm	Redgrave Art Club Day Centre Forget-me-not-Club Wives Club Redgrave Neighbourhood Watch Meeting	Activities Centre Rickinghall Village Hall Farnish House Methodist Church Activities Centre

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Thursday 16th October	9.30 am 6.00 pm 7.30 pm	RABBATS Fitsteps Crafty Corner	Rickinghall Village Hall Rickinghall Village Hall Parkview Chapel
Friday 17th October	10.45 am 1.00 pm 7.30 pm 8.00 pm	Positive Steps Beginners Tai Chi 'The Light Shines in the Darkness' talk by Sophie Charlton Dance Classes. Tel 01379 783114 for further information.	Rickinghall Village Hall Rickinghall Village Hall All Saints Redgrave Botesdale Village Hall
Saturday 18th October	10.00 am 7.30 pm	Coffee Morning in aid of The Children's Society 'Over The Top', variety show	Anglian House, Botesdale Botesdale Village Hall
Sunday 19th October	10.30 am 6.00 pm	Apple Day & Autumn Fair Zumba	Redgrave Fen Rickinghall Village Hall
Monday 20th October	2.00 pm 7.30 pm	Needlecraft Slimming World	Activities Centre Rickinghall Village Hall
Tuesday 21st October	6.00 pm 7.15 pm 7.30 pm 7.30 pm	Zumba Yoga & Relaxation Julie's Aerobics Progressive Whist Drive	Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Activities Centre
Wednesday 22nd October	8.30 am 9.30 am 10.00 am 7.30 pm	MOBILE LIBRARY Flu Vaccination Day. No appointment necessary Redgrave Art Club Day Centre Heritage Circle	Botesdale Health Centre Activities Centre Rickinghall Village Hall Rickinghall Village Hall
Thursday 23rd October	9.30 am 6.00 pm	RABBATS Fitsteps	Rickinghall Village Hall Rickinghall Village Hall
Friday 24th October	9.15 am 10.45 am 1.00 pm 7.00 pm 8.00 pm	ST BOTOLPHS BREAKS UP FOR HALF TERM Rickinghall Ramblers Positive Steps Beginners Tai Chi RAHOF Annual Quiz Night Dance Classes. Tel 01379 783114 for further information.	Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall Hinderclay Village Hall Botesdale Village Hall
Saturday 25th October	11.00 am 8.00 pm	Annual Craft Fayre Rickinghall Country Music Club with J C King	Botesdale Village Hall Rickinghall Village Hall
Sunday 26th October	6.00 pm	BRITISH SUMMER TIME ENDS, CLOCKS GO BACK 1 HOUR Zumba	Rickinghall Village Hall
Monday 27th October	2.00 pm 2.00 pm 7.30 pm	Needlecraft Royal British Legion Women's Section Slimming World	Activities Centre Farnish House Rickinghall Village Hall
Tuesday 28th October	10.00 am 12 noon 6.00 pm 7.15 pm 7.30 pm	Hedgehog Activity Day. Booking essential on 688333 Redgrave Luncheon Club. Ring 898615 on 27th for vacancies Zumba Yoga & Relaxation Julie's Aerobics	Redgrave Fen Activities Centre Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 29th October	9.30 am 10.00 am 2.00 pm 2.15 pm	Redgrave Art Club Day Centre Animal Hibernation Family Afternoon. Bkng ess on 688333 Forget-me-not-Club—Annual General Meeting	Activities Centre Rickinghall Village Hall Redgrave Fen Farnish House
Thursday 30th October	9.30 am 6.00 pm 6.30 pm 7.30 pm	RABBATS Fitsteps Wild Night Out Family Evening. Bkng essential on 688333 Redgrave Village Garden Club—AGM and Gardeners' Questions	Rickinghall Village Hall Rickinghall Village Hall Redgrave Fen Activities Centre
Friday 31st October	10.45 am 1.00 pm 8.00 pm	Positive Steps Beginners Tai Chi Dance Classes. Tel 01379 783114 for further information.	Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall